

Northern Idaho Preventive Health Assistance Approved Weight Management Programs

Please contact the organizations below for additional information regarding programs and fees in your area. If you can not find a local vendor that meets your needs, please call us toll free at (877) 364-1843.

(Services & programs vary. Please contact the program directly for details.)

Organization & Description	Available Locations			
	City	Address	Phone	Additional Information
Adcope Athletic Club	Lewiston	625 21 st	(208) 746-7472	
Anytime Fitness	Lewiston Moscow	102 Thain Rd. 212 E. Rodeo Dr, Suite 510	(208) 743-7100 (208) 882-3100	http://www.clubsanytime.com/lewistonID/ http://club.anytimefitness.com/clubs/moscowID/
Aosotin County Aquatic Center	Clarkston, WA	1603 Dunstan Loop	(509)758-2491	Fitness classes, water aerobics
Benewah Wellness Center	Plummer	1100 A Street	(208) 686-9355	
Body Shop	Kamiah	203 Maple	(208) 935-0121	<i>Personal training svcs for adults & children; Fitness classes for children</i>
Central Idaho Martial Arts Ctr.	Kamiah	203 Maple	(208) 935-0838	
Coeur d' Alene Athletic Club	Coeur d' Alene	208 E Coeur D Alene Avenue	(208) 765-4653	
Curves for Women	Bonnars Ferry	6451 McCall St.	(208) 267-1520	
	Coeur d' Alene	610 Hubbard St.	(208) 667-0350	
	Coeur d' Alene	6190 Sunshine	(208) 772-3768	
	Hayden	11313 N. Government Way	(208) 762-9040	
	Kellogg	2 E. Mullan	(208) 783-2755	
	Lewiston	1702 21 st , #103	(208) 743-3200	
	Post Falls	2600 Seltice Way, Ste. F	(208) 457-8120	
	Ponderay	110 Tibbetts Dr.	(208) 255-1661	
	Priest River	190 Albeni Rd, Ste. D	(208) 448-2885	
Rathdrum	6600 W. Commercial Park	(208) 687-4363		
City of Post Falls	Post Falls	408 Spokane St.	(208) 773-0539	
Competitive Fitness & Physical Therapy	Post Falls	1321 Northwood Ctr, Ste. B	(208) 665-7055	
Evolution Fitness	Ponderay	30736 Hwy. 200, Ste. 104	(208) 255-7010	
Fit Express for Ladies	Lewiston	613Bryden Ave, Suite A	(208) 743-4921	
Gold's Gym	Lewiston	621 Bryden Ave, Suite G	(208) 798-8888	
Groaner's Camas Family Fitness	Grangeville	507 W. Main Street	(208) 983-7070	
Henry's 30 Minute Training	Lewiston	326 Main St.	(208) 746-1921	
Iron Mike's Family Fitness	Bonnars Ferry	Jct. Hwy. 2 & Hwy. 95	(208) 267-5299	
Ironwood Athletic Club	Coeur d'Alene	940 Ironwood Dr.	(208) 667-2582	Web site: www.ironwoodathleticclub.com
Kroc Center (The Salvation Army)	Coeur d'Alene	1765 W. Golf Course Rd.	208-667-1865	
Lisa Paul	Sandpoint	Inside Natural Fitness at 1103 W. Superior	(208) 290-7996	<i>*Personal trainer svcs. for adults & children</i>
Natural Fitness	Sandpoint	1103 W. Superior	(208) 263-0676	<i>*Also personal trainer option- see line above.</i>
North Idaho Athletic Club	Moscow	408 S. Main	(208) 882-7884	
North Idaho Fitness	Coeur d'Alene	296 Sunset Ave., #1	(208) 664-6213	
Peak Heath & Wellness Center	Post Falls	927 E. Polson Ave.	(208) 773-0601	
Pend Oreille Shores Resort Athletic Club	Hope	47390 Hwy 200	(208) 264-5137	
Rathdrum Fitness	Rathdrum	16766 Hwy. 41	(208) 687-5222	

Shoshone Medical Center	Kellogg	204 Oregon St.	(208) 784-7017	<i>Located at the Wellness Fitness Center</i>
Silver Valley Fitness	Kellogg	301 Main St.	(208) 783-1291	
Trinity Fitness	Dalton Gardens	7680 N. Government Way, #2	(208) 704-1529	
Valley Fitness	Kamiah	108 W. 3 rd	(208) 935-7755	
World Gym	Hayden	190 W. Centa	(208) 762-9014	