Dear Families/Guardians,

Cold and flu season is here! The health of your child and family is important to us, and we ask that you keep the following guidelines in mind:

- To protect you and your family we will not visit if we are ill.

- Please contact us prior to your scheduled visit if there is a communicable illness* in your household. Because we visit several families per day, we do not want to spread illness among other families enrolled in the program. The public school in your community has guidelines regarding communicable illnesses, and is a good resource for information. Please contact us if you have questions regarding illness.

Winter weather sometime interferes with our ability to travel. We may be late for appointments or even need to cancel a visit due to icy or unsafe road conditions. We will always let you know in advance if we need to make a change in our schedule.

Thank you for working with us to keep everyone safe and healthy this winter!

* Illness examples include but are not limited to: flu, stomach virus, strep throat; hand, foot and mouth disease; lice, staph infections, chicken pox, MRSA, etc.