## Elegant Residential Assisted Living, Inc – Best Practice – Food Service



Dear Jamie,

Thank you for asking Elegant Living Inc. for some best practice information on our food services. Our menu is a typical menu that people would have at home. Such items include: Spaghetti, pot roast, tuna and beef casseroles, enchiladas, lasagna, steak, pork chops, taco's and many more items. Our menu has been reviewed by two dietitians and approved. Evevanne Hottel, registered dietitian with Excal at Health and Wellness was the last to review it.

We at Elegant feel everyone should get to eat a variety of meats to include steak as they would at home. Our Resident's have commented on our food over and over. It is excellent!!

Yes! Most of our Resident's, (90%) are on Medicaid. However, if you watch for sales and purchase in bulk, you can then continue to feed the resident's what they had at home. We at Elegant are not going to hold back on meals in order for profits to increase. Our profit is small compared to others facilities, but we always have people waiting to live here. It's all about the name. We can not call it Elegant Living if the services and food do not coincide with the name. NO doubt we do have a high food bill but it should be if your care is going to be the best.

We at Elegant Living wish to set the standards in this industry and be a leader in this field of care.

Pat T. Rowley, Administrator **Elegant Assisted Living** 1256 Wright Street Pocatello, Idaho 83201

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The thing I like best about Elegant Assisted Living is that what you see is what you get. There are no hidden surprises. The first thing you notice is the over all appearance of the facility. It looks clean and fresh. The colors are bright and cheerful. The management and staff always greet you with a big smile and they are always happy to see people coming to visit their family and friends.

There are always residents in the main lobby who are watching TV, visiting with each other or just enjoying the fireplace.

Many of the other health care facilities I've been involved with look bad, smell worse, and seem to be a place where people are admitted and then forgotten. The food at Elegant is remarkable and even with the dietary requirements, it looks, smells and tastes great. There is always plenty for the residents to eat and lots of little surprises like pizza, ice cream, cookies and cake.

The residents' rooms are always clean and comfortable and they don't have to share a room. They can have it as warm or cool as they please and there are no noise restrictions from their TV's.

The management and staff are always asking how they can make things better for their residents. Health care is more than a job to these people. They really do care. This is a great comfort for us to know that our loved ones are being cared for and respected as they deserve in this time of their lives.

Thanks Pat Rowley and staff for all you do. We appreciate it more than words can say.

Family of Earl Olsen