

DOMAIN 1: APPROACHES TO LEARNING AND COGNITIVE DEVELOPMENT

SUB-DOMAIN: LEARNING APPROACHES

CONFIDENCE AND INITIATIVE

GOAL 3: CHILDREN ARE CONFIDENT TO INITIATE AND COMPLETE ACTIVITIES USING A VARIETY OF APPROACHES.

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
Birth through 8 Months	Engages in interactions with people and explores people and objects around them.	<ul style="list-style-type: none"> ▪ Examines a face, toy, or rattle for a brief period of time. ▪ Anticipates feeding routine when caregiver brings bottle or mother starts to offer breast. ▪ Holds the attention of caregivers (smiles, babbles, sustains eye-contact). ▪ Directs attention towards objects by reaching, grasping, or staring at them. ▪ Repeats simple motions or activities (swats at a mobile, consistently reaches for objects). ▪ Makes attempts to get attention of adults and children. ▪ Begins to prefer familiar people. 	<ul style="list-style-type: none"> ▪ Seek and sustain eye contact with the infant. Looking away and back as the infant cues interaction. ▪ Mimic the infant's sounds back to them. Respond to child's actions, and play with child during every day routines and free time. ▪ Follow child's cues and/or choices in daily activities. ▪ Position child for activities for simple exploration on back and tummy, with supervision. ▪ Use routines where you talk and use gestures to child. ▪ Explain what will happen next. ▪ Provide opportunities for baby to watch others by placing the child close to activities.