

DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH**SUB-DOMAIN: MOTOR DEVELOPMENT****SENSORY MOTOR SKILLS****GOAL 19: CHILDREN USE THEIR SENSES (SIGHT, HEARING, SMELL, TASTE, AND TOUCH) TO GUIDE AND INTEGRATE THEIR INTERACTIONS.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
36 to 60 Months	Coordinate motor activities based on sensory input.	<ul style="list-style-type: none"> ▪ Coordinates motor activity based on visual input. ▪ Physically reacts appropriately to the environment (e.g. bends knees to soften a landing, moves quickly to avoid obstacles). ▪ Demonstrates concepts through movement (e.g. imitates an animal through movement, sounds, dress, dramatization, dance). ▪ (Refines) eye-hand coordination for precise movement (e.g. catches a rolled ball, then catches a bounced large ball, and then catches a large ball on the fly). ▪ Coordinates motor activity based on auditory input (e.g. runs to look out the window when hearing a siren, moves quickly aside to avoid an object that comes from behind). ▪ Demonstrates coordination when pushing objects, climbing, swinging on a swing, sliding, and balancing. 	<ul style="list-style-type: none"> ▪ Play word games, read books, and sing songs that include the senses. ▪ Set up obstacle courses of items such as chairs, pillows, boxes, and give directions to go over the box, under the chair, and beside the pillow. ▪ Provide opportunities for the child to explore natural surroundings through the senses (e.g. balance on a low curb, sway in the wind, or kneel and peek under a bush). ▪ Provide opportunities for the child to integrate rhythm, sounds, and music with motor activity (e.g. striking a drum to the beat or marching with the rhythm). ▪ Provide opportunities to use touch, pressure, and texture to learn to push, pull, or lift an object effectively. ▪ Offer various weights, sizes, heights, and density in play equipment for children to arrange and move (e.g. large blocks and boxes for lifting, movable play tables, tents for erecting, sand, water, and buckets of mud for constructing).