

Standards for Integration: HCBS Residential Settings with Four or Fewer Beds

Goal for Community Integration

Residents engage freely in activities in the community, such as attending religious services, shopping, scheduling appointments and having lunch with family and friends in the community or at home. There are no structural or policy limits to residents' movement to and from the setting to engage any aspect of the community, or visitation limits placed on friends, family and any non-setting service providers that residents engage. Transportation resources are maximized, and residents relate that they are actively engaged in the community to the extent they want to be.

Standards for Integration

1. Transportation: There is a structure in place to support resident access to transportation.

To pass this standard, providers must answer yes to the following three questions and assessors must be able to verify responses:

1. Does the home have written information regarding residents' access to and utilization of transportation? (Yes/no)
 - i. The written information on transportation must include how residents are informed of transportation options, and how the provider supports resident access to those options. The written information must also be contained in the residents' right document, the resident handbook or their Admission/Occupancy Agreement.
2. Are residents made aware of their options for transportation to and from the home? (Yes/no)

NOTE: To answer yes to this question the following must occur:

 - i. There must be a community events bulletin board or folder etc. in a common area with current information about transportation options. The information must include: how to schedule for transportation with the provider, and when provider transportation is not appropriate, how to access other transportation options such as bus schedules, phone numbers for taxi services, if volunteer help is available for transportation, etc.
3. Do individuals in the setting have access to public transportation? (Yes/no)

NOTE: To answer yes to this question you must answer yes to all four conditions below OR the single question that follows those four

 - i. Are there bus stops nearby or are taxis available in the area? (Yes/no)
 - ii. Are bus and other public transportation schedules and telephone numbers posted or available in a convenient location? (Yes/no)
 - iii. Do residents receive training on how to ride the bus or use other public transportation? (Yes/no)
 - iv. Is the provider available to help arrange for public transportation? (Yes/no)

OR

- i. Where public transportation is limited, does the provider facilitate access to other transportation resources for the individual to access the broader community such as use of volunteers, neighbors, and other means of transportation? (Yes/no) If yes, please explain how.

2. Visitation: Residents are able to host visitors of their choosing at any time.

To pass this standard, providers must answer yes to the following two questions and assessors must be able to verify responses:

1. Does the home have written information addressing residents' right to have visitors? (Yes/no)
 - i. The written information for visitation must address: that residents are allowed visitors of their choosing at any time, locations where visitation can occur which must include an option for privacy when with visitors and how information on visitation is shared with residents. The information must also be contained in the residents' right document, the resident handbook or their Admission/Occupancy Agreement.
2. Residents are aware of the visitation policies; they know that they may have visitors at any time, and that they have the right to privacy when with a visitor. (Yes/no)

3. Community Information: Residents have access to information about current and upcoming age appropriate opportunities to participate in community events/activities outside of the home. Age appropriate is defined here to mean "the same as for peers not currently receiving HCBS who are the same chronological age".

To pass this standard, providers must answer yes to the following two questions and assessors must be able to verify responses:

1. Does the provider or a volunteer ensure residents receive current information about age appropriate community events/activities outside the home and that the information is updated and made available to residents at least monthly? (Yes/no)
2. Are individuals permitted to have a private cell phone, computer or other personal communication device or have access to a telephone* or other technology device to use for personal communication in private at any time? (Yes/no)

NOTE: To reply yes to this you must answer yes to two out of three of the following:

- i. Do residents' have the option to have an operational telephone jack, WI-FI or ETHERNET jack? (Yes/no)
- ii. Do residents have freedom to make telephone calls/text/email at the individual's preference and convenience? (Yes/no)
- iii. If the home provides a means of communication, is the telephone or other technology device in a location that has space around it to ensure privacy? (Yes/no)

*An individual having a private cell phone or other communication device does not exempt the CFH from their obligation under IDAPA 16.03.19.700.03 "Telephone. There must be a landline telephone in the home that is accessible to all residents. The resident must have adequate privacy while using the telephone. The telephone must be immediately available in case of an emergency. Emergency numbers must be posted near the telephone."

- 4. Activities: A variety of age appropriate activities are organized by the home provider for residents each week both in and outside of the home. Age appropriate is defined here to mean “the same as for peers not currently receiving HCBS who are the same chronological age”.**

To pass this standard, providers must answer yes to the following two questions and assessors must be able to verify responses:

1. Are residents provided the opportunity to participate in different types of age appropriate activities? (Yes/no)

NOTE: To answer yes to this question you must answer yes to a minimum of three of the following:

- a. Do residents have opportunities for recreation or physical activity weekly? (Yes/no)
 - b. Do residents have opportunities for creative activities at least monthly? (i.e. opportunities to cook, craft, paint, play musical instruments, etc.) (Yes/no)
 - c. Do residents have opportunities for learning and education at least monthly? (i.e. learning to use a computer, learning to sew or knit) (Yes/no)
 - d. Do residents have opportunities to attend church activities at least weekly if desired? (Yes/no)
 - e. Does the home schedule regular weekly activities for residents outside of the home? (i.e. shopping 3 times a week)
2. Are activities provided by the provider both in and outside of the home? (Yes/no) If yes, please describe.

Note: There must be written records such as activity calendars, sign-up sheets, transportation logs, etc. and/or visual proof (i.e. phone jacks in peoples rooms, bulletin boards, etc.) to support responses to all four standards. Documents must be retained by providers for a 5 year period.