

Behavioral Health is Essential To Health

Prevention Works



Treatment is Effective



People Recover





SAMHSA's Resources for Disaster Behavioral Health

**Idaho Summer
Preparedness Summit**

July 31, 2014 Meridian, ID



Region 10 Profile

| State | Capital | Population ¹ | Pop. Density ² | Joint | SA Prevalence ³ | SMI Prevalence ⁴ | Suicide Rate ⁵ |
|-----------------------------|------------------------------|---------------------------|---------------------------|-------------------|----------------------------|-----------------------------|---------------------------|
| Alaska | Juneau | 710,231 | 1.2 | Yes | 9.8 | 4.11 | 24.2 |
| Idaho | Boise | 1,567,582 | 19 | Yes | 8.91 | 5.76 | 16.7 |
| Oregon | Salem | 3,831,074 | 39.9 | Yes | 10.23 | 5.37 | 14.4 |
| Washington | Olympia | 6,724,540 | 101.2 | Yes | 8.6 | 4.7 | 13.1 |
| <i>United States</i> | <i>Washington, DC</i> | <i>309,349,689</i> | <i>87.4</i> | <i>N/A</i> | <i>9.1</i> | <i>4.6</i> | <i>11.3</i> |

¹U.S. Census 2010

²U.S. Census 2010

³SAMHSA, NSDUH 2008-2009, Table 19. Dependence on or Abuse of Illicit Drugs or Alcohol in Past Year among Persons Aged 18 or Older.

⁴SAMHSA, NSDUH 2008-2009, Table 22. Serious Mental Illness in Past Year among Persons Aged 18 or Older, by State.

⁵CDC, National Vital Statistics System-Mortality (NVSS-M) 2008, per 100,000

SAMHSA Role and Responsibilities

- Situational Awareness
- Consultation
- Coordination
- Communication
- Collaboration
- Support

Situational Awareness

- SAMHSA remains alert to incidents, their characteristics and impact to facilitate support to local, state and regional response entities.
- The goal is to assess when behavioral health (mental health and substance abuse) systems are likely to be overwhelmed by the incident and when support may become necessary.
- When it is apparent that a system may be overwhelmed, SAMHSA contacts the disaster coordinator.

Consultation: Steps to Action

- State Authorities
 - HHS
 - VOADs
 - Others (private parties)
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- SAMHSA works with VOADs and others to determine gaps in response efforts and based on state requests, SAMHSA works to ensure behavioral health capability.

Coordination

- Inside SAMHSA
- Within HHS
- Within VOADS
- Within the Response entities

- To ensure accuracy, redundancy, and effective use of limited resources.

Communication

- Full circle communication
- Resources
 - Web
 - <http://www.samhsa.gov>
 - <http://www.samhsa.gov/dtac/default.asp>
 - Social Media
 - Printed
 - Interviews
- SAMHSA Disaster Distress Helpline
 - 1-800-985-5990

Collaboration and Support

- VOADs
- Federal Partners
- State Partners

Support

- SERG – Governor declaration, funding of last resort, not always available, contact SAMHSA's Emergency Coordinator for materials.
- Crisis Counseling Assistance and Training Program



Crisis Counseling Assistance and Training Program (CCP)

- Authorized by Congress (Robert T. Stafford Act).
- Requires a presidential disaster declaration.
- Funded by the Federal Emergency Management Agency (FEMA).
- Provides short-term behavioral health support when disaster response needs exceed the state/territory/tribe's capacity.
- Administered through an interagency federal partnership between FEMA and the Substance Abuse and Mental Health Services (SAMHSA).
- Culturally aware, understanding, respectful, and sensitive to the cultural makeup of communities served.

Key Concepts of CCP

- Strengths based
- Anonymous
- Outreach oriented
- Culturally aware
- Conducted in nontraditional settings
- Designed to strengthen existing community support systems
- Assumes natural resilience and competence





SAMHSA Helplines – Find Help?

<http://beta.samhsa.gov/find-help>

**Specifically for disaster
related response & recovery...**

Disaster Distress Helpline

Stress, anxiety, and other depression-like symptoms are common reactions after any natural or human-caused disaster.

Toll-free number to be connected to the nearest crisis center for information, support, and counseling.

1-800-985-5990

TTY: 1-800-846-8517

Website:

disasterdistress.samhsa.gov



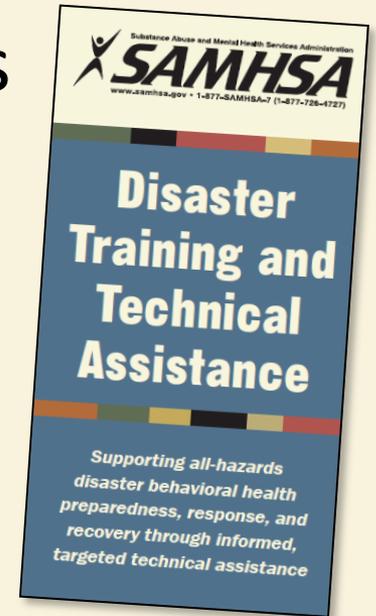
SAMHSA Mobile Disaster App



- Makes it easy to provide quality support to survivors.
 - [http://www.store.samhsa.gov/apps/disaster/index.html?WT.mc_id=WB_20131219 DISASTERAPP 400x225](http://www.store.samhsa.gov/apps/disaster/index.html?WT.mc_id=WB_20131219_DISASTERAPP_400x225)
- Navigate pre-deployment preparation, on-the-ground assistance, post-deployment resources, and more—at the touch of a button from the home screen.
- Share resources, like tips for helping survivors cope, and find local behavioral health services.
- Self-care support for responders is available at all stages of deployment.

About SAMHSA Disaster Technical Assistance Center (DTAC)

Established by SAMHSA, DTAC supports SAMHSA's efforts to prepare states, territories, and tribes to deliver an effective behavioral health (mental health and substance abuse) response to disasters.



SAMHSA's DISASTER TECHNICAL ASSISTANCE CENTER (DTAC): NATURAL AND HUMAN-CAUSED DISASTERS

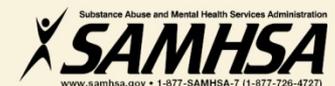


Disaster Training and Technical Assistance

Supporting all-hazards disaster behavioral health preparedness, response, and recovery through informed, targeted technical assistance

- Technical Assistance, Training, and Expert Consultation
 - Review state/local all-hazards disaster BH plans
- Disaster BH Resources
 - >1,800 tip sheets, publications, studies, and articles
- Information Exchange and Knowledge Brokering
 - Connects those seeking technical assistance w/peers and experts in BH field

www.samhsa.gov/dtac





Disaster Behavioral Health Information Series

- Contains themed resources and toolkits about DBH preparedness, response and recovery for specific types of disasters and populations.
- Animals and Disasters
- Children and Youth
- Disaster Responders
- Disaster Response Template Toolkit
- Resilience and Stress Management
- Rural Populations
- Substance Use Disorders
- Tribal Organizations

<http://www.samhsa.gov/dtac/dbhis/>

SAMHSA DTAC E-Communications

- SAMHSA *DTAC Bulletin*, a monthly newsletter of resources and events. To subscribe, e-mail DTAC@samhsa.hhs.gov.
- *The Dialogue*, a quarterly journal of articles written by DBH professionals in the field. To subscribe, visit <http://www.samhsa.gov>, enter your e-mail address in the “Mailing List” box on the right, and select the box for “SAMHSA’s Disaster Technical Assistance newsletter, The Dialogue.”



Contact SAMHSA DTAC



For training and technical assistance inquiries:

- Toll-free phone: 1-800-308-3515
- E-mail: DTAC@samhsa.hhs.gov
- Website: <http://www.samhsa.gov/dtac>

Contact Information

For followup questions, please contact:

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