

Fish Advisory

Payette Lake

Mercury is a toxic substance that has been detected in fish samples. It can affect a child's brain development and ability to learn. By following the guidelines below, you can enjoy the benefits of eating fish and protect the health of children.

Pregnant women, women who are nursing or planning to become pregnant:

Do Not Eat More Than:

2 meals per month of Lake Trout

Children under the age of 15 years:

Do Not Eat More Than:

2 meals per month of Lake Trout

General public (people not in the first two groups):

Do Not Eat More Than:

7 meals per month of Lake Trout

Adult meal size = 8 oz uncooked fish
Children meal size = 2 ¼ oz uncooked fish

