

COMMUNITY CARE ADVISORY COUNCIL

April 26, 2016

Present:

- Steve Lish ((RALF IHCA Administrator), Chair
- Christine Pisani (Developmental Disabilities Council), Vice Chair
- Tamara Prisock (IDHW Director Designee)
- Leroy Smith (CFH Resident/Family Member Representative)
- Trinette Middlebrook, IDHW (Council Support)
- Kathie Garrett (Mental Health Advocate)
- Mary Blacker (CFH Provider Representative)
- Angela Eandi (DisAbility Rights Idaho)
- Rebecca Solders (CFH Representative)
- Kris Ellis (IHCA Executive Director Appointee)
- Eva Blecha (CFH Provider Representative)
- Pamela Estes (CFH Provider Representative)
- Keith Fletcher (RALF At-large Administrator)
- Charlene Pickering (IHCA Appointee)
- Doug Park (RALF Resident/Family Member Representative)
- Wanda Warden (CFH Provider Representative)

Teleconference or Video Conference:

Absent:

- Jim Varnadoe (RALF At-Large Administrator – DHW Appointee)
- Bryan Elliott (RALF IHCA Administrator)
- Cathy Hart (Idaho Ombudsman for the Elderly)
- Cathy McDougall (AARP)
- Elishia Smith (RALF Resident/Family Member Representative)
- James Steed (Non-voting Member, Future RALF Resident)

Guests:

- Jamie Simpson, IDHW
- Karen Vasterling, IDHW
- ~ 40 CFH Providers (sign in sheet available upon request)

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**Motion:** Adopt the April 26, 2016 agenda.

**So Moved:** Keith Fletcher

**Seconded:** Leroy Smith

**Vote:** Unanimous

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Motion: Adopt the January 26, 2016 minutes meeting as written.

So Moved: Tamara Prisock

Seconded: Mary Blacker

Vote: Unanimous

UNFINISHED BUSINESS

Membership – Steve, Chair

Tamara gave an overview of the opening and the interest of potential member, Doug Park serving in the Council.

- Motion:** To add Doug Park as a member as a RALF Resident/Family Member Representative.
- So Moved:** Mary Blacker
- Seconded:** Pam Estes
- Vote:** Unanimous

Doug Park joined the Council table and gave a brief history of his experience in manufacturing, change management and customer satisfaction. He is married to a lead nurse at an Assisted Living and he has Board and public service experience as well.

Therapeutic Stabilization and Transition Center – Cameron Gilliland

Tamara introduced Cameron Gilliland to present. Cameron is a Deputy Administrator for the Department's Division of Family and Community Services. He spoke of the history, cycle of Community-Crisis Teams-Southwest Idaho Treatment Center (SWITC) and the possibilities for the future to be determined by the Legislature.

Currently SWITC holds 25-30 people and the average stay is ~2 years. Seventy-five percent of the residents are male and 50% have significant legal issues. All are residents with Developmental Disabilities (DD) and difficult behaviors. The goal is a secure facility that maintains resident rights, even though the lack of restraints and fences becomes challenging.

Discussion brought up the need for On-Call Services 24 hours a day as many crises happen at time when Crisis Teams are unavailable. Training availability would be helpful for providers on how to deal with physical and mental behaviors.

- ACTION: Tamara, Karen Vasterling and Cam will look into training opportunity options.

Update on CFH Rules – Karen Vasterling

Karen gave a brief review of the rule change process. Negotiated rulemaking meetings are happening in May (May 10-Pocatello, May 20-CDA and May 24-Boise). Postcards will be sent to all CFH providers. The high level changes were noted below:

1. Program is looking to add Permanent waiver (i.e. windows, land phone line, etc.)
 2. Resident rights – privacy
 3. Incidental care supervision – now 4 hours/week if appropriate go to 8 hours/week.
 4. Fire, Life, Safety – Carbon monoxide alarms an added requirement, demonstrate evacuation in 3 minutes, once/month and difficult removals may be exempt for 2 inconsecutive months
 5. Admissions - changes will be compliant with State law regarding tenant/landlord.
 6. Karen gave CFHCC@dhw.idaho.gov email for any comments regarding the new proposed rules.
- ACTION: Wanda will send email to Tamara about provider concerns regarding elements of care. The email provided to Wanda was the ALC@dhw.idaho.gov.

Update on RALF Rules – Jamie Simpson

Jamie announced that the RALF program will do negotiated rulemaking for possible changes to IDAPA 16.03.22.225, Behavior Management to the Council and asked for feedback about how the rules could be clarified.

Negotiated Rulemaking meetings for the RALF program are scheduled for May 5-CDA, May 17-Boise, and May 31 Pocatello.

- Christine Pisani mentioned rule section 225 a & b and getting previous histories of residents and their releases, assessments...
- Kris Ellis thought the timeline/frequency was worthy of discussion for section 225 c.
- Any comments about potential rule changes in the area of behavior management may be sent to the ALC@dhw.idaho.gov email with a label of RALF so Trinette may be able to forward to Jamie.

RALF/UAI Subgroup Update – Keith

Keith Fletcher volunteered to be the lead for this subgroup and gave a brief review of the handouts/examples of 3 different assessment types that were provided to the Council members. He stated that sometimes his facilities give another assessment after a month because the situation may have changed since admission. The second assessment may offer a more comprehensive view.

- ACTION: This subgroup shall develop criteria for assessments and post sample assessments on the RALF web page.
- ACTION: Keith will make some recommendations of best practices. The finalized list to be determined by the subgroup will be posted on the RALF web page.

CFH Subgroup Update – Eva

Karen Vasterling provided a CFH checklist so that the Subgroup would be able to modify and post for the public's use. The subgroup determined that Wanda Warden would be the Lead for the CFH subgroup.

Motion: To establish subgroup to develop a CFH checklist on how to select a good CFH for potential consumers.

So Moved: Tamara Prisock

Seconded: Eva Blecha

Vote: Unanimous

- ACTION: Wanda Warden will gather feedback from participants.

Members include: Eva, Mary, Christine, Wanda, Kathie, Cathy and James.

CCAC Annual Report | Items to Include - All

Christine encourages a presentation of the annual report every year to the House and Senate H&W Committees. Include in the email a request to schedule the presentation.

- ACTION: Steve Lish will pursue the presentation to the congressional committees.

Items to include in next report:

1. Overview of the subgroups
2. Mental health issues and difficult behaviors
3. CFH rule changes for 2016 legislative session
4. Update on RALF rules and how that went

CFH Ongoing Training – Karen Vasterling

There are a few rule change recommendations.

- For each additional approved resident, 4 more hours of training is required in addition to the current 8 hour requirement.
- Training is required for each person that is a resident.
- Time spent gathering information about history/physicals for residents, counts as time applied as training. Questions to the pharmacist, doctor, PTs, HCBS.
- 4 hours of the training can be independent study. YouTube, etc.

RALF IDR Process – Jamie Simpson

Tamara gave a brief history and noted that these are the proposed changes similar to changes recently made to the IDR process for nursing facilities.

Jamie then reviewed the proposed changes. If deficiencies are overturned the survey will be reposted with an updated report or deleted from the website as appropriate.

- **ACTION:** All - Any inquiries shall be sent to the division email (alc@dhw.idaho.gov) with RALF IDR noted so the comments, inquiries may be routed easily.

Open Forum –

- Tamara noted that the Difficult Behavior Workgroup for long term and short term solutions are being developed.
- Long Term solution with Adult Regional Treatment Homes' regulatory authority is being worked out between Licensing & Certification and Behavioral Health.
- Short Term solution with the Idaho Small Provider Association (ISPA) – modified 'Safe & Sober' homes to 'Safe & Stable' allows for \$5.21 per resident/day with a cap of \$25,000. This is bridge funding to tie small providers over until change/funding can be standardized.

No comments/questions from visitors.

Motion to Adjourn: Keith
Seconded: Mary
Approved: Unanimous
Adjourned 3:50 p.m.

The next meeting is scheduled for July 26, 2016.