

Region VI Behavioral Health Board meeting

August 19, 2014

421 Memorial Drive, Pocatello

The call-in number is 208-234-7951, code 7622

11:30	Welcome & Introductions to Behavioral Health Board meeting - Brenda Price
11:40	Approval of Minutes
11:45	Central Office Update – Rosie Andueza will provide an update on Health & Welfare information, which includes the following handouts: DBH Funding for Regional Behavioral Health Boards and Access To Recovery IV.
12:00	Crisis Center Update – Michele Osmond will give a status update on progress of bringing the Crisis Center operational.
12:10	Recovery Fest – discussion of the Recovery Fest to be taking place on September 12 th in Old Town Pocatello. Funding request from the Recovery Fest committee.
12:20	Behavioral Health Board guidance -- Brenda Price will provide the basic information regarding meeting requirements for the boards to assist them in making decisions moving forward.
12:40	Election of Officers – Brenda Price will ask for nominations of a Chair, Chair-elect, Treasurer and Board Secretary. The Board will vote on officers.
1:00	The newly elected Chair will assume meeting facilitation. Topics may include formation of subcommittees, future meeting dates and times, and budget.

Next Meeting Date:

Region 6 Behavioral Health Board meeting notes

07.15.2014

Board Members in Attendance: Charlie Aasand, Patti Allen, Linda Hatzenbuehler, Barry Jones, Lennart Nivegard, Michele Osmond

Others in attendance: Cameron Ball, Ella Dingman, Kathy Gneiting, Mark Gunning, Fran Lands, JoAnn Martinez, Betty Moore, Jody Owens, Lela Patteson, Brenda Price, Bill Slaven, Ken Taylor, Brenda Valle. Rosie Andueza and Isaiah Sarault by phone.

Co-Chair Lennart Nivegard opened the meeting and introductions were made.

Kathy Gneiting is working on a contract with Federation of Families.

Lela Patteson is now the DHW Medicaid contact for Region 6.

Barry Jones moved to approve the minutes from the June 17, 2014 meeting. Michele Osmond seconded the motion, and the notes were approved by a vote.

Crisis Center Update - Michele Osmond

- The Behavioral Health Crisis Center will be located in Idaho Falls, but it will serve both regions. Bonneville County will act as the fiscal agent to get it up and running. They will hire a coordinator who will be a county employee.
- We will need to resolve the transportation of people from our area to the crisis center. Can we use our funds for transportation?
- Michele will bring back information to the next board meeting about the risk of transportation by uninsured transportation companies/individuals.

Regional Update - Brenda Price

- We are migrating the RAC and Mental Health web sites into one Behavioral Health Board web site. The sites won't be available for a few weeks.
- The Montpelier Enough is Enough substance abuse prevention won a SPF SIG grant which will be paid out over the next four years. It will be used to address underage drinking, marijuana use, and prescription drug abuse/misuse.
- We have not yet heard if Idaho was awarded an ATR IV grant. There will only be five grants awarded in the whole country.
- County Commissioners in Region 6 have been sent the information for the Behavioral Health Board seats. We should have the new board members selected by the end of the month.
- The new board will have a number of decisions to make, including:
 - Elect new Co-Chairs if they choose,
 - Determining whether to partner with the Health Dept. or another agency,
 - Set a budget, and



IDAHO DEPARTMENT OF HEALTH & WELFARE

C. L. "BUTCH" OTTER – Governor
RICHARD M. ARMSTRONG –
Director

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Access to Recovery IV

Overview: Access to Recovery (ATR) IV is a Substance Abuse and Mental Health Services Administration (SAMHSA) funded grant to provide substance abuse services to specific client populations. This grant's purpose is to increase access to substance abuse services with an emphasis on a client-centered approach and client choice in treatment services and planning. Idaho was previously awarded the ATR III grant, which will be coming to a close as of September 29, 2014. ATR III funded substance abuse services for approximately 4,350 clients during the 4-year grant period, including supervised misdemeanants, military members and veterans, and non-criminal justice involved adolescents. Idaho has now been awarded the ATR IV grant, which will aim to serve the 3 populations defined below during a 3-year project period.

ATR includes both treatment and recovery support services (RSS) to help clients achieve long-term recovery from drug and alcohol issues. RSS services are crucial for individuals to achieve and maintain the progress made in treatment and to provide the extra support that they may need. Intended outcomes include increasing abstinence; improving client choice; expanding access to a comprehensive array of treatment and recovery support service options; strengthening an individual's capacity to build and sustain a life in recovery; and building sustainability. Additional elements of the ATR program include monitoring outcomes; tracking costs; and preventing waste, fraud and abuse to ensure accountability and effectiveness in the use of federal funds.

Total Funding: \$7,866,666 for the 09/30/14 – 09/29/17 time period (3 years).

Target Populations:

- Veterans with a Substance Use Disorder (SUD) who have committed a crime and are on supervised probation
- Child Welfare families, specifically parents with SUD and involvement in child welfare court
- Homeless individuals, both unsheltered and sheltered

Referral Sources: Referral sources may include Child Protection Problem Solving Courts, Veterans Courts, and other community agencies and resources statewide. ATR IV key staff will be developing client pathways and identifying referral sources as eligibility criteria for each population are further defined.

Staffing: Two staff will be hired to administer the ATR IV grant: a Project Director and a fiscal/IT Coordinator.

DBH Funding for Regional Behavioral Health Boards

SFY 2015

Issued: July 24, 2014

Overview: The Division of Behavioral Health has set aside up to \$15,000 per regional board to support transformation during State Fiscal Year 2015 (July 1, 2014 – June 30, 2015). This is a one-time budget increase and does include the \$4000 historically allocated to regional RACS. These funds remain in the DBH budget and can be accessed by the boards during the current fiscal year until such time as the regional boards become legal entities.

Funding Parameters: Funds may be used for startup costs to establish a regional board as a legal entity. Examples of how funds may be used include:

- Travel reimbursement for board members;
- Conference calls;
- Printing costs;
- Meals and refreshments for meetings (must meet DHW requirements);
- Scholarships for training;
- Trainings (eg: grant writing);
- Meeting facilitators.

(Note: This list is not inclusive of all possible expenditures.)

All expenditures must fall within the DHW fiscal policies. *These funds may not be used for items such as gift cards, charitable donations, etc.* All expenditures must align with DHW's invoice requirements.

Spending Authorization: Approval for spending of this funding must be obtained by the board chair and the regional Program Manager. Use of this funding must be in compliance with the Department of Health and Welfare's fiscal policies established the State Board of Examiners. DHW Program Managers and CRDSs can provide guidance to regional boards. Lynn Richter of DBH Central Office is also available to answer questions and can be reached at richterl@dhw.idaho.gov.

Processing Invoices: Regional CRDSs will verify the expenses on the invoices and submit to the appropriate person in their region to process them.

Idaho State Planning Council on Mental Health

Pete T. Cenarrusa Building, 3rd Floor

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Boise, ID 83720-0036

June 23, 2014

MEMBERSHIP

Elda Catalano
Martha Ekhoﬀ
Jennifer Griﬀis
Gary Hamilton
Linda Hatzenbuehler
Rick Huber
Kim Jardine-
Dickerson
Linda Johann
Patricia Martell
Lynne Whiting
Julie Williams
Teresa Wolf

Regional Behavioral Health Board:

The Idaho State Planning Council on Mental Health sends this correspondence in response to the revision of Chapter 31, Title 39 Idaho Code. We are looking forward to developing our relationship with the Regional Boards as we all work through the opportunities that transformation of Idaho's behavioral health system provides. These changes allow for both mental health and substance use disorders to fall under the scope of behavioral health. This consolidation affects the duties and responsibilities of both the Council and the Regional Boards.

The Council was established pursuant to Public Law 99-660 and was placed into Idaho Code (IC 39-3125) in 2006. As defined by both state and federal law, the purpose of the Council has been to serve as an advocate for adults, children and youth with mental health disorders. The Council has provided guidance to the state behavioral health authority in the development and implementation of the state mental health systems plan, monitored the block grant, and evaluated the allocation and adequacy of state services. Because the transformation legislation passed in the last session of the Idaho Legislature, this responsibility is now extended to all of behavioral health.

The Council is in the early stages of establishing its membership and defining its direction as a Behavioral Health Planning Council as required under the new state law and federal law. The Council's first meeting with new board members, including members representing substance use disorder services, will be in August, 2014. We understand that some of the Regional Boards are far ahead of us in this effort, but completing this inclusive process is critical to fulfilling our new responsibilities.

It is our responsibility to develop readiness and performance criteria for determining whether Regional Boards are prepared to accept responsibility for community family support services and recovery support services within their regions. The included information should provide your board with direction on the guiding principles we will be looking for as we evaluate applications from the Regional Boards for providing some or all of the allowed services under the new law.

Transformation is new to all of us and will be a work in progress as new ideas and developments are shared. The Division of Behavioral Health will provide you with a toolkit with additional information and examples that may be useful as you create your organization's foundational structure. We will offer future communications as we reorganize to meet the requirements of transformation.

Cordially,

Martha Ekhoﬀ, Chair
Martha.a.ekhoﬀ@optum.com

Transformation gives decision-making responsibility concerning regional family support services and recovery support services to those who best understand the needs and resources of their local communities. As the Idaho Behavioral Health Planning Council, we want Regional Behavioral Health Board members to know what this opportunity means to us, and what we'll be evaluating as Boards apply to assume responsibility of these regional services. The following are guiding principles we will be looking for in your application:

- I. The RBHB membership will be recovery oriented and consumer driven. The Regional Behavioral Health Board (RBHB) membership should accurately and authentically represent those positions outlined in Idaho Code. All regions in Idaho have rural areas and those areas need to be represented in some way.
- II. Once the RBHB membership has been established, boards need to make every effort to create an environment in which all members can be active participants. Examples would include providing orientation for new members, being creative in accommodating meeting participation, and maintaining respectful language.
- III. We will be confirming that all of the populations defined in Idaho Code are covered by the RBHB plans. Substance use disorder and mental health populations must be served and plans must cover both adults and children. Keep in mind that clients must be given choice in deciding who will provide their services. We understand that each board may initially choose specific services to provide, but the Council's expectation is that you keep the intent of the transformation legislation as your guiding principle.
- IV. Idaho is a very rural state and providing adequate services to our population is a challenge. We will be looking to see how services will be provided to those living in rural areas.
- V. We are all moving forward with transformation in an effort to improve outcomes for those we serve. Regions will need to have a process in place that measures outcomes, creates goals for filling gaps, and improves existing family supports and recovery support services when necessary.
- VI. Our expectation is that the relationship between the Planning Council and the RBHBs is one of mutual respect and open communication. We are moving through this process together and things will change as we move forward and learn from what we are doing. As we determine the readiness of a region, it may become apparent that we need to evaluate specific items differently than we had anticipated, meaning our process will need to change. We will all need to work together to make this effort both meaningful and effective.

Idaho State Behavioral Health Planning Council

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Regional Behavioral Health Board (RBHB) Application

Region:
RBHB Chair:
Contact Phone:
Email Address to use for RBHB:

Per Chapter 31, Title 39 Idaho Code, RBHB have three options:

- **Remain advisory to State Behavioral Health Authority and provide no services**
- **Become free-standing government entity and provide services**
- **Partner with another entity to provide services**

Regardless of choice, the first section below must be addressed. Responding to the next sections depends on the choices being made regarding who will provide client services. Some section items need only be checked indicating the RBHB has completed this step. Others require the section item be checked and the associated documentation be attached.

Criteria for Readiness:	Check if completed
Section 1	
1. Board Membership: <ul style="list-style-type: none"> • Attach list of board members and membership role they fill. 	<input type="checkbox"/>
2. Executive Board Membership: <ul style="list-style-type: none"> • Attach executive board members and offices held. 	<input type="checkbox"/>
3. New Board member orientation/policy	<input type="checkbox"/>

4. Data collection process for year-end report: <ul style="list-style-type: none"> • Attach process for data collection for year-end report. 	<input type="checkbox"/>
5. Program evaluation process for year-end report: <ul style="list-style-type: none"> • Attach process for program evaluation for year-end report. 	<input type="checkbox"/>

If region will be providing services as a governmental entity, please provide the following information:	
Criteria for Readiness:	Check if completed
Section 2	
1. Physical location and contact information: <ul style="list-style-type: none"> • Attach physical location and contact information. 	<input type="checkbox"/>
2. Organizational Chart (please attach):	<input type="checkbox"/>
3. By-Laws	<input type="checkbox"/>
4. Philosophy of RBHB for providing services: <ul style="list-style-type: none"> • Attach Mission and Vision statements. 	<input type="checkbox"/>
5. Personnel Policies	<input type="checkbox"/>
6. Affirmative Action Policy	<input type="checkbox"/>
7. Confidentiality Policy	<input type="checkbox"/>
8. Fiscal Management <ul style="list-style-type: none"> • Control Policies • Budget Process • Established relationship with State Controller's Office 	<input type="checkbox"/>
9. Legal and liability relationships established	<input type="checkbox"/>
10. Employer/employee structure: <ul style="list-style-type: none"> • Job description for employees • PERSI set up • In compliance with TITLE 67 CHAPTER 53 	<input type="checkbox"/>
11. Conflict of interest policy	<input type="checkbox"/>
12. Confidentiality Policy	<input type="checkbox"/>

13. Services to be provided. • Attach description.	<input type="checkbox"/>
14. Timeframe for organizational process and service standup: • Attach timeframe.	<input type="checkbox"/>

If region will be partnering with another entity, please provide the following information:	
Criteria for Readiness:	Check if completed
Section 3	
1. Who is the partner? • How long have they been in business? • Where are they located? (If more than one location, please list all) • Statement from entity on willingness to partner.	<input type="checkbox"/>
2. Relationship between RBHB and partnering entity. • Attach description of role of each partner in providing client services.	<input type="checkbox"/>
3. Evidence is available to show partnering entity is capable of doing business, including an established fiscal and employee structure in place.	<input type="checkbox"/>
4. Evidence the partnering entity is capable of providing services the RBHB is taking responsibility for. • Attach description of what services will be provided.	<input type="checkbox"/>
5. Mission and Vision statements from partner. • Attach each.	<input type="checkbox"/>