Am I at risk for STD or HIV?

You may be! A study by the CDC showed one in four Americans has an STD and many of those have only had sex once.

**Chlamydia**

You are at higher risk for contracting chlamydia if you:
- a. Are young – 15-29 year olds are those most frequently infected
- b. Have a new sexual partner
- c. Have multiple sex partners or your partner has multiple sex partners
- d. Have had an STD in the past
- e. You have symptoms or your partner has symptoms, which include discharge, burning with urination, abnormal vaginal bleeding or pain.

**Syphilis**

You are at higher risk for contracting syphilis if you:
- a. Have multiple sex partners or your partner has multiple sex partners – especially anonymous partners.
- b. Use IV drugs
- c. Are HIV positive
- d. Are a man who has sex with men
- e. Have symptoms such as a sore on your tongue, penis or vulva, a rash on your palms or feet, hair loss or shiny warts.
- f. Have had an STD in the past.

**HIV**

You are at higher risk for contracting HIV if you have:
- a. Ever used IV drugs, even once.
- b. Ever shared drug paraphernalia, like straws, pipes, syringes, needles, cotton, cookers or tourniquets.
- c. Have had a partner who used IV drugs or shared paraphernalia.
- d. Are a man who has sex with other males

**Hepatitis B**

You are at higher risk of contracting Hepatitis B if you have:
- a. Ever used IV drugs, even once.
- b. Ever shared drug paraphernalia, like straws, pipes, syringes, needles, cotton, cookers or tourniquets.
- c. Had a partner who ever used IV drugs or shared drug paraphernalia.
- d. Ever been vaccinated with an air-gun device, especially if you are a Vietnam-era veteran.
- e. Had more than 10 sexual partners in your lifetime.
- f. Ever had a needle-stick injury where you came into contact with another person’s blood.
- g. Live with someone who has Hepatitis B

**Hepatitis C**

You are at higher risk for contracting Hepatitis C if you:
- a. Have ever used IV drugs, even once.
b. Have ever shared drug paraphernalia, like straws, pipes, syringes, needles, cotton, cookers or tourniquets.
c. Have had a partner who ever used IV drugs or shared drug paraphernalia.
d. Have ever been vaccinated with an air-gun device, especially if you are a Vietnam-era veteran.
e. Have had more than 10 sexual partners in your lifetime.
f. Have ever had a needle-stick injury where you came into contact with another person’s blood.
g. Have ever had a tattoo or piercing using non-sterile equipment.
h. Are a male who has sex with males
i. Are HIV positive
j. Your mom had HCV when she was pregnant with you.
k. Had a blood or blood product transfusion before 1992.
l. Had sexual relations with someone who has Hepatitis C.

If you answered yes to any of the questions listed above, you may be at risk for Hepatitis C infection. You should get tested at your doctor’s office or at the Health Department.

If you are at risk, get tested! For testing sites and more information, visit http://www.nakedtruth.idaho.gov/other-resources.aspx

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