

Medicare Medicaid Coordinated Plan (MMCP) FAQ's

What is the MMCP?

The Medicare Medicaid Coordinated Plan is a health plan that coordinates Medicare benefits as well as most of the Medicaid benefits plus some supplemental services.

Why does Idaho have the MMCP?

Medicaid was legislatively mandated to find a solution for the high cost of Dual's healthcare. Dual-eligible individuals make up 10% of Idaho's Medicaid population but require over one third (1/3) of the Medicaid budget. IDHW is joining the majority of states across the US to look for innovative solutions to coordinate benefits and manage costs. The typical dual-eligible individual has more than four times the expenditures than Medicare-only beneficiaries.

Who Are Dual Eligibles?

Dual-eligible individuals are 21 years of age or older and receive both Medicare (Parts A, B and D) and Enhanced Medicaid coverage. There are approximately 26,000 dual-eligible individuals in the state of Idaho.

What Is Coordinated Care?

The coverage and integration of Medicare and Medicaid benefits through one entity, which means:

- § One set of comprehensive benefits: primary, acute, prescription drug and long-term supports & services
- § One accountable entity to coordinate delivery of services
- § One care management team that develops care plans and coordinates care
- § Health care decisions are based on beneficiary needs and preferences to promote improvement in health and quality of life

The main purpose of Coordinated Care is to help Idaho Dual-Eligible participants stay healthy and in control of their lives by offering them complete health care and social services

Who administers the MMCP?

Idaho has two health plans that administer the MMCP

Blue Cross of Idaho offers the *True Blue Special Needs Plan* (their program name for the MMCP) in the following counties:

Ada, Bannock, Bingham, Bonner, Bonneville, Canyon, Kootenai, Nez Perce, Twin Falls

Boise, Boundary, Cassia, Clark, Elmore, Fremont, Gem, Jefferson, Madison, Minidoka, Owyhee, Payette, Power

Molina Healthcare of Idaho offers *the Molina Medicare Options Plus* (their program name for the MMCP) in the following counties:

Ada, Bannock, Bingham, Bonner, Bonneville, Canyon, Kootenai, Nez Perce, Twin Falls

Is this the same Molina that works with Idaho Medicaid to pay provider claims?

The two companies are separate. Molina Healthcare of Idaho shares the same parent company but they are a health plan based out of Utah.

What Medicaid services does the MMCP Cover?

The True Blue Special Needs Plan covers all medically-necessary and preventive services covered under Medicare Part A, Part B, and Part D prescription drug coverage as well as additional services covered by Medicaid, including:

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| § Hospital | § Personal Care Services |
| § Medical | § Developmental Disability Targeted Service Coordination (all other DD services remain available through Idaho Medicaid Fee for Service (FFS)) |
| § Prescription drug | |
| § Behavioral Health | § Community Based Rehabilitation Services |
| § Nursing Home and ICF/ID | |
| § Aged & Disabled (A&D) Waiver | |

The MMCP also offers *additional services over and above* original Medicare/Medicaid such as:

BLUE CROSS OF IDAHO	MOLINA HEALTHCARE OF IDAHO
Gym Membership – \$50.00 annual membership	Gym Membership and at home fitness kits
Vision – one eye exam and \$100.00 toward eyewear	Vision – 1 eye exam each year and \$100.00 toward eyewear
	Non-Emergent Transportation Services – 22 visits per year to plan approved locations
	Nutrition Counseling – Individual telephonic nutrition counseling sessions, 30-60 minutes in length
	Over the counter medications and products - \$60.00 per quarter on mail-order covered products and services
	Podiatry – 6 visits per year (in addition to the Medicare benefit)

	Transitional Meal Services – up to four (4) weeks of meals, 2 per day for post-inpatient stay or a chronic condition
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Why does the MMCP have Care Coordinators?

A Care Coordinator serves as the participant’s central point of contact. Care Coordinators ensure a participant receives the right care and information, while working directly with the participant and/or family and healthcare provider. Care Coordinators are an essential part of the participant’s care team: a group made up of the participant (and/or family or legal representative), caregiver and/or support, other specialists as necessary, and a primary care physician

Can anyone enroll in the MMCP?

Anyone that has Medicare and Medicaid, is 21 years of age or older and lives in one of the approved counties can enroll. The only exception is if a Dual is diagnosed with End Stage Renal Disease (ESRD) at the time of application, they cannot enroll.

Enrollment is Voluntary! Dual’s may enroll into the MMCP with either Molina Healthcare of Idaho or Blue Cross of Idaho at any time and the effective date will always be the first day of the next month. Duals can also disenroll at any time and the effective date is always the last day of the current month.

How can a Dual enroll in the MMCP?

Simply call the health plan and they can take your application over the phone, it’s that easy!

- Blue Cross of Idaho 888-495-2583
- Molina Healthcare of Idaho 844-239-493