



2006 Results Summary

Pregnancy Risk Assessment Tracking System:

A Survey of the Health of Mothers and Babies in Idaho

Intendedness of Pregnancy

- More than one-in-three (34.4 percent) Idaho mothers¹ reported their pregnancy was unintended.

Income, Health Insurance, and Medicaid

- Among Idaho mothers, one-in-four (25.2 percent) reported an annual household income of less than \$15,000.
- 38.7 percent of mothers were uninsured prior to pregnancy.
- While 40.9 percent of mothers reported attempting to get Medicaid coverage during pregnancy, 34.3 percent reported Medicaid as a payment source for prenatal care and 37.7 percent reported Medicaid as a payment source for delivery.

Maternal Health and Safety

- 86.1 percent of mothers began receiving prenatal care during their first trimester.
- More than four-in-ten (42.5 percent) mothers regularly took a multivitamin in the month prior to becoming pregnant, and more than eight-in-ten (80.2 percent) regularly took a multivitamin during pregnancy.
- Among Idaho mothers, 43.4 percent received routine dental care during pregnancy.
- Nearly one-in-twenty (4.4 percent) mothers experienced physical abuse during pregnancy.

Maternal Substance Use

- Nearly one-in-five (18.3 percent) mothers smoked before pregnancy, and about one-in-twelve (8.4 percent) smoked during pregnancy.
- 40.6 percent of mothers drank alcohol prior to becoming pregnant, and 3.4 percent drank alcohol while pregnant.

Infant Health and Safety

- Three-in-four (75.6 percent) mothers reported placing their baby to sleep on his or her back.
- Almost nine-in-ten (88.6 percent) mothers indicated their baby's immunizations were up-to-date.
- 3.0 percent of mothers never took their baby for well-baby check-ups.
- 13.6 percent of mothers indicated their new baby was enrolled in the Children's Health Insurance Program (CHIP).

Breastfeeding

- More than nine-in-ten (91.6 percent) mothers reported they ever breastfed their baby.

Self-Reported Postpartum Depression

- 18.1 percent of mothers reported being moderately or severely depressed after pregnancy.

1. The term "mothers" refers to Idaho resident adult mothers (18 and older) who gave birth in Idaho.

Source: 2006 Pregnancy Risk Assessment Tracking System (PRATS)

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