



Picky Eating



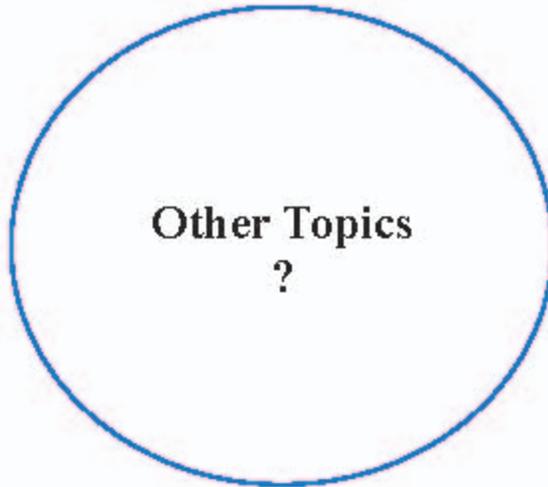
Portion Sizes



Active Play



**Decreasing Sweets
& Junk Foods**



**Other Topics
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Happy Mealtimes

Children 2 - 5