

Diabetes

Hypoglycemia Management

Diabetes

- Increasing prevalence
- Recent citations relating to hypoglycemia management
- 2 citations at the Immediate Jeopardy level

Standards

- ADA maintains Standards of Medical Care in Diabetes
- www.care.diabetesjournals.org/cgi/content/full/31/Supplement
- See handout

Hypoglycemia

- Defined as blood glucose < 70 mg/dl
- Treat with carbohydrate that contains glucose (15-20 g)
- After 15 minutes, recheck BG. If still under 70, repeat treatment
- Once BG returns to normal (>70), give a meal/snack

Hypoglycemia

- Requires treatment or MD order to NOT treat

Facility Policy

- Make sure your facility policy matches the ADA Standard
- For each resident on insulin, get MD order to either follow your policy or get a specific order for hypoglycemia management

Documentation

- Document - specific interventions
- Document - follow up blood glucose levels
- Document - presence or absence of related symptoms, i.e., confused, weak, shaky
- Meal and snack intake percentages

MD Notification

- Make sure your policy addresses this or you have a specific order on parameters for MD notification
- Document MD notification
- Do chart audits to monitor