

# COMMUNITY CARE ADVISORY COUNCIL

July 26, 2016

## Present:

- Steve Lish ((RALF IHCA Administrator), Chair
- Christine Pisani (Developmental Disabilities Council), Vice Chair
- Tamara Prisock (IDHW Director Designee)
- Trinette Middlebrook, IDHW (Council Support)
- Kathie Garrett (Mental Health Advocate)
- Mary Blacker (CFH Provider Representative)
- Angela Eandi (DisAbility Rights Idaho)
- Rebecca Solders (CFH Representative)
- Kris Ellis (IHCA Executive Director Appointee)
- Pamela Estes (CFH Provider Representative)
- Doug Park (RALF Resident/Family Member Representative)
- Wanda Warden (CFH Provider Representative)
- James Steed (Non-voting Member, Future RALF Resident)
- Jim Varnadoe (RALF At-Large Administrator – DHW Appointee)

## Teleconference or Video Conference:

- Eva Blecha (CFH Provider Representative)

## Absent:

- Bryan Elliott (RALF IHCA Administrator)
- Cathy Hart (Idaho Ombudsman for the Elderly)
- Cathy McDougall (AARP)
- Elishia Smith (RALF Resident/Family Member Representative)
- Leroy Smith (CFH Resident/Family Member Representative)
- Keith Fletcher (RALF At-large Administrator)
- Charlene Pickering (IHCA Appointee)

## Guests:

- Jamie Simpson, IDHW
- Karen Vasterling, IDHW
- Erica Weber – RALF provider
- Melissa Wolfe – RALF provider

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**Motion:** Adopt the July 26, 2016 agenda.

**So Moved:** Jim Varnadoe

**Seconded:** Rebecca Solders

**Vote:** Unanimous

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**Motion:** Adopt the April 26, 2016 minutes meeting as written.

**So Moved:** Tamara Prisock

**Seconded:** Rebecca Solders

**Vote:** Unanimous

## UNFINISHED BUSINESS

### Open Forum – Steve, Chair

No one expressed an addition or change to the agenda.

### Unfinished Business

Full Membership – Steve – Introductions of James Steed and Douglas Park with brief histories and experience. Welcome James and Doug!

Past Action Items – Steve

Kris Ellis gave an update about the BSU survey.

- Action items dementia/behaviors, SB1341
- Subcommittee met last Friday.
- ‘Involuntary hold’ legislation

SWITC – Project 20/20 – Tamara, Karen and Cam Gilliland

- Will be identifying more training opportunities
- Identified some training resources
- Unknown cost for training
- Information will be posted on the CFH website

Update on CFH Rules – Karen Vasterling

Karen sent a Rulemaking notice to all providers regarding the Rulemaking meetings in Pocatello, Coeur d’Alene, and Boise.

- ACTION: Karen will send an electronic copy of the notice to Trinette for distribution to the Council.

Update on RALF Rules – Jamie Simpson

Jamie conducted Negotiated Rulemaking meetings for the RALF program for possible changes to IDAPA 16.03.22.225, Behavior Management.

The information gathered from those meetings includes the following highlights of feedback:

1. Consistency of write-ups regarding medications;
  2. Possibility of adding behavior specialists to RALF consultants;
  3. Need for training & clarification of rules, consulting in the industry;
  4. Work on the hesitation for facilities to take residents with Alzheimer’s and behaviors;
  5. Consistency is currently being addressed
- ACTION: Jamie will talk to and work with Cathy Hart regarding:
    6. Plain language for resident rights
    7. Post contact information for State ombudsman

Doug Park noted that distressing behaviors are not only from residents but also sometimes from staff and caregivers.

- ACTION: Doug volunteered to look for ways to put “People First” in regards to facilities.
- ACTION: Kris Ellis will provide IHCA video.
- ACTION: Steve Lish will extend an invitation to Nina R. Ferrell, MA of Salt Lake Behavioral Health to present to the Council on the topic of difficult behaviors and what Utah is doing to address them. Trinette gave contact information to Steve during the meeting.

RALF/Assessment Subgroup Update – Keith

Keith was unable to attend this Council meeting. There is no update or date set for the next meeting.

*Members include: Keith, Cathy, Kathie, Christine, Tamara, and Jim.*

#### CFH Checklist Subgroup Update – Wanda

Wanda Discussed the feedback she gathered from her residents and her children as residents in a CFH household. She reviewed some highlights and hopes to have a handout for the next meeting.

*Members include: Eva, Mary, Christine, Wanda, Kathie, Cathy and James.*

- ACTION: Wanda’s goal is to provide a handout regarding the feedback for the October meeting.

#### CCAC Annual Report | Items to Include - All

Christine encourages a presentation of the annual report every year to the House and Senate H&W Committees. Include in the email a request to schedule the presentation.

Items to include in next report:

1. Overview of the subgroups.
2. Mental health issues and difficult behaviors.
3. CFH rule changes for 2016 legislative session.
4. Update on RALF rules and how that went.
5. Note that many of the smaller RALFs that catered to behavioral difficulties are closing. Quantify the potential reasons for closures.
6. Improvement of the Council participation.
7. Difficulty in finding qualified staff for facilities and continued training.
8. Articulate factors impacting RALFs and the “up & awake” staff requirements.

#### RALF IDR Process Update– Jamie Simpson

Jamie gave a brief review of the changes to the IDR process. The notable changes are:

1. There are 3 providers, 1 department staff, 1 advocate
2. The provider gets 30 minutes to present. The department staff get 15 minutes.

#### Choice and Community: Seeking the Voice of Adults with DD – Christine

Christine reviewed the findings in the handout of the same title as above. In 2019 the survey administrators hope to contact the same participants to gather more data from the time that had lapsed.

#### Open Forum –

- Two RALF administrators attended and spoke to the behavior, personality and cost issues that they have faced in running their 3 RALFs. The insight was welcomed and encouraged by the Council. Contact information was exchanged.

**Motion to Adjourn:** Mary  
**Seconded:** Pam  
**Approved:** Unanimous  
**Adjourned 3:41 p.m.**

The next meeting is scheduled for October 25, 2016.