

# Idaho Behavioral Health Planning Council

Tuesday, April 16 – Wednesday, April 17, 2019

Holiday Inn Boise Airport  
2970 W Elder St. Boise, Idaho

Conference Call Information:

Dial: 1-866-906-9888  
Participant code: 5159275

**Tuesday, April 16, 2019**

**8:00 a.m. – 4:30 p.m.**

Time	Agenda Items	Topic Host
8:00 – 8:30	Breakfast Meet and Greet	
8:30 – 9:00	<p><u>Welcome and Introductions:</u></p> <ul style="list-style-type: none"> <li>- In Attendance: Megan Schuelke, Renee Miner, Jim Rehder, Rick Huber, Tammy Rubino, Emily Allen, Kim Hokanson, Debi Dockins, Greg Lewis, Anne Bloxham, Jason Stone, Judy Gabert, Penny Jones, Melanie Fowers, Brady Ellis, Marianne King, Tiffany Kinzler, Ross Edmunds, Jon Meyer, Alacia Handy, Kim Nealey and Treena Clark.</li> <li>- The BH Planning Council is missing a regional board representative from Region 6.</li> </ul>	Kim Hokanson, Chair
9:00 – 10:30	<p><u>Subcommittee Updates:</u></p> <ul style="list-style-type: none"> <li>- Only the CMH Subcommittee and the Membership Subcommittee are required. Right now, the Executive Subcommittee’s main focus is on the Block Grant on top of normal business.</li> <li>- Another subcommittee, the Prevention Subcommittee, was suggested. Prevention needs to be defined. Prevention, treatment and recovery should all be a focus. The committee was established and the members are Debi Dockins (lead of the subcommittee), Renee Miner, Judy Gabert and Penny Jones.</li> <li>- The Idaho BHPC (Behavioral Health Planning Council) could begin reaching out to the BH Boards throughout the regions to see what they are doing in terms of prevention. This regional information could also be used in the annual Governor’s Report.</li> <li>- It was clarified that the BHPC is here to support the Regional BH Boards as well as to monitor and evaluate the services that fall under the Block Grant.</li> <li>- If a new subcommittee is created, it would be helpful to also create clear timelines and goals for the subcommittee.</li> <li>- It was also added that the Regional Questionnaire was created to show what the regions are working on. This information is compiled and used for the Governor’s Report.</li> <li>- Kim Hokanson would like to create three separate forms; a form for the CMH Subcommittee, the Prevention Subcommittee and the Idaho BHPC as a whole. These three forms would be sent out months prior to the Governor’s Report due date.</li> </ul>	Kim Hokanson, Chair Council Membership

	<ul style="list-style-type: none"> <li>- It is important to make the expectations clear for the BH Regional Boards and include why the reports are important for the Idaho BH Planning Council.</li> <li>- It would be helpful to know the different subcommittees that have been created throughout all of the Regional Behavioral Health Boards. The CMH Subcommittee is required for each BH Board. The Idaho BHPC discussed requesting an update on the subcommittees from each region.</li> <li>- Updating the Idaho Behavioral Health Planning Council web page on the IDHW website was suggested. The BHPC needs to have consistent communication.</li> <li>- <i>Action: Megan Schuelke will work with DBH Central Office to determine how and when the Idaho BHPC website could be updated.</i></li> <li>- The process of gathering updated reports from the Regional Behavioral Health Boards will provide a structure and a direction for the Idaho BH Planning Council.</li> <li>- It was determined that these three Regional Questionnaire forms will be sent out to Eastern Idaho Public Health and the BH Board Chairs months prior to the in-person Idaho BHPC Meeting. Reminders for these reports will also be emailed to the regions by Kim Hokanson. The reports will be reviewed by the Idaho BHPC every six months at the in-person meeting. The explanation of need and use will be added into the email to the regions.</li> <li>- <i>Action: Megan Schuelke will determine if notes are completed for the monthly Leadership Conference Calls. If so, these notes will be sent out to the Idaho BH Planning Council members.</i></li> </ul> <p><u>Membership Subcommittee:</u></p> <ul style="list-style-type: none"> <li>- The Membership Matrix as well as the color coding was reviewed.</li> <li>- There are a few positions that have not been filled. Penny Jones is going to look into recruiting a Hispanic Representative.</li> <li>- All entities involved in the Block Grant should be attended the Idaho BH Planning Council Meetings. This includes BPA.</li> <li>- The Idaho BH Planning Council fulfills the 51% requirement of attendees for this meeting.</li> <li>- The Membership Subcommittee is looking to fulfill the other half of the Membership Matrix however, these positions are not required.</li> <li>- It was suggested that an informational new member binder be created for those new members joining the Idaho BH Planning Council. Tammy Rubino is going to determine if she still has the previous new member binder.</li> <li>- It is important to have sound stability. Applications should go to Megan Schuelke and Melanie Fowers now that she is the Chair for the Membership Subcommittee. The applications will also go to the Executive Subcommittee members.</li> </ul>	
10:30 – 11:15	<p><u>IDOC &amp; JJ Updates:</u></p> <p>Discussion on the Priorities, Budget and the effects of the legislative session for upcoming year.</p> <ul style="list-style-type: none"> <li>- An update on JJ was given by Jason Stone. There are currently 249 youth in custody for JJ. This is the lowest census the department has</li> </ul>	Jason Stone, JJ Greg Lewis, IDOC

	<p>had in over 20 years. A study was previously done on overall trends and the census number are declining despite the numbers that were projected. There are also declining juvenile arrest rates with steady probation numbers. The recidivism rate is at 22% and the recommitment rate is only 8% both of which are satisfactory.</p> <ul style="list-style-type: none"> <li>- JJ also has multiple projects that they are working on. They consolidated multiple divisions into one Behavioral Health Division. The department is also working with District 6 on a Dual Diagnosis project. An Act was also reauthorized by Congress this year, which had not been reauthorized since 2002. There are some unknown rules with this Act, so JJ will find out more details in October 2019.</li> <li>- An update was also given on IDOC by Greg Lewis. The big challenge for IDOC has been the growth as the state of Idaho grows. Over 700 inmates were transferred and are being housed in Texas right now. The request to build a new prison was denied during legislation so IDOC is looking for alternatives. The legislature did fund a new north Idaho re-entry center. IDOC was provided funding for more probation officers however, they are struggling to fill these positions.</li> <li>- The transformational focus is on Medicaid expansion. IDOC is working with IDHW to set up a referral and application process by October 2019 for the Medicaid expansion go-live date of January 1<sup>st</sup>, 2020.</li> <li>- There will be budgetary impacts on IDOC and IDHW. IDOC is working to determine the impact and work to cover the entire population that was originally planned prior to Medicaid expansion.</li> </ul>	
11:15 – 11:30	Break	
11:30 – 12:30	<p><u>DBH Legislative Update and YES Update:</u></p> <ul style="list-style-type: none"> <li>- This was a simple legislative session for the Division of Behavioral Health. There was an update to the detox and crisis center rules for the Allumbaugh House. DBH will no longer use the child support system in relation to placing children in residential care. Previously, the parents would receive a judgement in the mail and their name would be published in the newspaper, so this ruling undid that. A simple statute was updated to clarify the definition of children’s mental health as the latest definition in the DSM.</li> <li>- DBH services a number of people who already have Medicaid. Previously, the Governor’s Office did an analysis and determined that 12.8 million could be removed from the overall DBH budget. Medicaid expansion will have an impact on the DBH budget. Beginning on July 1<sup>st</sup>, 6.4 million will be taken out of the DBH budget for Medicaid expansion. The next 6.4 million will be taken out of the DBH budget starting in the 2021 FY.</li> <li>- The goal for DBH with Medicaid expansion is not to move people from DBH to Medicaid. Rather, it is to build a system that works for people. DBH will be working over the next nine months to implement Medicaid expansion.</li> <li>- Sideboards were added to the Medicaid expansion bill as the legislators wanted to clarify it. One of the sideboards included work requirements for those receiving Medicaid. The expanded population</li> </ul>	Ross Edmunds Division of Behavioral Health

	<p>will have to work or volunteer 20 hours a week or complete an education or training program. The sideboard also states that people with physical and intellectual disorders or those who are actively engaged in a treatment program would be exempt from this work requirement. The work requirement exemption must be done every six months.</p> <ul style="list-style-type: none"> <li>- Ross Edmunds was able to confirm that the intention of SR is to include people with SED in that work requirement exemption. It was recommended that the documentation of exemption be supplied by any person with the full rights to diagnose. This means it would not have to be a psychiatrist or a physician. The Division of Self-Reliance will monitor this inclusion.</li> <li>- The IMD (Institute of Mental Disease) Exclusion Waiver is being researched by IDHW. Under the IMD waiver, behavioral hospitals like Intermountain Hospital cannot bill Medicaid for patients between the ages of 21 – 65. This exclusion waiver would give these hospitals the ability to use the Medicaid benefit as an IMD.</li> <li>- If this waiver goes through, DBH will be seeking a joint commission approval for State Hospital North.</li> <li>- Primary care and the transition and transformation of the behavioral health system are the two biggest concerns from the IDHW Director related to Medicaid expansion.</li> <li>- Most patients will get care through Medicaid. For DBH, this means that a majority of their work will be in crisis care and fulfilling the function of the state behavioral health authority. DBH will be able to engage in workforce development and the oversight of the behavioral health system.</li> </ul>	
12:30 – 2:15	<p><u>Block Grant Walk-Through with a Working Lunch:</u></p> <ul style="list-style-type: none"> <li>- The Substance Use Prevention and Treatment Block Grant PowerPoint was presented by Jonathan Meyer.</li> <li>- <i>Action: Jon Meyer will review and provide recommendations on the new Gaps and Needs form that is included in the Governor’s Report and the Block Grant application.</i></li> <li>- The Community Mental Health Services Block Grant PowerPoint was presented by Kim Nealey.</li> <li>- <i>Action: These presentations will be shared with the Idaho Behavioral Health Planning Council members via email by Megan Schuelke.</i></li> </ul>	Jonathan Meyer & Kim Nealey Division of Behavioral Health
2:15 – 3:15	<p><u>Medicaid Legislative Update and YES Update:</u></p> <ul style="list-style-type: none"> <li>- Medicaid is getting close to the full implementation of services for the YES Program. The deadline for the implementation of these services is July of 2019. Medicaid is mainly focusing on targeted care coordination and youth support for young adults who have experience with SED. Youth support will be a paid service. Medicaid is working with Optum to create a youth endorsement as well. Medicaid will continue to work to implement day treatment, family support and behavioral modification and consultation.</li> <li>- The current term of the Optum contract will expire in two months and Medicaid is planning to extend the contract for the remaining two years.</li> </ul>	Tiffany Kinzler Division of Medicaid

	<ul style="list-style-type: none"> <li>- Before that time is up Medicaid would like to submit a request for information from the providers, advocacy groups and families that access the services provided. This will help Medicaid understand what services they need when they rebuild this contract. That information as well as the Gaps and Needs information will be important for Medicaid.</li> <li>- Medicaid is also looking at the requirements set by the legislature around Medicaid expansion.</li> <li>- Medicaid will begin researching the process of including in-patient treatment as a service. It may be difficult to determine the cost of this service.</li> </ul>	
3:15 – 3:30	Break	
3:30 – 4:30	<p><u>DOE and Suicide Prevention Office Updates:</u> Discussion on Priorities, Budget and the effects of the legislative session for upcoming year.</p> <p><u>Suicide Prevention Update:</u></p> <ul style="list-style-type: none"> <li>- Legislature stepped in this year and funded Regional Coordinators in schools to assist with deaths in schools and resources for suicide. Thus far, 92 schools have been trained in Sources of Strength.</li> <li>- Sources of Strength is now focused on prevention. There is an emphasis on creating connections.</li> <li>- Legislature continues to fund the Suicide Hotlines and the Text &amp; Chat.</li> <li>- MHTTC Network, through SAMHSA, is trying to organize all of the states so that they can determine what mental health facilities are in the state and track these so that each region is aware.</li> <li>- The state needs to get a good phone application for children related to mental health and suicide prevention. Judy Gabert and Jim Rehder will communicate about additional possibilities.</li> <li>- SPAN Idaho did dissolve. Local affiliates have started.</li> </ul> <p><u>DOE Update:</u></p> <ul style="list-style-type: none"> <li>- Renee Miner was introduced as the Department of Education representative. She with Idaho Special Education Support &amp; Technical Assistance. More information can be found at <a href="https://idahosesta.org/">https://idahosesta.org/</a>.</li> </ul>	Judy Gabert, Suicide Prevention Renee Miner, DOE
4:30	Dismissal	

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**8:00 a.m. – 2:30 p.m.**

Time	Agenda Items	Topic Host
8:00 – 8:30	<p><u>Breakfast Meet and Greet:</u></p> <ul style="list-style-type: none"> <li>- In Attendance: Megan Schuelke, Brady Ellis, Jim Rehder, Melanie Fowers, Kim Hokanson, Jason Stone, Penny Jones, Debi Dockins, Rick Huber, Tammy Rubino, Angenie McCleary, Marianne King, Greg Lewis, Anne Bloxham, Holly Walund, Renee Miner, Rachel Gillett, Cathie Kaplan, Melinda Smyser and Emily Allen</li> </ul>	
8:30 – 8:45	<p><u>New BHB Forms:</u> <i>Vote</i></p> <ul style="list-style-type: none"> <li>- The suggested changes were discussed and made. The new BHB Form was reviewed.</li> <li>- It was suggested that a request for Action Items for the top Goals be added to the BHB Form. The Idaho BHPC agreed to add this information to the BHB Form.</li> <li>- It was suggested that a question about the regional access to services be added to the BHB Form. The Idaho BHPC agreed to add this question.</li> <li>- <i>Action: Kim Hokanson and Jon Meyer will collaborate on and update the BHB Form to guarantee that the data needed for the Block Grant is included.</i></li> <li>- Kim Hokanson will also be creating an additional form, like the BHB Form, for the Regional Children’s Mental Health subcommittees.</li> <li>- The Idaho BHPC decided that the BHB Form will be completed once a year by each of the Regional Behavioral Health Boards.</li> <li>- It was also added that a standardized timeline be created with consistent reminders sent to the BH Boards to complete and submit the BHB Form.</li> <li>- An automated reminder system, such as Jot-Form, could be helpful for these reminders. This would fill the need for consistent communication to the BH Boards from the Idaho BHPC. Reminders would be sent out in February and August.</li> <li>- No vote took place as there are significant changes to the BHB Form.</li> </ul>	Kim Hokanson, Chair Council Membership

8:45 – 9:00	<p><u>Discussion on PC Sustainability &amp; Bringing Trainer Back:</u> <i>Vote</i></p> <ul style="list-style-type: none"> <li>- The Idaho BHPC priorities include the Block Grant, the Governor’s Report, creating consistent communication with the BH Boards and gathering updates on the services throughout the state for children and adults.</li> <li>- Kim Hokanson was looking into bringing JDS in for sustainability training for the Idaho BH Planning Council. This is a training that would cost money however, it would provide BHPC with a defined definition of where they are going and where they should be going.</li> <li>- It was also requested that the Idaho BHPC create a yearly budget and submit it to DBH.</li> <li>- <i>Action: Kim Hokanson will look into the cost of the JDS Sustainability Training. She will also send out a call for items that BHPC would like to bring in that would cost money.</i></li> <li>- The Idaho BHPC Executive Committee will create a budget at the next in-person BHPC Meeting.</li> <li>- It was also suggested that members from the Executive Committee attend the appropriate Regional Board Meetings.</li> </ul>	Kim Hokanson, Chair Council Membership
9:00 – 9:45	<p><u>Behavioral Health Board Updates:</u></p> <ul style="list-style-type: none"> <li>- Behavioral Health Board updates have been provided throughout the meeting.</li> <li>- Jim Rehder added that the BH Board in Region 2 does an annual review. It was also suggested that BHPC complete a formal review of the Behavioral Health Boards at the next meeting.</li> </ul>	Kim Hokanson, Chair Council Membership
9:45 – 10:15	<p><u>Homeless Grant Update:</u></p> <ul style="list-style-type: none"> <li>- DBH previously applied for a homelessness grant, Treatment in Transition, that targets those who are homeless and those at risk of homelessness for people who also have co-occurring mental health and substance use disorders. The main manager of this grant is Sherry Johnson at DBH.</li> <li>- This is a five-year grant with 1 million dollars given each year. DBH is in the first year of the grant.</li> <li>- A program to enhance safe and sober housing was also started. This now includes a female house of 10 beds in Boise, a female house of 8 beds in Idaho Falls, a male house of 8 beds in the northern hub and the existing male house of 12 beds in Boise.</li> <li>- The program will also work to line providers with SOAR case managers, provide housing vouchers and access to treatment.</li> <li>- DBH has also contracted with BSU to provide an analysis of this grant and the programs created.</li> </ul>	Holly Walund Division of Behavioral Health
10:15 – 10:30	Break	
10:30 – 11:00	<p><u>ODP Update:</u></p> <ul style="list-style-type: none"> <li>- The focus of ODP is on policy, partnerships and prevention. A significant amount of money is spent on treatment in Idaho.</li> <li>- One of the bills passed during legislature was on Naloxone to increase the treatment of those with substance use disorders. There will be a focus on education.</li> </ul>	Melinda Smyser Director of Office of Drug Policy

	<ul style="list-style-type: none"> <li>- Another focus for ODP is on prevention and education especially with the community population and universities.</li> <li>- There are many workgroups in ODP. They are working on outcome strategies, collecting data and creating resource lists for families during crisis. There is also an Opioid Workgroup working to see what is available for the public.</li> <li>- There is peer-to-peer education going on with schools as well as an education and prevention campaign for vaping and e-cigarettes.</li> <li>- ODP is involved in the Out-of-School Network. The Drug Coalition and Block grant funding was also discussed. Updated curriculum for children and a comprehensive program for families is needed.</li> </ul>	
11:00 – 11:30	<p><u>IROC Update:</u></p> <ul style="list-style-type: none"> <li>- There are two federal grants that fund the IROC program. SOAR will take over the costs of treatment and initiatives under IROC.</li> <li>- DBH had the opportunity to apply for a SOAR supplemental grant and is waiting to hear back.</li> <li>- DBH plans to increase the workforce development for Recovery Coaches in Idaho.</li> <li>- IROC funding will also be used to support the ER Departments and partner with two hospitals for pregnant woman with substance abuse disorders. These patients will be provided with wraparound services and ongoing services once their child is born.</li> <li>- It was confirmed that SOAR funding will continue to be used for Recovery Centers. DBH will renew the contract with Recovery Idaho through September of 2019.</li> <li>- Once implemented by SAMHSA, DBH will work to make the interview as realistic as possible for patients to complete in a recovery center.</li> <li>- Three out of the five federally recognized Tribes applied for money to address the opioid issue.</li> <li>- DBH is also working on a law enforcement diversion system with the Boise Police Department. This system creates a warm-hand off for a person to treatment instead of being arrested.</li> <li>- Region 10 will have an Opioid Summit in August 2019 in Vancouver, Washington. DBH is hoping to use some funds to create scholarships for Idaho providers to send staff members to this summit.</li> <li>- Due to Medicaid expansion, DBH is hoping to focus funds on immediate interventions and recovery supports.</li> </ul>	<p>Rachel Gillett  <a href="mailto:Rachel.Gillett@dhw.idaho.gov">Rachel.Gillett@dhw.idaho.gov</a>  208-332-7243  Division of Behavioral Health</p>
11:30 – 12:00	<p><u>HART Update:</u></p> <ul style="list-style-type: none"> <li>- HART stands for Homes for Adults Residential Treatment. These funds help to fund the four HART Homes which assist people with mental health disorders. Funds are also used for the Safe and Stable program.</li> <li>- DBH will continue to evaluate the bridge funding. At this time, there is not additional funding for more HART Houses.</li> <li>- Issues include individuals being kicked out of the facility and the goal to create an entire new set of rules that is specific to a HART.</li> <li>- Another issue is the licensing rule around the requirement for a nursing assessment rather than a clinical assessment.</li> </ul>	<p>Anne Bloxham  Division of Behavioral Health</p>

	<ul style="list-style-type: none"> <li>- Some residents are no longer appropriate for the intensity of residential placement and are being discharged from the HART Homes.</li> <li>- DBH is looking to change the referral process and amending the contracts.</li> <li>- DBH has worked with Optum and how to bill for the services offered. Optum is looking at providing a bundled rate which would help the HART Houses.</li> <li>- HART Houses have been able to provide interventions as needed when, otherwise, crisis services would have been needed.</li> <li>- DBH will continue to fund HART for another year.</li> </ul>	
12:00 – 12:45	<p><u>Governor’s Report Discussion with Discussion on BHB Form Deadlines with a Working Lunch:</u></p> <ul style="list-style-type: none"> <li>- The Governor’s Report was reviewed and discussed.</li> <li>- Request for feedback from the Idaho BHPC. The information on IDJC that was submitted was not included.</li> <li>- It was added that the pie charts could be larger to be easier to read.</li> <li>- It would be helpful for the BHPC to review the final draft of the Governor’s Report before it is published.</li> <li>- The BHPC Board members and positions as well as the Regional BH Board positions and contacts could be listed in the report.</li> <li>- The other question is around the timeline for the information that is gathered and included in the Governor’s Report.</li> <li>- The goal is to have the report complete by the end of December. It was suggested that the Idaho BHPC ask for the data in late September/early October. The reminder for the data will be included in the reminder email for the in-person October Idaho BHPC Meeting.</li> <li>- Brady Ellis agreed to provide a report on Housing for the next Governor’s Report.</li> <li>- Brady Ellis presented and reviewed the 2018 State of Homelessness in Idaho Report. If specific data and information is requested, please email Brady Ellis with the details. They are working to create additional housing for those struggling with homelessness throughout the state of Idaho.</li> </ul>	Kim Hokanson, Chair Council Membership
12:45 – 1:00	Break	
1:00 – 2:15	<p><u>Block Grant Walk-Through with Council Membership and Compile Questions:</u></p> <ul style="list-style-type: none"> <li>- Jon Meyer and Kim Nealey will offer a monthly meeting on the Block Grant. The Idaho BHPC will be reviewing the Block Grants again at the October 2019 meeting.</li> </ul>	Kim Hokanson, Chair Council Membership
2:15 – 2:30	<p><u>Review of Future Agenda Items:</u></p> <p>*Action Item – Determine dates for next meeting. Review of Action Items.</p> <ul style="list-style-type: none"> <li>- Going forward we will be pushing to invite the Regional BH Board Chairs. At the next in-person Idaho BHPC Meeting, we will be reviewing the BH Forms, the Block Grants, the upcoming Governor’s Report and creating the BHPC yearly budget.</li> <li>- It was suggested that the subcommittees meet for half of a day in the morning and then use the afternoon and an additional two days for the Idaho BHPC to meet. It was also suggested that the operational agenda</li> </ul>	Council Membership

	<p>items, such as the Governor’s Report, be placed at the beginning of the BHPC agenda. The Idaho BHPC will meet for three full days however, not all members will need to be present for all three of those days.</p> <ul style="list-style-type: none"> <li>- It was also requested that the Medicaid Transition Plan be added to the BHPC agenda with a full presentation from Medicaid.</li> <li>- It was agreed that the next in-person Idaho BHPC Meeting will occur on October 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup>. The Subcommittees will meet on the morning of Tuesday, October 8<sup>th</sup>. Items such as the budget will be discussed/created during the afternoon on Tuesday, October 8<sup>th</sup>.</li> <li>- The Idaho BHPC also need to have updates from all of the contract holders under the Block Grants. This could include the roles, services provided and the impact.</li> <li>- <i>Action: Emily Allen and Kim Hokanson will have a conference call tomorrow, April 18<sup>th</sup>, and discuss the three best summary questions/talking points for the contract holders to answer at the next in-person Idaho BHPC Meeting.</i></li> </ul>	
2:30	Dismissal	