

Be Health Wise

Germs spread quickly and easily; therefore, sick food workers may not work with food or food-contact surfaces.

Notify the person in charge, and stay away from food if you have:



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- **Symptoms** of illness (diarrhea, vomiting, or jaundice)
- **Diagnosed** illness (such as E. coli, Shigellosis, Hepatitis A, or Salmonella)
- **Infected**, *uncovered* wounds
- **Discharges** from the eyes, nose, or mouth