

Children's Residential Care Licensing Unit Highlights

Idaho Department of Health & Welfare Division of Family and Community Services

What is EAP and EAL?

Equine Assisted Psychotherapy incorporates horses experientially for emotional growth and learning. It is a collaborative effort between a licensed therapist and a horse professional working with clients and horses to address treatment goals.

EAP is experiential in nature. This means that participants learn about themselves and others by participating in activities with the horses, and then processing (or discussing) feelings, behaviors, and patterns.

EAP is a powerful and effective therapeutic approach that has an incredible impact on individuals, youth, families, and groups. EAP

addresses a variety of mental health and human development needs including behavioral issues, attention deficit disorder, PTSD, substance abuse, eating disorders, depression, anxiety, relationship problems and communication needs.

Equine Assisted Learning (EAL) is similar to EAP but the focus is on learning or educational goals. EAL still involves the team of mental health professional and horse professional working with the clients and horses.

Naturally intimidating to many, horses are large and powerful. This creates a natural opportunity for

some to overcome fear and develop confidence. Working alongside a horse, in spite of those fears, creates confidence and provides wonderful insight when dealing with other intimidating and challenging situations in life.

Kudos to our licensed facilities that utilize these tools with children in care.



For more information on EAP, EAL, and the EAGALA Model please visit the links below:

<http://www.eagala.org/>

<http://www.equine-psychotherapy.com/equine-assisted-therapy.html>

<http://psychcentral.com/lib/equine-assisted-psychotherapy-healing-therapy-or-just-hype/0001423>

<http://www.du.edu/socialwork/programs/oncampus/twoyear/certificates/aaswcertificate.html>



RULE REVIEW 16.06.02 573

Non-Violent Physical Intervention

16.06.02 573 .05 Prohibition of Prone Restraint

All licensed Children's Residential Care Facilities and Agencies must have a policy that prohibits the use of prone restraints.

Recently there has been some inquiry, confusion and discussion regarding just what a prone restraint is.

In the medical model a prone restraint has typically referred to a restraint where the person being restrained is laying flat on the ground, face down. In some arenas, a prone restraint can refer to a person being "walled", where they are in a standing position with pressure being applied to them as they stand next to a wall.

And in some instances a prone restraint has meant any

position where the person is in any laying down position and pressure is being applied to their chest, back, torso, head or legs.

Idaho Department of Health and Welfare Child Care Licensing defines a prone restraint as the following:

1. Any laying down position (back, stomach, side) regardless of whether or not pressure is being applied to the body.
2. Walling a person or forcing a person in a standing position to be pressed against a wall.

Most Nationally Recognized Training Programs offer some type of prone restraint training. This section of the training is not approved for Idaho Child Care licensed facilities or agencies.

Did you know....

Unless otherwise exempted, all public records in the custody of the Department are subject to disclosure.

This means that Facility and Agency records like the 500, 600,700 and 800 Studies, the applications, the Deficiency Statements and Plans of Correction and any investigations are subject to disclosure through the public records request process.

Academy Ranches	Daybreak Canyon	Northwest Children's Home
Anchor House	Elk Mountain Academy	Northwoods 1 & 2
A New Beginning	Gustafson House	Novitas Academy
Bannock House	Harmony House	PATH
Bingham County RTC	Hays Shelter	Patriot Center
Bannock Youth Foundation	Hope House	Project Patch
Blue Fire	Idaho Youth Ranch	Safe House
Boise Girls Academy	IYR Adoptions	Schrom Home for Boys
Boulder Creek Academy	Innercept 1 & 2	Sequel/Hayden
Casey Family Programs	InnerRoads	Sequel/TSI
CASI	Kinderhaven	St. Dominic School
Cherry Gulch	LDS Family Services	Syringa House
Christian Children's Ranch	MK Place	Teton Peaks
Children's Village	Northwest Academy	Treasure Valley Transition

Contact Licensing

Kelle Johnson (208) 334-0662 johnson2@dhw.idaho.gov

Brent Porges (208) 334-5920 PorgesB@dhw.idaho.gov