

# Are overwhelming health care costs causing you to neglect your health?

Central District Health Department is a safe, confidential, friendly and affordable place for you to access preventative health services.

Services include:

**Family planning/Sexual health**

**Wellness exams**

**Childhood immunizations**

**WIC\*** (Provides free healthy foods and nutrition education for eligible women, infants and children )



We work with all of our clients to keep costs low and no one is turned away due to an inability to pay. Private medical insurance and Medicaid are also accepted (but not required).

Call during regular business hours with questions regarding services or to make an appointment.



**375-5211**

Or visit our website at  
**cdhd.idaho.gov**

*Se habla  
español*



The WIC Program is an equal opportunity provider. El programa WIC es un proveedor de igual oportunidad.