

National Public Health Week 2015

April 6-12, 2015

Medicine Cabinet Clean-Out Challenge!

National Public Health Week is April 6-12, 2015, and we want to bring attention to a hidden safety hazard found in all of our own homes; our medicine cabinet. It is so important that we fully understand the medications we take, how to store them securely, and dispose of them properly. That is why we are asking everyone to take on the Medicine Cabinet Clean-Out Challenge. This is an entertaining and educational opportunity for all of us to really understand the medications we take. It is really easy, just answer the following three questions!

1) Know Your Medications

a. Do you take your prescriptions as prescribed? Yes No
If no, please explain:

b. Do you understand all possible side effects? Yes No

2) Secure Your Medications

a. Are your medicines stored in a secured location? Yes No
If no, please explain:

b. How do you monitor the amount left in each medicine bottle?

3) Dispose of Your Medications

a. Do you know where/how to safely dispose of any unused or expired medications?
 Yes No

b. Have you checked to see if any of your medications have been recalled?
 Yes No

Visit www.recallcenter.com/safety-alerts/ for more information.