IS SELF DIRECTION THE RIGHT CHOICE?

THESE ARE SOME QUESTIONS THAT INDIVIDUALS CAN ASK THEMSELVES, THEN DECIDE.

- Am I ready to take control of my own life?
- Am I ready to help develop and follow a support and spending plan?
- Am I ready to be a boss, hiring and managing the people I choose to give me support?
- Am I ready to follow and manage my budget account?

If you are eligible for the Medicaid Developmental Disabilities waiver you may be able to choose My Voice My Choice, Idaho's Self Direction option.

To see if My Voice My Choice is right for you check out www.selfdirection.idaho.gov or call 1-866-702-5212





Costs associated with this publication are available from the Idaho Department of Health and Welfare



SELF DIRECTION VOICE CHOICE

Self Direction is a choice for Individuals who are eligible for the Medicaid Developmental Disabilities Waiver. This option is about choice and freedom to manage their lives.

Individuals don't have to do it alone. They will have as much or as little help as they need from a support broker, circle of support and a fiscal employer agent (FEA). It's their choice. Individuals will have an individualized budget, create a support and spending plan, hire workers, and buy goods and services.

Individuals will agree to follow four guiding principles:

- 1 FREEDOM to plan their lives
- **2 CONTROL** over their Medicaid dollars to buy supports and services
- **3 SUPPORT** to become involved in their communities
- 4 RESPONSIBILITY for their choices and decisions

If Individuals find that Self Direction is not the way they want to plan for and get their services, or if Self Direction doesn't work for them, Individuals can still get their services in the traditional way.

SELF DIRECTION

SUPPORT BROKER

Individuals hire a Support Broker to help them identify their needs and create a support and spending plan. The Support Broker can help Individuals with other duties such as finding and hiring community support workers and reviewing their monthly budget account report.

CIRCLE OF SUPPORT

Individuals pick people who help and encourage them with the choices they make. In the Individual's person-centered planning process, the Circle of Support helps them identify their goals and needs.

SUPPORT AND SPENDING PLAN

Individuals with help from their support broker and circle of support create a plan that guides them to reach their goals. The plan lists all of the services, supports and goods they need.

FISCAL EMPLOYER AGENT (FEA)

Individuals sign up with a FEA to help them pay for their supports, services, and goods. The FEA will take care of the government paper work and pay taxes related to hiring support workers. The FEA will keep track of the dollars in the Individual budget account and send a monthly statement.

INDIVIDUALIZED BUDGET

Individuated Budgets are set the same way, whether the Individual chooses self direction or chooses the traditional way to get services.

