

Health In Idaho: A State Profile

State of Idaho - Department of Health and Welfare - Division of Public Health

2010

General Health

Percentage of Idaho adults ...	Total	Sex		Age		
		Male	Female	18-34	35-54	55+
... who reported their general health as "fair" or "poor."	15.4	14.5	16.3	9.3	14.2	22.5
... without health care coverage.	19.1	18.2	20.0	31.0	19.2	8.5
... without dental insurance.	44.8	43.5	46.2	47.9	34.4	55.3

Chronic Disease Prevalence

Percentage of Idaho adults ...	Total	Sex		Age		
		Male	Female	18-34	35-54	55+
... ever diagnosed with diabetes.	8.0	8.8	7.1	2.1	5.5	16.3
... ever diagnosed with and still had asthma.	8.8	7.4	10.1	5.9	10.8	9.0

Health Risk Behaviors

Percentage of Idaho adults ...	Total	Sex		Age		
		Male	Female	18-34	35-54	55+
... who did not participate in leisure time physical activity.	20.0	19.8	20.1	16.4	17.2	26.6
... who were overweight (BMI \geq 25).	62.9	71.0	54.2	52.5	66.5	68.2
... who were obese (BMI \geq 30).	26.9	29.1	24.6	24.1	27.7	28.5
... who were binge drinkers.	13.2	17.5	8.8	18.9	15.1	5.7
... who were heavy drinkers.	4.0	4.9	3.1	3.0	4.8	4.1
... who were current smokers.	15.7	16.8	14.6	20.9	15.8	10.7
... who used illicit drugs in the past 12 months.	4.3	5.9	2.7	9.3	3.1	1.4

Preventive Behaviors

Percentage of Idaho ...	Total	Sex		Age		
		Male	Female	18-34	35-54	55+
... adults aged 50+ who had never had a sigmoidoscopy or colonoscopy.	40.2	41.2	39.3	¹	-	-
... women aged 40+ who did not have a mammogram and clinical breast exam in the past 2 years.	41.7	-	41.7	-	-	-
... women who did not have a Pap test in the past 3 years.	23.8	-	23.8	21.8	18.6	36.9
... men aged 40+ who did not have a Prostate Specific Antigen (PSA) test in the past 2 years.	50.8	50.8	-	-	-	-
... adults who did not visit the dentist in the past 12 months.	32.5	35.4	29.6	33.6	31.9	32.4
... adults who did not always wear a seat belt.	23.9	31.1	16.6	32.7	21.3	19.1

¹ by definition, this category does not apply

Idaho Department of Health & Welfare
Behavioral Risk Factor Surveillance System

What is it?

The Behavioral Risk Factor Surveillance System (BRFSS) is a method to help identify emerging health problems, establish and track health objectives, and develop and evaluate public health policies and programs.

The BRFSS uses a standardized telephone survey of adults aged 18 and older. The survey is conducted by all state health departments, the District of Columbia, Puerto Rico, the Virgin Islands, and Guam with assistance from the Centers for Disease Control and Prevention (CDC). The BRFSS began in 1984 and is the largest continuously conducted telephone survey in the world, monitoring preventable chronic diseases, injuries, and infectious diseases.

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For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 332-7326.