

## NOTES

1. Based on the "Mother of Hispanic Origin" question on the birth certificate
2. Annual household income
3. Excludes women trying to get pregnant
4. During pregnancy
5. Prior to pregnancy
6. Body Mass Index (BMI)  $\geq 25$
7. Supplemental nutrition program for Women, Infants, and Children
8. High prenatal stress (3+ stressful life events) in the 12 months prior to delivery
9. Reported moderate or severe depression in 3 months after delivery
10. During pregnancy to pay for prenatal care and/or delivery costs
11. Excludes babies less than 6 months old
12. Excludes Medicaid

Costs associated with this publication are available from the Idaho Department of Health and Welfare.

The Pregnancy Risk Assessment Tracking System (PRATS) is an annual survey of new mothers in Idaho that asks questions about maternal experiences and health behaviors before, during, and shortly after pregnancy.

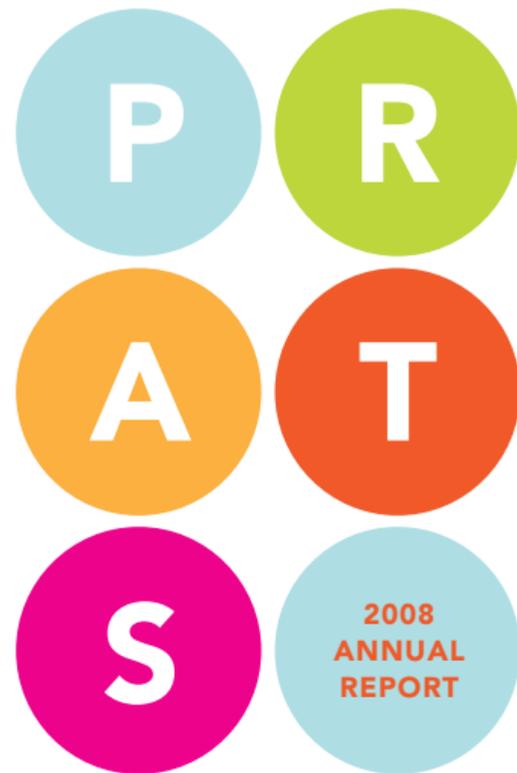
The study population included Idaho resident women aged 18 and older who had a live birth occurring in-state during 2008.

**For more  
information, contact:**

Bureau of Vital Records and  
Health Statistics  
P.O. Box 83720 • Boise, ID 83720  
Phone: (208) 332-7366  
Fax: (208) 334-6580

[www.healthstatistics.dhw.idaho.gov](http://www.healthstatistics.dhw.idaho.gov)

## RESULTS FROM THE **PREGNANCY RISK ASSESSMENT TRACKING SYSTEM**



A SURVEY OF THE HEALTH OF MOTHERS  
AND BABIES IN IDAHO **FEBRUARY 2012**



# Pregnancy Risk Assessment Tracking System 2008

## DEMOGRAPHICS

Aged 18 to 19	5.6%
Not Married	23.4%
Hispanic <sup>1</sup>	13.4%
Income < \$25,000 <sup>2</sup>	38.0%

## INTENDEDNESS OF PREGNANCY

Unintended Pregnancy	34.7%
No Birth Control Use <sup>3</sup>	59.5%

## PRENATAL CARE

First Trimester Prenatal Care	88.9%
No Dental Care <sup>4</sup>	49.6%

## MATERNAL HEALTH AND SAFETY

Overweight/Obesity <sup>5,6</sup>	40.6%
WIC Utilization <sup>4,7</sup>	36.4%
Multivitamin Use <sup>4</sup>	81.5%
Exercise <sup>4</sup>	57.9%
Prenatal Stress <sup>8</sup>	25.5%
HIV Testing <sup>4</sup>	45.2%
Physical Abuse <sup>4</sup>	4.3%
Postpartum Depression <sup>9</sup>	16.4%

## HEALTH INSURANCE AND MEDICAID

No Health Insurance <sup>5,12</sup>	35.6%
Medicaid Utilization <sup>10</sup>	38.6%

## BREASTFEEDING

Breastfeeding Initiation	91.5%
Breastfeeding Duration (6 months or more) <sup>11</sup>	55.2%

## SUBSTANCE USE

Smoking <sup>4</sup>	8.1%
Drinking Alcohol <sup>4</sup>	2.9%

## INFANT HEALTH AND SAFETY

Baby Sleep Position (on back)	78.5%
Immunizations	86.6%
Hearing Screening	93.7%
No Well-Baby Care	2.9%