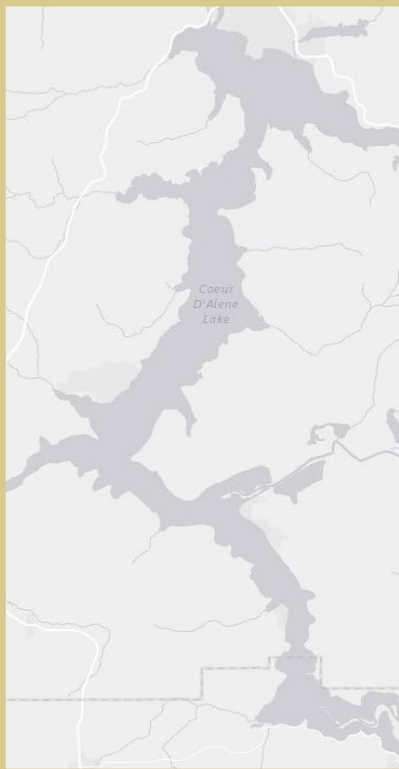


# Coeur d'Alene Lake

## FISH ADVISORY



For lakes and rivers not listed below or on the Idaho Fish Advisory website, we recommend limiting consumption to 8 fish meals per month.

### Women who are pregnant, planning to become pregnant, or nursing:

<b>Kokanee</b> <i>All CDA lakes</i>	10 gutted whole fish meals or 10 fillet meals per month
<b>Bullhead</b> <i>Central Lake</i>	2 gutted whole fish meals or 13 fillet meals per month
<b>Bass</b> <i>*Statewide</i>	NO more than 2 meals of bass per month

### Children under 15 years of age:

<b>Kokanee</b> <i>All CDA lakes</i>	6 gutted whole fish meals or 6 fillet meals per month
<b>Bullhead</b> <i>Central Lake</i>	NO gutted whole fish meals or 7 fillet meals per month
<b>Bass</b> <i>*Statewide</i>	NO more than 2 meals of bass per month

### Other Fish

**Follow Kokanee guidelines for:** Bluegill, Pumpkinseed, Rainbow Trout, Brook Trout, Cutthroat Trout, Tench, and Crappie and Perch less than 8 inches

**Follow Bullhead Guidelines for:** Channel Catfish and Suckers

### General public (people not in first two groups):

<b>Kokanee</b> <i>All CDA lakes</i>	12 gutted whole fish meals or 20 fillet meals per month
<b>Bullhead</b> <i>Central Lake</i>	8 gutted whole fish meals or 14 fillet meals per month
<b>Bass</b> <i>*Statewide</i>	Should not eat more than 8 meals of bass per month

People living in an area with high concentrations of lead in their yard soil or house dust should avoid eating whole Bullhead. **This is especially true for children and pregnant women.**



IDAHO DEPARTMENT OF HEALTH & WELFARE  
DIVISION OF PUBLIC HEALTH



## Fish Advisory

### Statewide Mercury Advisory for Bass

A statewide advisory for BASS has been issued for all lakes, rivers, reservoirs, and other water bodies in Idaho due to mercury contamination. To be safe, follow the consumption limits set by the advisory.

- Anyone who eats the recommended limit for bass caught in Idaho, should NOT eat any other fish during the month.

#### EASY TIP:

A seafood serving size is about the size of your hand, or 1 oz. for every 20 lbs. of body weight.

160 lb. adult = 8 oz.

80 lb. child = 4 Oz.



Learn more tips in the Eat Fish, Be Smart, Choose Wisely Guide online at:  
[www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)

Or call the Idaho Fish Advisory Hotline at:  
1-866-240-3553



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