Important Information: True Blue Special Needs Plan for Dual Eligibles

Who Are Dual Eligibles?

Dual-eligible individuals receive both Medicare *and* Medicaid coverage. They must qualify for Medicare and Medicaid separately. There are approximately 22,687 (11/2013) dual-eligible individuals in the state of Idaho.

What Is Coordinated Care?

The coverage and integration of Medicare and Medicaid benefits through one entity, which means:

- One set of comprehensive benefits: primary, acute, prescription drug, and long-term supports & services
- One accountable entity to coordinate delivery of services
- A single care management team that develops care plans and coordinates care
- Health care decisions are based on beneficiary needs and preferences to promote improvement in health and quality of life
- One ID Card

Why Have Coordinated Care?

Dual-eligible individuals make up 10% of Idaho's Medicaid population but require 29% of the Medicaid budget. IDHW is joining the majority of states across the US to look for innovative solutions to coordinate benefits and manage costs. The typical dual-eligible individual has more than four times the expenditures than Medicare-only beneficiaries.

The main goal of coordinated care is to help Idaho dual-eligible participants stay healthy and in control of their lives by offering them complete health care and social services.

Does Idaho Have a Plan That Coordinates Benefits?

Yes! The Medicare Medicaid Coordinated Plan (MMCP) is administered by Blue Cross of Idaho (BCI). The name of the plan is the True Blue Special Needs Plan and is designed as a special needs plan to address participants' specific needs and to provide participants their own care coordinator to serve as a central point of contact.

What Does the True Blue Special Needs Plan Cover?

The True Blue Special Needs Plan covers all medically-necessary and preventive services covered under **Medicare** Part A, Part B, and Part D prescription drug coverage as well as additional services covered by **Medicaid**. True Blue also covers ***additional services over and above*** original Medicare/Medicaid such as:

- Care Coordination
- Dental
- Vision
- Call-in 24-Hour Nurse Line
- Fitness Benefit

What Is a Care Coordinator?

A care coordinator serves as the participant's central point of contact. Care coordinators ensure a participant receives the right care and information, while working directly with the participant's family and healthcare provider. Care coordinators are an essential part of the participant's care team: a small group made up of the participant, a designated family participant, and a physician.

If a Participant Enrolls In the MMCP Do They Have To Stay In It?

No. Participants can enroll or disenroll from the True Blue Special Needs Plan on a monthly basis. Enrollment or disenrollment is effective the first of the month following the request.

How Do Our Participants Enroll In the MMCP?

The participant calls Blue Cross of Idaho and asks to enroll in the True Blue Special Needs Plan. *It's that easy*! Call 1-888-494-2583.

Is the True Blue Special Needs Plan Available To All Participants?

The True Blue Special Needs Plan is available in the following counties:

Ada, Adams, Bannock, Benewah, Bingham, Blaine, Boise, Bonner, Bonneville, Boundary, Canyon, Caribou, Cassia, Clark, Elmore, Fremont, Gem, Gooding, Jefferson, Jerome, Kootenai, Latah, Madison, Minidoka, Nez Perce, Oneida, Owyhee, Payette, Power, Shoshone, Twin Falls, Valley, and Washington counties.

The Future Is Bright!

Current options being considered for 2014 are to expand the covered benefits in the current True Blue Special Needs Plan to provide nearly the full spectrum of Medicare and Medicaid benefits. In 2015, it is anticipated there will be multiple plans offering MMCP services to participants statewide.