

## Assisted Living/ Residential Care Industry Consultants

Name	RCA	RN	Education	Other Licenses	Specialty	Travel Area	Years AL Experience/ Position	Related Experience	Contact Information
Garda Cuthbert		N-10021		Licensed nursing home administrator: CNHA #422		Willing to travel all of Idaho	Assisted Living Consulting in 6 different facilities: Kootenai Consultant 12/14/05 to 3/21/06 30 hrs/week Kootenai Consultant 10/29/05 to 2/23/06 5 hrs/week Boundary Consultant 9/22/06- continuing 5 to 7 hrs/week Kootenai Contract/Consultant 3/7/06-continuing 3 hrs/week Kootenai Consultant 3/7/07-3/09/07 23 hours Kootenai Consultant 3/06/07 5 hours	10 years experience as a Nursing Home Administrator, some as an interim administrator. Also worked as a traveling nurse consultant for long term care for 10 years. Professional writer in the health care field.	Cuthbert@usamedia.tv 208-753-1281
Sawaya & Associates  Jan Bower, RN, RCA	RCA-1750	Idaho N10863				Jan Bower willing to travel all of Idaho	Provided nursing oversight and nursing services to AL communities in the Boise and surrounding areas from 2008 – present. Administrator and RN to 30 bed community from 2010-2016. Current administrator's license.	Legal Nurse Consultant 2001 – present (ID, CA, NV, AZ, TX) Level 1 Certified Investigator	Sawaya & Associates  Jan Bower 2019 North 9th Street Boise, Idaho 83702  208-921-8494 jbower@sawayalegalnurse.com
Tracy Hulse	RCA-136		BA Secondary Education Social Science			Willing to travel in Southern Idaho	Administrator of AL's for 17 years in the communities of Twin Falls and Buhl. I have been an owner operator for 13 years of two small AL facilities.	I have been a member of the Idaho Assisted Living Association for many years. I have been on the Board of Directors for over 7 years and was the IDALA President 2006-2007. I have sat on special group interests concerning assisted living and am a big part of legislation efforts. I know the rules and regulations and have consulted several facilities over the years	Tracy Hulse 208-543-6774 208-731-6774

Laree Dunn, RN, BSN	RCA-1927	RN-22236		NHA-635 CLNC (Certified Legal Nurse Consultant) Level One			3 Years in assisted living as administrator interim and consultant	3 years ad Director of Clinical Services in long term care 25 years in long term care as Director of Nursing and Administrator	dlnldunn@cableone.net 208-220-1239
Sheila S. Beesley-Smith		N24745	ASN 1995 Boise State University  RN to MSN Program ISU; In process	*WA RN00133706 *MT NUR-RN-LIC 45504 *Registered Medical Assistant: ID 245396	*Nursing Delegation *Quality of Resident Care *Quality of education for personnel caring for the elderly *Regulatory compliance ; Idaho, Washington, Oregon and Montana		*20 years as a registered nurse *15 years as a nurse specializing in assisted living *10+ years as a regional nurse consultant with emphasis on quality resident care & regulatory compliance in Idaho and Washington *2012 received the award for Regional Director of Quality and Care Management for the West Division/Assisted Living Concepts a.k.a. Enlivant	*Approved Idaho State Board of Nursing Assistance with Medications Instructor *Approved Instructor CWI/CAN Program Approved Instructor CWI Medical Assistant Program *2011 participated on the Technical Committee for the Idaho Health Care Association Residential Care/Assisted Living Administrator Course Washington State; Nurse Delegation Trainer since January 2003 Outstanding Student Award for Academic Achievement, Department of Nursing, Boise State University, May 1995	ssbeesley@yahoo.com  208-867-0946
Scott Jenkins	RCA-81		Business Degree-AS 2 Years additional college credit				24 years as an assisted living Owner/Administrator		scottjenkins888@gmail.com  208-866-4676
Brian Elliott	RCA-309		BA History			Willing to travel all of idaho	20+ years as an administrator in the Boise area	Served on Idaho Assisted Living Board. Currently serve on Alzheimer's Association Board. Served on Community Care Advisory Council.	bjetastic@outlook.com  208-867-9541

<p>Five Star Consulting</p> <p>Anita Burdick</p>	<p>RCA-1072</p>	<p>RN 21877</p>		<p>Licensed nursing home administrator: NHA572</p>		<p>Willing to travel to all of Idaho</p>	<p>I have been an AL administrator since 1998 and have had the pleasure of running two large AL's in Twin Falls, Idaho for 9 years. During that time, I also acted as the RN for the buildings when there was an opening of rthe RN was on vacation, etc.</p>	<p>Anita Burdick has been a nurse for 30 years. A Director of Nursing for 8 of those years, a Staff Development Coordinator, MDS Nurse, Charge Nuse and a Nursing Home Administrator for 8 years.</p> <p>I have practiced in the Post Acute Care field for my entire career.</p> <p>I am active in the Idaho Health Care Association and teach the resident care portion of the AL Administrator's Course. I also teach the leadership module for the Directors of Nursing couse.</p>	<p>Five Star Consulting 1956 Falls Avenue East Twin Falls, Idaho 83301</p> <p>anitaburdickRN_LNHA_RCA@yahoo.com Anita Burdick 208-308-2052</p>
<p>Five Star Consulting</p> <p>Lea Stoltz</p>				<p>Western Massachusetts School for Practical Nursing (Not current)</p>	<p>Behavior Management Over 36 years experience providing services at the Director level to individuals with cognitive and mental health concerns.</p> <p>Have received specialized training in all aspects of behavior management, including Gentle Teaching, Social Role, Valorization and Applied Non-Violent Intervention.</p>	<p>Willing to travel</p>		<p>12 years experience as a surveyor in both ICF and LTC Programs</p>	<p>stoltzlea@yahoo.com Lea Stoltz 208-468-9404</p>

Amy Rackham	RCA-1653					Willing to travel all of idaho	8 years experience as an administrator		208-270-9021
Stacy Gunnerson	RCA-1893			Colorado AL Administrator		Willing to travel all of idaho	19 years. I have worked every position in this industry from Caregiver to Director of Sales to VP of Operations.	BSU Leadership Certification, CPA and First Aid Instructor Trainer, Dementia Certified through the Alzheimer's Association Staff Training and Development, Leadership, Compliance, Quality Control, Risk Management, Sales and Marketing, Policies and Procedures, etc.	stacy.gunnerson@gmail.com 208-724-1847
Linda M. Vestal	RCA-337						20 years experience		vestal@palouse.com 509-595-1198
Theresa A. "Terri" Pendleton	RCA-419	RN since 1976	BSN from Idaho State University, 1976 MSN in Community Health Nursing with emphasis in Business, 1993 from University of Portland				Current RALF business owner and administrator since 2000. Build 3 facilities from property purchase to turnkey operations in South Central Idaho. I like to teach and help others to be successful.	LTC charge nurse, medical floor nurse, office nurse, 7 years dialysis nurse, 11 years senior public health nurse, 17 years RALF nurse. Have served on Idaho Bureau of Occupational Health and Board of Residential Care	<a href="mailto:Desano04@hotmail.com">Desano04@hotmail.com</a> <a href="tel:208-420-2599">208-420-2599</a>
Mary Egeland	RCA-2016		Business Admin Degree, Completion of LTC AIT program waiting to test for NAB				Currently working as a SR. ALF Executive Director. In the industry since 2015. I have worked w/ buildings on survey corrections in Idaho, Oregon, & WA. I'm in the process of completion of the LTC AIT program. Previous to this industry I was a business owner for 8 years.		<a href="mailto:megeland99@gmail.com">megeland99@gmail.com</a> 208-305-4080

Caroline Young	RCA-1186			Utah Administrator		South East Idaho and Northern Utah	2002 - Current, Regional Director of Operations, Administrator, Assistant Administrator	Leadership training, implementation of quality assurance program, development of policies and procedures. Alzheimer's Caregiver Support Group facilitator.	chanson.gables@gmail.com 208-206-7912
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