

DOMAIN 1: APPROACHES TO LEARNING AND COGNITIVE DEVELOPMENT

SUB-DOMAIN: LEARNING APPROACHES

REFLECTION AND INTERPRETATION

GOAL 7: CHILDREN INTERACT, UNDERSTAND, AND VIEW THE WORLD INFLUENCED BY TEMPERAMENT.

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
<p>36 to 60 Months</p>	<p>Adapts personal style to self-regulate behavior and explore a variety of social and physical settings.</p>	<ul style="list-style-type: none"> ▪ Begins to use personal strategies to control emotional responses (e.g. "When I'm really mad, I yell, not hit!"). ▪ Seeks shared experiences. ▪ Begins to see peers as impacting their actions and self-view. ▪ Begins to calm self from strong emotional situations, with support (e.g. walks away from conflict, seeks teacher, tries to problem solve). ▪ Observes, listens to, and responds to a friend or family members' ideas, likes, or dislikes. ▪ Uses a variety of strategies to cope with transitions, new experiences, and a wider range of people. ▪ Focuses attention on a project or game, sustaining the attention. 	<ul style="list-style-type: none"> ▪ Explain what is happening and how it will happen. Discuss "what comes next." ▪ Establish routines to help children as they learn to control impulsive reactions. ▪ Support child's learning to adapt by mediating stressful situations with each child's temperamental characteristics in mind. ▪ Model language, labels, feelings, thoughts, and experiences with the child. ▪ Anticipate and respond to child's individual temperament traits to support interactions and transitions. ▪ Make sure each child has access to all experiences. ▪ Support individual differences in children as they try new activities and situations. ▪ Support and clarify imaginative play roles that appeal to children with different temperaments (e.g. "instigator," "group joiner," or "watchful"). ▪ Provide activities that offer differing levels of focus and attention (e.g. magnifying glasses and microscopes; studying pictures for clues; or playing lotto games).