Gold and Silver Awards…………………………Page 2

Read which Residential Care and Assisted Living facilities received awards for minimal (or no) deficiencies on recent surveys!

Food Protection Manager Training…………….Page 3

Residential Care and Assisted Living Surveyor Lisa Bennett compiled this article to share information related to the new Idaho Food Code requirement for a certified food protection manager.

Office of Performance Evaluation (OPE)………Page 4

Find out where to locate the OPE report regarding assisted living, nursing homes and children’s residential care programs. We also are asking for your assistance in clarifying answers regarding rule interpretations for assisted living providers.

Professional Licensing Information………………..Page 4

Information regarding an executive order that may affect your professional license.

Assisted Living Myths - Busted!.......................Page 5

This section, compiled by the Residential Care and Assisted Living Surveyors, addresses topics in assisted livings that are frequently misunderstood.
## Gold and Silver Awards

### ~ Gold ~

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<thead>
<tr>
<th>Facility</th>
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<th>Date</th>
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<tr>
<td>Edgewood Spring Creek Boise, LLC</td>
<td>Taylor Davis</td>
<td>11/09/17</td>
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<tr>
<td>Sage Grove Assisted Living</td>
<td>Amy Rackham</td>
<td>1/12/18</td>
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<tr>
<td>Ashley Manor Care Centers, Inc. - Highmont</td>
<td>Jodi Howard</td>
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<td>R&amp;V Assisted Living, Inc.</td>
<td>Christy Watson</td>
<td>12/1/17</td>
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<td>Meyer Manor II</td>
<td>Shirlie Meyer</td>
<td>12/12/17</td>
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<td>Touchmark at Meadow Lake Village - Elkhorn Lodge</td>
<td>Shelly Henderson</td>
<td>1/5/18</td>
</tr>
<tr>
<td>Edgewood Spring Creek Meridian, LLC</td>
<td>Bryan Elliot</td>
<td>1/31/18</td>
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</table>
Per the Idaho Food Code, beginning July 1, 2018, at least one employee must be certified as a *Food Protection Manager*. This employee must have supervisory and management responsibility as well as the authority to direct and control food preparation and service. This person must successfully complete (with a passing score) an accredited program recognized by the Conference for Food Protection.

Believe it or not, summer is just around the corner and the July 1, 2018 deadline will soon be upon us. The surveyors have researched and taken some of the educational programs and are sharing this information with you in the hopes of helping your facilities decide how to best meet this new certification requirement. Here is what we found:


- **360 Training** ([https://www.360training.com/food-beverage-programs/food-protection-manager-certification](https://www.360training.com/food-beverage-programs/food-protection-manager-certification)): The closest testing center we found when doing our research was Baker City, Oregon; none of the surveyors ventured out-of-state for this option.

- **National Registry of Food Safety Professionals** ([https://www.nrfsp.com/exam-center/manager/](https://www.nrfsp.com/exam-center/manager/)): This site offers the ability to print out all materials, quizzes and pre-tests to study. The proctored testing is through Pearson VUE and there were many test dates and sites available.

- **National Restaurant Association/ServSafe** ([https://www.servsafe.com/ServSafe-Manager/Get-Certified](https://www.servsafe.com/ServSafe-Manager/Get-Certified)): This website offers both online study and proctored testing at various locations. They also offer full day classroom lecture format followed by paper testing at the end of the day.

Please know the Idaho Department of Health & Welfare does not endorse or recommend any specific program. Certification from a nationally accredited program that offers a *Food Protection Manager* course will meet the new Idaho Food Code rule.

Other sources for nationally-accredited certified *Food Protection Manager* courses include:

- **State Food Safety** - [https://www.statefoodsafety.com/](https://www.statefoodsafety.com/)
- **Premier Food Safety** - [http://www.premierfoodsfafety.com/](http://www.premierfoodsfafety.com/)

Additional resources on this topic can be found under the heading of “Food Safety Training” at the following website:

Dear Administrators:

The Office of Performance Evaluations (OPE) has recently completed an evaluation of hard to place adults and of the survey process for nursing homes, assisted living facilities and children’s residential care.

You may have provided feedback on their questionnaire. If so, I appreciate your participation in the survey. Your responses help our Division identify areas where we can improve. Our team is committed to ensuring the assisted living survey process is fair, outcome based and transparent. We are currently evaluating the recommendations contained in the OPE report. Here is a link to the report: https://legislature.idaho.gov/ope/reports/r1801/

Of significant concern to me was the number of respondents who felt surveys were not consistent. I am asking for your assistance in addressing this issue. Please send me an email, framing your question in a yes/no format, regarding any rule for which you have been provided an inconsistent interpretation. The reason I ask them to be framed in a yes/no format is so they can be answered clearly and added into the frequently asked questions document for everyone to review. Please send the email to ralf@dhw.idaho.gov, with “Rule Interpretation” in the subject line. We will answer your question in writing and then add them to the frequently asked question document. This will ensure a consistent interpretation moving forward. I appreciate your assistance with this and look forward to hearing from you.

Thank you for your continued participation in the Residential Assisted Living Facility Program in Idaho.

Professional Licensing Information

If you are currently licensed as a professional, i.e., residential care administrator, nurse, social worker, etc., be aware there was an executive order issued to review the occupational licensing boards. See the executive order at: https://lgo.idaho.gov/wp-content/uploads/sites/13/2017/05/Lt.-Governor-Little-Release-Licensing-Freedom-Act-5.19.2017.pdf

You can comment on your board page regarding the licensing process for your profession in Idaho:

- Residential Care Administrator Board: https://ibol.idaho.gov/IBOL/BoardLFA.aspx?Bureau=RCA

- Board of Nursing: https://ncsbn.qualtrics.com/jfe/form/SV_eDUQYnhihy4vBw9

If you have questions about the executive order, please contact your board directly.
Assisted Living Myths—Busted!

Myth #1: Kool-Aid is prohibited in assisted livings.

IDAPA 16.03.22 does not exclude any one food or beverage item from assisted living use. Idaho Food Code includes additional guidance and requirements for certain foods, such as raw eggs; however, no food or beverage item is specifically excluded from being served in an assisted living.

Myth #2: During an incident that requires reporting to Licensing and Certification, Licensing and Certification must be contacted FIRST; even before a call to 911.

IDAPA 16.03.22.350.07 documents, “When a reportable incident occurs, the administrator or designee must notify the Licensing and Survey Agency within twenty-four (24) hours of the incident.” Given the amount of time the facility has to report to Licensing, a phone call to the facility nurse, and 911 in emergency situations, should be made first.

Myth #3: “Adaptive Alzheimer’s clothing” is a good solution for residents who often disrobe.

IDAPA 16.03.22.012.04 defines a physical restraint as “Any device or physical force that restricts the free movement of, normal functioning of, or normal access to a portion or portions of an individual’s body except for treatment of a medical condition.” Restricting an individual’s access to their own body would NOT be allowed in an assisted living. Assisted living residents have the right to be free from physical restraints per IDAPA 16.03.22.550.10.

Myth #4: Assisted living employees are not allowed to provide residents assistance with eating.

IDAPA 16.03.22.430.05 documents “The following are basic services to be provided to the resident by the facility within the basic services rate: ...d. Activities of daily living services…” IDAPA