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August 30, 2011

Why Managed Care for Medicaid Mental Health?

- Limited financial resources
- Limited provider resources
- Rapidly rising costs for care
- Limited control over cost
- Desire for the greatest ‘value’ from the available resources

Take Home Messages

1. It is best to separate referral/approval process from the provider of services
2. The Medical Home model provides value to both consumer and payer
3. Most mental health issues can be managed in the Medical Home, with support from specialists
4. Coordinated care is extremely valuable to assist families and providers

5. Education and training can increase provider capacity within the mental health system
6. Timely access is important, allowing providers to address issues when they are less severe and when patients are most motivated to change
7. MATCH model provides a way to maximally utilize limited resources

Take Home Messages

What is a Primary Care Medical Home?

- Patient-centered – Patient/Family as Partners
- Timely access to care
- Incorporates the benefits of technology
- Wellness-focused
- Coordinated Care
- Has been shown to better control cost, improve quality of care

What is St. Luke's Children's MATCH Program?

- Child Psychiatry Consult Service.....**Broker**
- Family Coordinator.....**Guide**
- Education/Mentoring.....**Train**
- Serves non-emergent patients referred by a participating primary care physician
- Focused support for families and primary care practices

St. Luke's Children's MATCH Program

Broker

- Contract with community Child Psychiatrists who provide a small number of monthly appointments
- Single consultation for diagnosis and assessment
- Psychiatrists develop a Treatment Plan
- Treatment Plan is communicated to the Family, Primary Care Provider, and MATCH
- Psychiatrists are available to PCP for additional consultation by telephone if needed

Guide

- Initial referral is generated by PCP after they have assessed the concern and feel consultation is warranted
- Family Coordinator guides the family from the PCP through the consultation and back to the PCP
- Assists the family with "Pre-work" for the appointment
- Maintains contact with the family to improve compliance with the consultation
- Assists the family and PCP in identifying and obtaining recommended MH resources

Train

- Monthly education sessions directed to PCP
- Topics include Diagnosis, Evaluation, Management of Mental Health problems in children and adolescents
- Highlights and educates about available community resources
- Annual Conference on Children's Mental Health
- Brings the Psychiatrist and PCP's together
  - Ongoing mentoring
  - Coordinate care
  - Builds capacity to help other children, often without formal consultation

Summary

- Patient and Family present to their PCP
- If warranted, Family is referred to SLC MATCH Program
- Concerns are clarified and appointment arranged with child psychiatrist
- Information gathered as requested by psychiatrist
- After the consultation a treatment plan is developed and communicated
- Patient and Family return to PCP and treatment plan is implemented with the help of SLC MATCH

St. Luke's Children's MATCH Program

History

- Began as a pilot project in 2005
- Community partners including both hospitals, DHW, Children's Home Society of Idaho, Idaho Federation of Families for CMH, Physicians and Families
- Became part of St. Luke's Children's Hospital in 2011
- Currently serves over 50 primary care physicians in Ada, Canyon and Elmore Counties
- Have served more than 500 families
- Enthusiastically appreciated by families and physicians

How does St. Luke's Children's MATCH Program help manage resources effectively?

- Augments the Medical Home – actually increases PCP comfort and capacity
- Helps families (and physicians) navigate the Mental Health System
- Care is provided by less costly and more available resources
- More rapid access to consultation and to services
- Avoids escalation and costly use of emergency department
- Independent assessment
- "Value-added" to Family, to PCP, and to Payer

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