Am I at risk for STD or HIV?

You may be! A <u>study</u> by the CDC showed one in four Americans has an STD and many of those have only had sex once.

Chlamydia

You are at higher risk for contracting chlamydia if you:

- a. Are young 15-29 year olds are those most frequently infected
- b. Have a new sexual partner
- c. Have multiple sex partners or your partner has multiple sex partners
- d. Have had an STD in the past
- e. You have symptoms or your partner has symptoms, which include discharge, burning with urination, abnormal vaginal bleeding or pain.

Syphilis

You are at higher risk for contracting syphilis if you:

- a. Have multiple sex partners or your partner has multiple sex partners especially anonymous partners.
- b. Use IV drugs
- c. Are HIV positive
- d. Are a man who has sex with men
- e. Have symptoms such as a sore on your tongue, penis or vulva, a rash on your palms or feet, hair loss or shiny warts.
- f. Have had an STD in the past.

HIV

You are at higher risk for contracting HIV if you have:

- a. Ever used IV drugs, even once.
- b. Ever shared drug paraphernalia, like straws, pipes, syringes, needles, cotton, cookers or tourniquets.
- c. Have had a partner who used IV drugs or shared paraphernalia.
- d. Are a man who has sex with other males

Hepatitis B

You are at higher risk of contracting Hepatitis B if you have:

- a. Ever used IV drugs, even once.
- b. Ever shared drug paraphernalia, like straws, pipes, syringes, needles, cotton, cookers or tourniquets.
- c. Had a partner who ever used IV drugs or shared drug paraphernalia.
- c. Ever been vaccinated with an air-gun device, especially if you are a Vietnam-era veteran.
- d. Had more than 10 sexual partners in your lifetime.
- e. Ever had a needle-stick injury where you came into contact with another person's blood.
- f. Ever had a tattoo or piercing using non-sterile equipment.
- g. Live with someone who has Hepatitis B

Hepatitis C

You are at higher risk for contracting Hepatitis C if you:

a. Have ever used IV drugs, even once.

- b. Have ever shared drug paraphernalia, like straws, pipes, syringes, needles, cotton, cookers or tourniquets.
- c. Have had a partner who ever used IV drugs or shared drug paraphernalia.
- d. Have ever been vaccinated with an air-gun device, especially if you are a Vietnamera veteran.
- e. Have had more than 10 sexual partners in your lifetime.
- f. Have ever had a needle-stick injury where you came into contact with another person's blood.
- g. Have ever had a tattoo or piercing using non-sterile equipment.
- h. Are a male who has sex with males
- i. Are HIV positive
- j. Your mom had HCV when she was pregnant with you.
- k. Had a blood or blood product transfusion before 1992.
- I. Had sexual relations with someone who has Hepatitis C.

If you answered yes to any of the questions listed above, you may be at risk for Hepatitis C infection. You should get tested at your doctor's office or at the Health Department.

If you are at risk, get tested! For testing sites and more information, visit http://www.nakedtruth.idaho.gov/other-resources.aspx

For additional information, contact:

Idaho Department of Health and Welfare

STD/AIDS PROGRAM

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