

Idaho Mental Health Awareness Month Activities

NOTE: All times are in MT unless otherwise indicated

Region	Activity	Contact
Region 1	4/30: Kickoff to Mental Health Awareness Month. Training: "Building a Trauma Informed Model and Making a Paradigm Shift in Our Communities." Poster contest will be judged at event.	
	5/8: Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation</i> , 1-2:30 pm and <i>Trauma, Substance Abuse & Suicide Prevention</i> , 2:30-4 pm	
	Wristbands promoting "Mental Health Awareness" available at Region 1 Behavioral Health office. Posters in office lobby.	
	Potential TV segment regarding Children's Mental Health Awareness Week and Mental Health Awareness Month	
	5/3-5/9: Mayoral proclamation honoring Children's Mental Health Awareness Week	
Region 2	5/8 Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation</i> , 1-2:30 pm and <i>Trauma, Substance Abuse & Suicide Prevention</i> , 2:30-4 pm	IFFCMH, 208-433-8845
Region 3	CMH Poster Contest, winner goes on the statewide Idaho Federation of Families for Children's Mental Health (IFFCMH) contest	Joy Husmann, 208-455-7108
	Resource table available in lobby of Caldwell DHW office all month.	459-0092
	5/8 Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation</i> , 1-2:30 pm and <i>Trauma, Substance Abuse & Suicide Prevention</i> , 2:30-4 pm	IFFCMH, 208-433-8845
Region 4	4/17 Poster Contest	IFFCMH, 208-433-8845
	5/2 Holistic Health Resource Fair at Idaho Expo Kids Fun Fest	IFFCMH, 208-433-8845
	5/8 Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation</i> , 1-2:30 pm and <i>Trauma,</i>	IFFCMH, 208-433-8845

	<i>Substance Abuse & Suicide Prevention, 2:30-4 pm</i>	
Region 5	5/1 Twin Falls: Display of Awareness Posters on the Perrine Bridge, and Mental Health Screenings	Curtis Johnson, 208-732-1586
	5/2 Twin Falls: Fun Run/Walk at CSI; Kid's Event at Frontier Park	Curtis Johnson, 208-732-1586
	5/3 Spanish Radio Discussion on Depression, Dr. Stoddard (Blaine County)	Curtis Johnson, 208-732-1586
	5/4 Blaine County Community Walk to the Flagpole	Curtis Johnson, 208-732-1586
	5/11 Mental Health Fair and NAMI Potluck with <i>In Our Own Voice</i> Presentation (Hailey)	Curtis Johnson, 208-732-1586
	5/12 Twin Falls: Poetry Reading at Twin Falls Library	Curtis Johnson, 208-732-1586
	5/14 Shoshone: Mental Health First Aid training by Optum	Curtis Johnson, 208-732-1586
	5/16 Burley: O-K Walk/Run/Meander/Stroll	Curtis Johnson, 208-732-1586
	5/27 Twin Falls: Banquet at Stone House; Open House Panel Discussion; Brown Bag Discussion - <i>Suicide and Mental Health: Let's Talk About It</i>	Curtis Johnson, 208-732-1586
	5/8 Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation, 1-2:30 pm and Trauma, Substance Abuse & Suicide Prevention, 2:30-4 pm</i>	IFFCMH, 208-433-8845
Region 6	5/8 Pocatello "Raising Hope & Finding Strengths in Our Kids" Workshop, 10-3:00, 1901 Alvin Ricken Drive	Janae Andersen, 208-234-7929
	5/8 Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation, 1-2:30 pm and Trauma, Substance Abuse & Suicide Prevention, 2:30-4 pm</i>	IFFCMH, 208-433-8845
Region 7	5/7 <i>Ethics of Self-Care in Mental Health</i> , 3-5:00, Dr. Shawn Thurber	Teriannparker@cableone.net
	5/8 Two Video-conference discussions: <i>Jeff D. Lawsuit Mediation, 1-2:30 pm and Trauma, Substance Abuse & Suicide Prevention, 2:30-4 pm</i>	IFFCMH, 208-433-8845
	5/7 Awareness Walk, Light Dinner, Poster Contest Winners announced 5-6:00	Teriannparker@cableone.net

		one.net
	5/7 Family Education & Information – <i>Helping Your Child Successfully Address MH: Tips for Parents and Professionals</i> , 6-8:00	Teriannparker@cablenet.net
Central Office, 450 W. State St., Boise, ID, 83702 Theme: <i>Mental Health is Fundamental</i>	5/15 Hand out Green Ribbon Stickers during Health Fair and rest of month	Stephanie Hoffman, 208-334-6559
	5/15 Headline News article	Stephanie Hoffman, 208-334-6559
	5/15 Employee Benefits and Health Fair	Stephanie Hoffman, 208-334-6559
	5/19 Radio Spot KBOI	Stephanie Hoffman, 208-334-6559
	Article for Behavioral Health Newsletter, published in mid-April Link: http://healthandwelfare.idaho.gov/Medical/SubstanceUseDisorders/tabid/105/Default.aspx	Stephanie Hoffman, 208-334-6559