Northern Idaho Preventive Health Assistance Approved Weight Management Programs

Please contact the organizations below for additional information regarding programs and fees in your area.

(Services & programs vary. Please contact the program directly for details.)

Organization & Description	Available Locations			
	City	**Address**	**Phone**	**Additional Information**
Adcope Athletic Club	Lewiston	625 21st	(208) 746-7472	
Anytime Fitness	Lewiston Moscow	102 Thain Road Suite G 212 E. Rodeo Dr, Suite 510	(208) 743-7100 (208) 882-3100	
Asotin County Aquatic Center	Clarkston, WA	1603 Dunstan Loop	(509)758-2491	Fitness classes, water aerobics
Benewah Wellness Center	Plummer	1100 A Street	(208) 686-1931	
Bonner General Hospital, Inc.	Sandpoint	520 N. Third Ave.	(208) 265-7480	Exercise facility
Curves for Women	Bonners Ferry	6451 McCall St.	(208) 267-1520	
	Coeur d' Alene	610 Hubbard St.	(208) 667-0350	
	Coeur d' Alene	6190 Sunshine	(208) 772-3768	
	Hayden	11313 N. Government Way	(208) 762-9040	
	Kellogg	120 W. Cameron Ave #9	(208) 783-2755	
	Lewiston	1702 21st, #103	(208) 743-3200	
	Post Falls	2600 Seltice Way, Ste. F	(208) 457-8120	
Evolution Fitness	Ponderay	30736 Hwy. 200, Ste. 104	(208) 255-7010	
Gold's Gym	Lewiston	621 Bryden Ave, Suite G	(208) 798-8888	
Groaner's Camas Family Fitness	Grangeville	507 W. Main Street	(208) 983-7070	
Iron Mike's Family Fitness	Bonners Ferry	Jct. Hwy. 2 & Hwy. 95	(208) 267-5299	
Kroc Center (The Salvation Army)	Coeur d'Alene	1765 W. Golf Course Rd.	208-667-1865	
Natural Fitness	Sandpoint	1103 W. Superior	(208) 263-0676	***Also personal trainer option at this location- Lisa (208) 290-7996.***
Rathdrum Fitness	Rathdrum	16766 Hwy. 41	(208) 687-5222	
Shoshone Medical Center	Kellogg	204 Oregon St.	(208) 784-7017	*Located at the Wellness Fitness Center*
Silver Valley Fitness	Kellogg	301 Main St.	(208) 783-1291	
Valley Fitness	Kamiah	108 W. 3rd	(208) 935-7755	

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