



2005 Results Summary

Pregnancy Risk Assessment Tracking System:

A Survey of the Health of Mothers and Babies in Idaho

Intendedness of Pregnancy

- More than one-in-three (34.8 percent) Idaho mothers¹ reported their pregnancy was unintended.

Income, Health Insurance, and Medicaid

- Among Idaho mothers, 27.0 percent reported an annual household income of less than \$15,000.
- 38.0 percent of mothers were uninsured prior to pregnancy.
- While 5.6 percent of mothers reported they were enrolled in Medicaid prior to pregnancy, nearly two-in-five (39.8 percent) mothers reported attempting to get Medicaid coverage during pregnancy.

Maternal Health and Safety

- 86.9 percent of mothers began receiving prenatal care during their first trimester.
- More than four-in-ten (42.1 percent) mothers regularly took a multivitamin in the month prior to becoming pregnant, and more than eight-in-ten (82.7 percent) regularly took a multivitamin during pregnancy.
- Among Idaho mothers, 43.6 percent received routine dental care during pregnancy.
- Nearly one-in-twenty (4.7 percent) mothers experienced physical abuse during pregnancy.

Maternal Substance Use

- Nearly one-in-five (19.9 percent) mothers smoked before pregnancy, and about one-in-twelve (8.4 percent) smoked during pregnancy.
- Prior to pregnancy, 38.2 percent of mothers drank alcohol. During pregnancy, 2.8 percent drank alcohol.

Infant Health and Safety

- Three-in-four (74.9 percent) mothers reported placing their baby to sleep on their back.
- Nine-in-ten (90.6 percent) mothers indicated their baby's immunizations were up-to-date.
- 3.3 percent of mothers never took their baby for well baby check-ups.
- 17.3 percent of mothers indicated their new baby was enrolled in the Children's Health Insurance Program (CHIP).

Breastfeeding

- More than one-in-ten (11.5 percent) mothers reported they never breastfed their baby.

Self-Reported Postpartum Depression

- 17.7 percent of mothers reported being moderately to severely depressed after pregnancy.

1. The term "mothers" refers to Idaho resident adult mothers (18 and older) who gave birth in Idaho.

Source: 2005 Pregnancy Risk Assessment Tracking System (PRATS)

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