

Advisory Committee

Idaho Heart Disease and Stroke Prevention Program

January 26, 2010 7 a.m. – 8:30 a.m.

Idaho Elks Rehabilitation Hospital

4th Floor, Large Sawtooth Conference Room

Agenda – Minutes in Blue

Attendees: Bethany Calley (Stroke Survivor), Adrean Casper (AHA/ASA), Robert Friedman, MD (Idaho Elks), Robert Graff, PhD (IDHW), Nanette Hiller, RN (IHA), Victoria Mickelson (Sanofi-Aventis), Jane Miller, RN (SLRMC), Jane Spencer (SARMC), Jim Torres, MD (St. Luke's ER Meridian), Nichole Whitener, RN, CNRN (SARMC), Sharon Wilson, RN (Qualis), April Dunham (HDSP), Nicole Runner (HDSP)

Welcome* – *Dr. Friedman* – *Dr. Torres* welcomed members

Introductions – *All members*

Activities and Update/Announcements from your organization – *All members*

- Jane Miller reported that SLRMC has initiated stroke core measures and is working towards certification. SLRMC actively supports HDSP Advisory Committee and STEMI education.
- Robert Graff shared that he and April worked together to apply for a small GIS (geographic information system) grant. GIS is a software program that allows users to view, understand, question, interpret, and visualize data in many ways that reveal relationships, patterns, and trends in the form of maps, globes, reports, and charts. They should find out this week if they receive funding.
- Nanette Hiller reported that Idaho Hospital Association received funding for Critical Access Hospitals.
- Sharon Wilson shared that Qualis is half way through a 3 year contract with Medicare. Qualis has also been working with New York QUI partnership on a program to provide education, two learning sessions and two follow-up teleconferences. They are currently going through the process of getting slides on their website.
- Nicole Whitener shared that SARMC re-certified their stroke program in September. SARMC's 3rd free stroke screening will be this Saturday. They will provide approx 300 screenings, education, and breakfast. They will follow up with people with cholesterol panels that are in the dangerous zone. To recruit for this event they send out postcards by zip code. The event fills up the first day.
- Victoria Mickelson shared that Sanofi-Aventis can provide education materials, at different levels, to help with patients.
- Bethany Calley attended as a stroke survivor.
- Adrean Casper shared information about the Heart Ball February 6th at the Grove Hotel and the Heart walk May 22nd, www.boiseheartwalk.org. Start putting together a team, create a page and collect donations!

Update on HDSP Program – *April Dunham*

- HDSP is partnering with the Idaho Physical Activity and Nutrition Program and the Diabetes Prevention and Control Program to expand the Chronic Disease Self Management Programs (CDSMP), "Living Well in Idaho", throughout Idaho. The CDSMP is a workshop given two and a half hours, once a week, for six weeks, in community settings such as senior centers, churches, libraries and hospitals. People with different chronic health problems attend together. Workshops are facilitated by two trained leaders, one or both of whom are non-health professionals with a chronic diseases themselves. Classes will be available in almost every health district, with the addition of 80 master trainers in the state. There will be outreach efforts with the health care communities to advertise for patients. Classes are meant to compliment the practitioners work.
- HDSP continues to work with eleven Critical Access Hospitals scattered throughout the state. Nicole shared the survey results from initial public education outreach efforts in these communities. HDSP plans to continue working with the CAHs in the future and would like to expand to twenty hospitals next fiscal year.
- Nicole shared HDSP website updates. There is now a survey on the main page www.idahoheartandstroke.org for users to provide feedback. Please take a few minutes to visit the site and let us know what you think! Coming in March 2010 the HDSP website will have information available in Spanish, as well.

Update on State Plan Evaluation – *April Dunham*

- April distributed a list of goals and objectives from the state plan. She asked members to review this list after the meeting and provide feedback on evaluation measures. HDSP is currently in the process of taking inventory of chronic disease self management education programs available in the state. HDSP collaborated with AHA on an EMS survey on 12 lead ECGs in ambulances. They received a 57% response rate. Only 16% have access and are able to identify a STEMI heart attack in the field. This is a large challenge that

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cardiac groups are going to have to try to come up with a solution for. Currently looking for sources of funding to get these in the ambulances.

Update on STEMI/Cardiac Level 1 – *Jane Miller & present members*

- Cardiac Level 1 Committee met last night, focus was to collect data state wide on heart attack patients. Group discussed possibilities for data collection. April is going to explore these options. Adrean presented info on the AED bill. She is currently looking for a sponsor for the bill. AHA has partnered with the Coordinated School Health program and the Idaho Association of Health, Physical Education, Recreation, and Dance (IAHPERD) to hold a legislative day this Thursday. They gathered baseline data for obesity in elementary schools, as well as data on physical education classes in school and are hoping to show that neither are where they need to be in the state.
- EMS Subcommittee has been working on a transport form for heart attacks in general. Meeting next week, February 1st, to review progress. Currently compiling list of transport times for larger hospitals to the PCI centers. This will be distributed as a guide to educate on quickest transport options. Group is currently exploring how to collaborate to get more 12 lead ECGs in ambulances throughout Idaho.
- Public Education Subcommittee met in December. There are no pre-canned messages that will work for Idaho public education outreach efforts. The group will be working on developing and testing messaging for Idahoans. Cherish, AHA Washington, presented on Washington's efforts and shared information on the importance of creating sustainability of outreach efforts through community partnerships when working with a small budget. Next meeting for this group will be February 11th. Stroke Public Education Subcommittee will be from 7 a.m. – 8 a.m. and Cardiac will directly follow from 8 a.m. – 9 a.m.
- Advocacy Committee had its first meeting. Recommendation is to keep this committee under AHA so there is no association between a State Program having an advocacy committee. Jane Miller volunteered to participate on this committee.

Update on NWRSN – *Present members*

- NWRSN has been de-funded as of the end of this fiscal year. CDC has switched priorities. NWRSN will not be continuing as an official 5 state collaborative. The 5 states are focusing on the largest value added items and trying to figure out ways to keep them moving forward as to not lose momentum. The states want to keep the distance learning opportunities. Currently the University of Washington does a monthly stroke webinar. Idaho still has ten agencies participating in EMS training, over 300 EMTs will be able to participate in a stroke assessment training. This training will be taking place in starting in March and will be available for completion until June. April will be contacting agencies to inform them when the training will be available, how many people have taken it, and how many still can. April will be evaluating the success of this training and looking to see if Idaho can purchase the training to make available in the future. The participating EMS agencies are: Westside Fire District in Dover, Stanley Ambulance, Dreary Ambulance, Gem County EMS, Kuna Rural Fire District, McCall Fire and EMS, Ketchum Fire Department, Emergency Response Ambulance in Rupert, Bonner County EMS and 4 units in Boise County [Placerville, Idaho City, Mores Creek and Lowman].

Committee and Subcommittee Meetings

Cardiac EMS Subcommittee: February 1, 2010 6-8 p.m. at Idaho Elks Rehab

Stroke Public Education Subcommittee: February 11, 2010 7-8 a.m. at Idaho Elks Rehab

Cardiac Public Education Subcommittee: February 11, 2010 8-9 a.m. at Idaho Elks Rehab

Stroke EMS Subcommittee: TBD

HDSP Advisory Committee Meetings

April 13, 2010, 7-8:30 a.m. at Idaho Elks Rehab, Large Sawtooth Conference Room

July 13, 2010, 7-8:30 a.m. at Idaho Elks Rehab, Large Sawtooth Conference Room

October 12, 2010, 7-8:30 a.m. at Idaho Elks Rehab, Large Sawtooth Conference Room

Adjourn

Thanks so much to Sanofi-Aventis for sponsoring breakfast!!!

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