

# AGENDA

## Home and Community Based Services Regulations and Idaho's Congregate Settings

**Date: Friday, February 20<sup>th</sup>, 2015**

**Time: 1:00 p.m. – 2:00 p.m. MST**

### **Dial-In Information**

Dial: (888) 706-6468

Participant Code is: 797069

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<b>1:00 p.m. – 1:10 p.m.</b>	<b>Introduction and Overview</b> The purpose of this collaborative group is to discuss how Idaho's congregate service settings facilitate community integration and encourage autonomy and independence for participants. Brief review of the parts of Federal Regulation that are the focus of these meetings (items #1 and #4 on page 3).	Ali Fernández
<b>1:10 p.m. – 1:55 p.m.</b>	<b>Discussion</b> Brief question and answer regarding the example tools for RALFs and CFHs.  Discuss "homework" questions and collect provider feedback.	Group
<b>1:55 p.m. – 2:00 p.m.</b>	<b>Wrap-up</b> Discussion of next steps	Ali Fernández

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## **"Homework" Questions**

### **Integration:**

1. What does MEANINGFUL interaction with the public mean for the population you serve?
2. What is age appropriate interaction for the population you serve?
3. How does the setting encourage interaction with the public?
  - a. Bring folks in from the community for MEANINGFUL engagement.
  - b. Bring folks out into the community for MEANINGFUL engagement
4. What is reasonable in terms of frequency of community activities?

### **Optimizing choice and independence, non-regimented activities:**

1. Is the service you provide structured so that it looks the same or different from the same service provided to non-HCBS folks? How?
2. Can you structure parts of your day/time with participants in such a way that it allows for freedom of movement/non-regimented schedule?
3. How can you offer choices in these settings? Choice of activities, choice of group members to interact with, choice of where to be, choice of what to eat, choice of when to participate, choice of being in a group or being alone, other? What are age appropriate options for the population you serve?

## **Home and Community Based Setting Regulations**

For 1915(c) home and community-based waivers and, for 1915(i) State plan home and community-based services, home and community-based settings must have all of the following qualities defined at §441.301(c)(4) and §441.710 respectively, and such other qualities as the Secretary determines to be appropriate, based on the needs of the individual as indicated in their person-centered service plan:

1. The setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to
  - seek employment and work in competitive integrated settings,
  - engage in community life,
  - control personal resources, and
  - receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.
2. The setting is selected by the individual from among setting options, including non-disability specific settings and an option for a private unit in a residential setting.
  - The setting options are identified and documented in the person-centered service plan and are based on the individual's needs preferences, and, for residential settings, resources available for room and board.
3. Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.
4. Optimizes but does not regiment individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, physical environment, and with whom to interact.
5. Facilitates individual choice regarding services and supports, and who provides them.