



# Getting in Tune: Supporting the Individual Needs and Relationship of Infant and Toddlers



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# Key Concepts

- Knowing how to read and to respond to infants' cues appropriately
- Learning about children's normal development
- Paying attention to a child's message can help caregivers respond in a way that truly meets the needs of the child
- “Responsive Process” – watch, ask, adapt
- Reciprocity in Interaction with Infants (Dance)

# Walk About

- On the easel paper around the room are thoughts and/or questions to ponder over.
- Take a minute to read each paper and then write your thoughts under the statement or question.



# Topic on Easel Charts

- What does it mean to have “a nurturing relationship”?
- Use one or two words to define “Healthy Social-Emotional Development”
- “Getting In Tune” what does this mean to you?



# Understanding Social/Emotional Development

- Definition
- Indicators of social/emotional well-being
- Contributions to healthy social/emotional development

# Social/Emotional Development Defined

- Thoughts, feelings and expectations one develops about oneself
- Thoughts, feelings and expectations one develops about others and the world





# Healthy vs. Unhealthy

## Healthy Social-Emotional Development

- Enduring affectional bond (attachment)
- Secure
- Positive relationships
- Contingency, appropriateness, and promptness

## Unhealthy Social-Emotional Development

- Nonattachment with a specific caregiver
- Avoidance
- Resistance
- Disorganized/Disoriented



# Video Clip

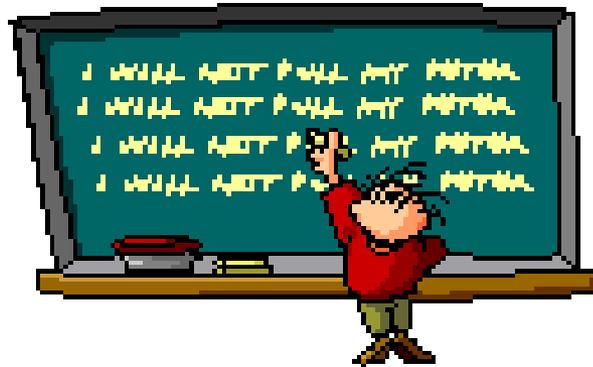


- Describe what you saw.
- After seeing this clip, would you change or add any thing to your responses on the easel charts.
- How would we define Healthy Social-Emotional Development and Getting in Tune using this clip?

# Discussion



- As a large group we will reflect on the video and the definitions to have a good understanding of Healthy Social-Emotional Development and Getting in Tune.



# New Perspective DVD Disc 3

- Disc #3: Video Clip- Social

# Activity – Small Group

Break into small groups of 3- 4 participants.  
What are the indicators of a Healthy Social-  
Emotional development?  
Be prepared to share your thoughts with the  
whole group.



# Indicators of Social/Emotional Health

- Capacity to trust
- Capacity to relate
- Capacity to take pleasure in ourselves and others
- Capacity to feel effective

# Responsive Process

- **WATCH**

- Begin by watching, not rushing to do things for the baby
- Watch for both verbal and non-verbal cues

- **ASK**

- What messages is the child sending?
- What is the emotional, social, intellectual, and physical parts to the message?
- Does the child want something from me at this moment? If so, ask the child: What is that you want

- **ADAPT**

- Adapt your actions according to what you believe to be the child's desires.
- Watch how the child responds to your actions.
- Modify your actions according to the child's response, and watch, ask, and adapt again.

# Video Clip

- To observe the watch, ask and adapt process.



# Activity



- Using all the information we have from Getting in Tune, Healthy Social-Emotional Development and now the Responsive Process (watch, ask and adapt), as a small group, you will develop a song with a familiar tune and body movements. Example: to the tune of Twinkle, Twinkle Little Star- “When my baby is secure, I know that she will be sure. She will explore with delight and grow with might.

# Four Commonalities

- Sense of self and other starts to develop from the very beginning
- Views of self and other are developed in the context of relationships
- Accumulated experiences develop into a lens of expectation
- We come to perceive what we expect to receive

# Developmental Contributors

- Quality of early relational experiences
- Infant and adult are active contributors
- Infant is more greatly influenced by the quality of the relationship because she has no other experience with which to compare it

# New Perspectives DVD Disc 1

- Disc #1- Video Clip: How infants and toddlers engage the world.



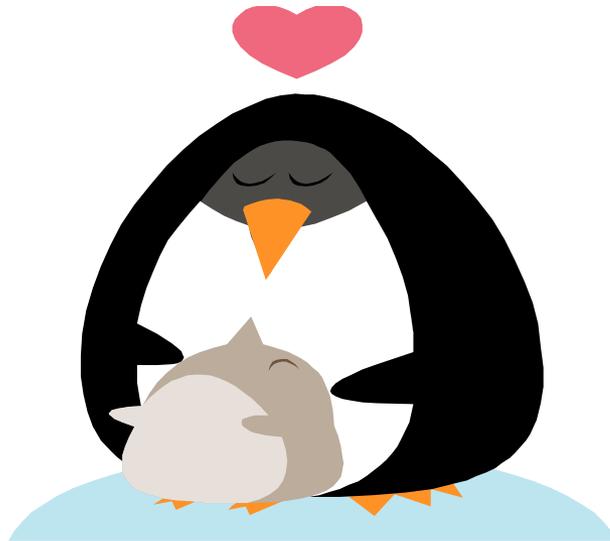
# Infant's Capacities

- Actively seek stimulation
- Favorite stimuli are all that is human
- Ability to discriminate
- Develop expectations and preferences based on how they are treated

# Caregiver's contributions

- Physical/psychological well-being
- Presence/absence of support
- Personal history
- Temperament
- Socioeconomic status
- Goodness of fit

- WHY DO EARLY RELATIONSHIPS MATTER?



Thank you

Questions?????

