

DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH**SUB-DOMAIN: HEALTH****SAFETY RULES AND REGULATIONS****GOAL 26: CHILDREN DEMONSTRATE AWARENESS AND UNDERSTANDING OF SAFETY RULES.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
60 Months through Kindergarten	Verbalize and demonstrate application of safety rules and respond appropriately and independently most of the time.	<ul style="list-style-type: none"> ▪ Tells, explains, and follows safety rules consistently. ▪ Explains why emergency drills are important. ▪ Explains how to get help in emergency situations (calling 9-1-1, finding a police officer or responsible adult). ▪ Practices safety rules in dramatic play (e.g. "Keep your fingers away from the hot stove so you do not get hurt."). ▪ Participates in setting rules for indoor and outdoor play in a classroom or family setting. ▪ Responds quickly to adult directives about safety. ▪ Seeks adult help in unsafe situations. 	<ul style="list-style-type: none"> ▪ Support children to learn their full names and addresses and help them know when to tell adults this information. ▪ Discuss and demonstrate personal safety rules (e.g. holding hands in crowds, wearing a personal flotation device, avoiding unfamiliar dogs, wearing a bike helmet). ▪ Discuss safety rules regarding recreation, wilderness, and animal safety as appropriate to your community (e.g. guns, wild animals, motor craft, matches and propane, insects, busy streets, water safety). ▪ Talk with child about fire safety ("Tell an adult if you find matches and lighters."). ▪ Practice a fire/tornado emergency exit plans for your home or child care site, and where to meet after exiting. ▪ Show and tell child how to call 9-1-1 in an emergency situation. ▪ Identify different people to ask for help in an emergency situation (e.g. law enforcement officer, neighbor, emergency medical technician, librarian, bus driver). ▪ Provide opportunities for child to observe traffic safety rules as they travel in motor vehicles and public transportation. ▪ Discuss traffic safety signs as they travel in motor vehicles while on field trips.

			<ul style="list-style-type: none">▪ Involve children in setting safety rules for classroom setting.▪ Provide supervision for child; preferably both sight and sound supervision, and reassure children that you are here to keep them safe.
--	--	--	--