Health In Idaho: A State Profile

2006

General Health

		Sex		Age		
Percentage of Idaho adults	Total	Male	Female	18-34	35-54	55+
who reported their general health as "fair" or "poor."	13.9	12.5	15.2	9.0	11.3	22.6
without health care coverage.	18.8	19.5	18.0	32.0	16.9	6.7
without dental insurance.	45.7	46.8	44.7	47.2	35.2	57.3

Chronic Disease Prevalence

		Se	xs	Age		
Percentage of Idaho adults	Total	Male	Female	18-34	35-54	55+
ever told they had diabetes.	6.8	7.0	6.7	1.3	5.4	14.9
ever diagnosed and still had asthma.	9.2	8.4	10.0	9.2	9.4	8.9

Health Risk Behaviors

		Sex		Age		
Percentage of Idaho adults	Total	Male	Female	18-34	35-54	55+
who did not participate in leisure time physical activity.	20.8	19.3	22.2	18.2	18.2	26.7
who were overweight.	59.7	67.6	51.5	48.3	65.0	66.2
who were obese.	24.1	23.9	24.4	16.8	29.2	26.0
who were binge drinkers.	14.8	19.9	9.7	22.2	16.1	4.9
who were heavy drinkers.	4.9	5.8	4.0	6.7	4.7	3.1
who were current smokers.	16.8	18.7	15.0	20.8	17.8	11.2
who used smokeless tobacco.	4.3	8.5	1.0	6.3	4.8	1.4
who used illicit drugs in the past 12 months.	4.1	5.2	3.0	8.5	2.6	0.9

Preventive Behaviors

		Sex				
Percentage of Idaho	Total	Male	Female	18-34	35-54	55+
adults aged 50+ who had never had a sigmoidoscopy or						
colonoscopy.	45.8	46.0	45.6	n/a	n/a	n/a
women aged 40+ who had not had a mammogram and						
clinical breast exam in the past 2 years.	37.8	n/a	n/a	n/a	n/a	n/a
women who had not had a Pap smear in the past 3 years.	22.5	n/a	n/a	21.8	18.3	31.9
men aged 40+ who had not had a Prostate Specific Antigen						
(PSA) test in the past 2 years.	48.7	n/a	n/a	n/a	n/a	n/a
adults who had not visited the dentist in the past 12 months.	34.6	36.3	32.9	38.5	32.9	32.8
adults who did not always wear a seat belt.	26.8	35.0	18.7	31.2	26.3	22.5

n/a=not applicable



