

IDAHO EARLY LEARNING EGUIDELINES

GOAL 26: CHILDREN DEMONSTRATE AWARENESS AND UNDERSTANDING OF SAFETY RULES.

Domain 2: Motor Development, Physical Well-Being, and Health

Sub-Domain: Health

[Birth through 8 Months](#)

[6 to 18 Months](#)

[16 to 38 Months](#)

[36 to 60 Months](#)

[60 Months through Kindergarten](#)

DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH			
SUB-DOMAIN: HEALTH			
SAFETY RULES AND REGULATIONS			
GOAL 26: CHILDREN DEMONSTRATE AWARENESS AND UNDERSTANDING OF SAFETY RULES.			
Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
Birth through 8 Months	Rely on adults for safety.	<ul style="list-style-type: none"> Children are dependent on adults to keep them safe during this age. 	<ul style="list-style-type: none"> Provide a safe child-proof environment. Ensure use of age and weight-appropriate car safety seat when riding in vehicles. Learn about crib safety. Ensure child care environment meets safe and health standards. Maintain appropriate room temperatures, and outside environment exposure for heat and cold. Place babies on backs to sleep. Feed foods that are free of choking hazards as directed by health care professional. This means mostly liquids.

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Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
6 to 18 Months	Rely on caregivers for safety and protection. Responds to adult cues/directions when feeling unsafe.	<ul style="list-style-type: none"> ▪ Reacts and responds to caregiver's voice, words, or actions. ▪ Can be distracted from unsafe behavior with words, physical prompts, or signal from adult, but requires constant supervision and guidance. ▪ Follows some consistently set rules and routines. ▪ Watches familiar adult for appropriate reaction. 	<ul style="list-style-type: none"> ▪ Provide a safe child-proof environment (e.g. cover electrical outlets, and keep poisons and items that might cause choking out of child's reach). ▪ Ensure use of age and weight-appropriate car safety seat when riding in vehicles. ▪ Model appropriate use of safety equipment (always wear a seatbelt, bike helmet, life jacket). ▪ Keep child in both sight and sound supervision. ▪ Reassure children that you are here to keep them safe.

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Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
16 to 38 Months	Develop an awareness of safety rules and respond to safety rules, with assistance.	<ul style="list-style-type: none"> ▪ Displays recognition of the rules though may not always follow them. ▪ Pays attention to safety instructions, with assistance (cooperates when told, "I need to hold your hand when we cross the street."). ▪ Verbally offers simple rules (hot, no-no, no running inside) but cannot control impulse. ▪ Verbally offers simple rules (hot, no-no, no running inside) and can also control impulse at some times. ▪ Anticipates consequences for not following rules. 	<ul style="list-style-type: none"> ▪ Always use helmets on children and adults who are using wheel toys, motor craft, and skiing. ▪ When a child is using wheel toys, skiing, or riding on motor craft, such as 4-wheelers, always use helmets. ▪ In daily routines, demonstrate safe strategies such as animal safety, traffic safety, and how to be safe in a group. ▪ Reassure children that you are here to keep them safe. ▪ Comment descriptively when child behaves safely. ▪ Demonstrate, explain, and provide opportunities for child to practice safety around bodies of water (lakes, oceans, rivers, ditches). ▪ Provide frequent reminders about safety rules ("You should hold an adult's hand when you walk in a parking lot.").

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Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
36 to 60 Months	Follow safety rules, with and without assistance.	<ul style="list-style-type: none"> ▪ Identifies safety signs posted indoors and outdoors. ▪ Follows emergency drill instructions (e.g. fire, earthquake, bomb, lockdown). ▪ Follows basic safety rules, with assistance (e.g. bus, bicycle, boat, plane, playground, crossing the street, stranger awareness sidewalk behavior). ▪ Understands and anticipates the consequences of not following rules. ▪ Initiates getting buckled into age and weight-appropriate car safety seats in vehicles. ▪ Puts on or asks for helmet before riding a bicycle or other wheeled toy. ▪ Shows an interest in participating in setting rules for indoor and outdoor play in a classroom setting. 	<ul style="list-style-type: none"> ▪ Discuss personal safety rules with child (e.g. holding hands in crowds, wearing a personal flotation device, wearing a bike helmet). ▪ Provide basic safety equipment for all of child's activities, including helmets, flotation devices, and seat belts. ▪ Model safe practices (e.g. wearing personal floatation devices, helmets, and practicing fire safety). ▪ Discuss safety rules regarding recreation, wilderness, and animal safety as appropriate to your community (e.g. guns, wild animals, motor craft, matches and propane, insects, busy streets, water safety). ▪ In daily routines, demonstrate safe strategies such as animal safety, traffic safety, and group safety. ▪ Reassure children that you are here to keep them safe. ▪ Talk with child about fire safety (e.g. "Tell an adult if you find matches and lighters."). ▪ Provide opportunities for child to practice appropriate emergency drills such as fire, earthquake, or lock down. ▪ Show and tell child how and when to call 9-1-1 in an emergency situation. Let them practice. ▪ Invite community helpers to talk about how a child can ask for help in an emergency situation. ▪ Provide opportunities for child to learn and practice water safety. ▪ Discuss traffic safety signs as they travel in motor vehicles while on field trips. ▪ Provide facsimiles of stops signs, railroad signs, or crossing

			<p>signs to use in play situations.</p> <ul style="list-style-type: none">▪ Encourage participation in setting rules for the classroom.
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60 Months through Kindergarten	Verbalize and demonstrate application of safety rules and respond appropriately and independently most of the time.	<ul style="list-style-type: none"> ▪ Tells, explains, and follows safety rules consistently. ▪ Explains why emergency drills are important. ▪ Explains how to get help in emergency situations (calling 9-1-1, finding a police officer or responsible adult). ▪ Practices safety rules in dramatic play (e.g. "Keep your fingers away from the hot stove so you do not get hurt."). ▪ Participates in setting rules for indoor and outdoor play in a classroom or family setting. ▪ Responds quickly to adult directives about safety. ▪ Seeks adult help in unsafe situations. 	<ul style="list-style-type: none"> ▪ Support children to learn their full names and addresses and help them know when to tell adults this information. ▪ Discuss and demonstrate personal safety rules (e.g. holding hands in crowds, wearing a personal floatation device, avoiding unfamiliar dogs, wearing a bike helmet). ▪ Discuss safety rules regarding recreation, wilderness, and animal safety as appropriate to your community (e.g. guns, wild animals, motor craft, matches and propane, insects, busy streets, water safety). ▪ Talk with child about fire safety ("Tell an adult if you find matches and lighters."). ▪ Practice a fire/tornado emergency exit plans for your home or child care site, and where to meet after exiting. ▪ Show and tell child how to call 9-1-1 in an emergency situation. ▪ Identify different people to ask for help in an emergency situation (e.g. law enforcement officer, neighbor, emergency medical technician, librarian, bus driver). ▪ Provide opportunities for child to observe traffic safety rules as they travel in motor vehicles and public transportation. ▪ Discuss traffic safety signs as they travel in motor vehicles while on field trips. ▪ Involve children in setting safety rules for classroom setting. ▪ Provide supervision for child; preferably both sight and sound supervision, and reassure children that you are here to keep them safe.