Schedule of Events

8:00—8:30 Registration

8:30—8:50 Opening with

Vincent Kituku

9:00—10:00 Keynote

10:10– 11:30 Breakout Session 1

11:30-12:30 Lunch

12:30-1:45 Breakout Session 2

2:00—3:15 Breakout Session 3

3:30 to 4:45 Breakout Session 4

Vendors will be on hand

REGISTRATION

Please register at www.idahopac.org

Early Registration before 9/1/12
$35.00 per person for adoptive and foster parents
$75.00 for Professionals

(6 CEU's for Social Workers and Counselors)

After 9/1/12

$45.00 per person for adoptive and foster parents
$85.00 for Professionals

Lunch will be provided

IPAC
Idaho Post-Adoption Center

9703 W. Ustick Rd.
Boise, Idaho 83704

Adoptive Parents
Birth Parents
Child

IPAC

Idaho Post-Adoption Center

Responding to Trauma in Adoption and Foster Care

For Adoptive and Foster Parents and Professionals

September 28th, 2012

Registration 8:00 am

Seminar 8:30-4:30

Hilton Garden Inn Boise Spectrum

7699 W. Spectrum St.

Boise, Idaho 83709

208-376-1000

Keynote Speaker:

Dr. Hamilton Warren, Ph.D.

Dr. Warren completed her undergraduate education at the University of Idaho and her medical school training at the University of Washington through the WWAMI Program. She attended UCLA/SFV VAMC for adult psychiatry training and completed her Child and Adolescent Psychiatry Fellowship at the University of Utah. Dr. Warren is board certified in Adult Psychiatry and Child and Adolescent Psychiatry.

Dr. Warren has worked with adults, children, and adolescents in public and private inpatient and outpatient mental health settings. She is a strong advocate for the expansion of telepsychiatry services to better serve the mental health needs of those living in rural Idaho. Dr. Warren's special interests include working with children with autism and other developmental disorders as well as children and adolescents with anxiety disorders (including obsessive compulsive disorder, post traumatic stress disorder, panic disorder, separation anxiety disorder, and generalized anxiety disorder), Tourette's disorder, behavioral disorders, and mood disorders. She would like to develop a therapeutic preschool as well as day treatment program for younger children, preteens, and adolescents in the future with the hope of minimizing the need for inpatient hospitalizations and/or residential care placements.

Dr. Warren enjoys working in a multidisciplinary clinic. As a member of the Autism Diagnostic Clinic, she works in conjunction with our pediatric neuropsychologist, psychologist, speech and language pathologist, and occupational therapist to assess children and adolescents suspected of having a pervasive developmental disorder, including autism. She also enjoys working with children in foster care and working with the Casey Family Program. Dr. Warren continues to participate in the M.A.T.C.H. Program, providing timely psychiatric consultation for participating primary care providers. She is the Medical Director at Northwest Neurobehavioral Health and currently works with Physician Assistant students and was recently asked to participate in the training of University of Washington Adult Psychiatry residents during their training in Idaho.

Breakout Sessions

Recognizing and Managing the Pitfalls of Trauma

Shelia Sturgeon Freitas, PhD. is a licensed clinical psychologist and co-founder of the Idaho Post Adoption Center. She earned her Masters and Doctorate degrees from Palo Alto University, an American Psychological Association accredited program, where she worked closely with faculty drawn from Palo Alto University and Stanford University School of Medicine, Department of Psychiatry. Her specialty is centered around heavy trauma, abuse, dissociative disorders, bereavement, and attachment related issues.

Learning to Respond vs. React to problems children present

Gregory M. Deitchler MA, L.M.F.T., L.P.C., C.S.C. received his Masters Degree in Counseling, Bachelors Degree in Psychology, and a Minor in Interpersonal Communication and Conflict Resolution from Boise State University. He is a dynamic educator and presenter with over 20 years of experience working with at risk youth and adoption and foster children and their families. In 2000 Greg established Promising Horizons a private clinical practice specializing in hard to treat Adolescent Mental Health, Chronic Illness, and Marriage and Family Therapy. Greg speaks and educates audiences of all sizes and ranges from Doctors at St. Luke's Hospital, Idaho School Social Workers Association, to waiting child adoptive families on Reactive Attachment Disorder for A New Beginning Adoption Agency.

Trauma and intervention for children aged 0-6

Melanie Clemmons, PhD is a licensed clinical psychologist who resides in the San Francisco Bay Area. She considers herself to be a consummate family therapist and has over 17 years experience working with children and families. Dr. Clemmons has worked with a private foster family agency, infant mental health agencies, a police department, rape crisis centers and hospitals. She has provided in home intervention services for infants and children and provided interventions at preschools, schools and churches. Dr. Clemmons' internship and post doctorate training focused on working with children who experienced trauma. She currently works as a custody counselor for Contra Costa County assisting families develop a custody plan that also addresses any needed safety concerns.

Effective Advocacy Strategies for Parents of Children with Disabilities

Dina Flores-Brewer, J.D. is the Advocacy Director for Disability Rights Idaho, Idaho's Protection and Advocacy system for people with disabilities. Dina previously worked as a staff attorney for DRI since 2002, working in the areas of special education, Medicaid, disability discrimination and other issues. She is also the mother of a child with a disability and an adoptive parent.

Child Welfare Trauma Training: The Impact of Childhood Trauma on Children's Behavior, Development and Relationships

Melissa W Bernier, LMSW earned her Bachelors and Masters Degree in Social Work through the University of North Dakota. Before joining Rocky Mountain Behavioral Health, Ms. Bernier provided treatment level Case Management services for youth struggling with psychiatric issues involving severe emotional and behavioral problems. She had the opportunity to move to Idaho in 2010 from North Dakota to help establish and grow a non-profit therapeutic foster care program and has also worked as a counselor with youth in a residential treatment facility providing supervised/structured treatment programs for adolescents experiencing serious mental health issues

The Psychological and Development Aspects of Adoption: Birthmother, Adoptee, and Adoptive Parent(s)/Family

Kenneth R. Perry, LCSW received his graduate degree from Tulane University in 1977. He has been working in the public and private child welfare service delivery sector since 1978. In 1994, he co-authored a chapter about foster care service delivery in a book titled, *When There's No Place Like Home*. In his ongoing clinical practice, he specializes in adult psychotherapy (individual and couples), and family therapy. He has extensive knowledge in adolescent development, foster care, adoption, and kin-care issues with accent on the impact of trauma.

Interfacing the School with Attachment and Adoption Specific Issues

Bryan Beddoes M.Ed., Ed.S. earned his Specialist in School Psychology and a Masters in Counseling from the University of Idaho. He is a school Psychologist for the Meridian School District. He also has years of experience as a teacher for Emotionally Disturbed Children.

Good Intervention of the Mind Body Connection with Attachment Issues

Dr. Lynn A. Hansen is a doctor of chiropractic, naturopathic doctor, board eligible neurologist, board certified clinical nutritionist, Diplomat of nutrition, NATA certified laser therapist, ADD, ADHD, as well as vestibular certified, and is currently obtaining his third doctorate degree. He has mentored under the most revered neurologist in the world (Dr. Carrick. He specializes in training and reversing the brain back from traumatic brain injuries with neurologic exercises, supplementation, diet, and lifestyle changes. He has been in private practice in Idaho for 11 years to raise his family. Dr. Hansen has 5 biological children, 1 daughter adopted at birth 21 months ago, and just added a sibling group of 5 to his family in May of this year.