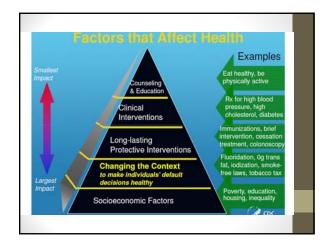
# IPAN and Access to Health Foods

- HEAL Idaho
- CHANGE Communities
- CPPW Healthy Vending Project



### Events and Programs vs. Policy, Systems and Environmental Change

Characteristics of Events and Programs

- One time
- Additive: often results in only short-term behavior
- Individual level
- Not part of ongoing plan
- Short term
- Non-sustaining

Characteristics of PSE Change

- Ongoing
- Foundational: often produces behavior change over time
- Policy level
- Part of an ongoing plan
- Long term
- Sustaining



### **HEAL Idaho Network**

- Began June 2010
- State and Regional meetings
- Led by an Advisory Committee
- Over 130 individuals and organizations strong
  - Non profits
  - Health Care Providers
  - City Planning and Zoning
  - Education
  - Insurance Providers
  - Foodbanks



### **Network Benefits**

- Networking
- Education
- Access to Model Policies and Best Practices
- Shared statewide vision of Healthy Eating, Active Living

### How to Get Involved

- Join the HEAL Word press site www.healidaho.com
- Attend a Meeting
- Submit a success story



### 2011-2013 HEAL Framework

- · Developed by the network
- Goals for infrastructure/capacity building, nutrition and physical activity
- Recommended actions
  - Build Capacity
  - Environmental Change
- Advocate, Adopt and Implement Policies
- Individual Education through Communication

## CHANGE Communities



### **CHANGE Communities**

- Community Health Assessment aNd Group Evaluation
- 5 sectors of community evaluated
- Worksites
- Schools
- Community institutions and organizations
- Healthcare
- Community at large
- Evaluation of how supportive the Policies and Environment of each sector are for healthy eating, active living and tobacco cessation
- Community Action Plans determined from gaps and priorities identified

### **Examples**

- Meridian Work with the Meridian Foodbank to implement healthy food drives
- Pocatello establish healthy checkout lines in 2 local grocers
- Rupert provide healthy choices vendors at city's 4<sup>th</sup> of July celebration



### **Healthy Vending Project**



### Healthy Vending Project

- Three school districts throughout Idaho 2011-2012 school year
- Soda Springs High School
- Jefferson County Joint School District
- Richfield School District
- Had to follow IOM nutritional standards
- Made changes to competitive food offerings
- vending
- school stores
- party policies
- a la carte lines
- Involved students, parents, staff and school administration



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