

REGION IV MENTAL HEALTH BOARD MINUTES

March 13, 2012 - 1:00 PM to 3:00 PM

Ada County Sheriff's Office

7200 W Barrister, Boise, ID

CHAIR: Gina Westcott for Greg Dickerson

VICE CHAIR:

Attendees: Gina Westcott, Kate Pape, Paula Campbell, Mary Rong, Elizabeth Baker, Sara Campbell, Chris Christopher, Darren Richman, Vern Garrett, Michael Dickson, Liza Clinger, and Rick Yzaguirre.

Agenda	Presenter	Discussion
Introductions and Attendance.	Gina Westcott	Introductions of all attendees. A quorum was not available at this meeting.
Review of agenda, minutes, action items, subcommittee confirmations and elect subcommittee head.	Gina Westcott	<p>Gina move to add a membership item to the March 13, 2012 agenda. All were in agreement.</p> <p>Vern motioned to approve the February 14, 2012 minutes. However, due to the lack of a quorum we were not able to have final approval.</p> <p>Gina provided an update to the action items from the February 14, 2012 minutes. Updated Action 1: Heather Adamson (Consumer Advocate) and Amanda Phillips (parent with a child with SED) will be filling vacant positions for the Board. They are still in the application process.</p> <p>Updated Action 2: Creation of subcommittees.</p> <ul style="list-style-type: none"> - Recovery Resilience/Anti-stigma: Paula Campbell, Vern Garrett, Heather Adamson, Gina Westcott, and Ann Kirkwood. ACTION: Send out an email in regards to volunteering to be a part of subcommittee. Paula has volunteering to be in charge of the Recovery resilience subcommittee. Liza will send Paula details of volunteers. - Transportation Committee: Martha Eckoff (Possible committee head), Kate Pape (willing to help), Gina Westcott, Michael Dickson (provide insight)). Committee head has not been established. ACTION: Email in regards to volunteering to be a part of subcommittee. Michael Dickson would like goals distributed to him. - CMH Committee: Shelly Retter, Carry Morry, Gina Westcott, and Dr. Armentrout. Gina's goal is to re-energize the subcommittee. - Gina also informs the Board that Ann Kirkwood is very interested in coming

		and helping with one of our subcommittees.
United Way presentation and questions	Corey Surber	Corey provided the Board a great presentation focusing on a variety of data. The Community Needs Assessment has a large amount of community data that provides the Board with a lot of different stand points. BSU reviewed over 200 studies to compile this data. The scope focused on Ada County and Canyon Counties. Please see Power Point for full presentation.
Allumbaugh House update	Cindy Miller	Cindy Miller reports that they are averaging 75-80 admission per month. She reports that she has seen a gradual but continued increase in average length of stay (ALOS), ALOS is about 6 days. 43% of patients that are seen are homeless and this is the greatest challenge. They have introduced a 30 hour per week discharge planner to work with individuals to assist with continuation of care. They are seeing an increase of individuals seeking help for prescription drug abuse. However, Alcohol is still predominantly the drug of choice, over 20% are opiate, ~10% methamphetamine, and ~15% are Polysubstance abuse. From a MH perspective 70% of their patients are is defined as having a co-occurring disorder. They are starting a closed Allumbaugh Group with NAMI for our MH clients with a peer specialist. Their hope is that clients will continue treatment with NAMI when they leave Allumbaugh house. The Alumni Group is still active and is successful. Cindy also reports that they are looking at data collection to show the effectiveness of their treatment.
Member Reports and Updates	All	<p>CMH Subcommittee will be holding a Mental Health Awareness Activity-05/09/2012 4-6 PM. Region IV will be hosting a training utilizing video conference equipment that will tie in 9 sites for training purposes.</p> <p>Kate Pape reports on the Mental Health Drug Court meeting. The focus was to divert individuals from the Ada County Jail and/or the law enforcement system.</p> <p>Paula reports that the Suicide Prevention Hotline received funding from United Way and they are really excited about that. She has also has been working with BSU's marketing class for the Suicide Prevention Hotline. She reports that they are trying to obtain an Indian reservation grant. Melanie Curtis speaker is having a fund raising event on March 30, 2012 at the Boise Depot. Paula distributed flyers. Paula shares that she is on the Idaho Hope Board. She also informs us that Pioneer Health is not longer going to administrating the Idaho Hope Project. They are looking for bides for this project.</p> <p>Beth Baker discusses the book, <u>The Blue Sweater by Jacqueline Novogratz</u>. She</p>

		<p>shares that it is a great story that we would all gain considerable knowledge from.</p> <p>Vern Garrett reports that Accent has recently started serving adolescents in Mt. Home.</p> <p>Heather Adamson references back to last meeting and stated that that having the recovery story is a good idea to put a new face on Mental Health. She also stated that the workshop that Idaho Hope held was very uplifting.</p> <p>Michael Dickson reports that BPA is still in the preparation for a new funding stream (JFAC). He touches on how the two systems are going to mesh together.</p> <p>Gina Westcott reports that they are having some changes in the Region IV MH Program. Their Mt. Home clinician is retiring but this will be handled internally. The Mt. Home clinic will still be supported. She also reports that they had an opportunity to present for the JPE Meeting (Allumbaugh House Board). The mayor of Boise, and the mayor of Meridian had an opportunity to hear Jennifer Burlage's report regarding designated exams. She also reports that Region IV has an opportunity to partner with Easter Seal to apply for a Bristol Myers Squid Grant which focuses on individuals from the criminal justice system.</p>
Other Board Items Wrap-up	All	Action: 1 parent with a child with SED is still in need for recruitment.

*Next meeting is April 10, 2012 at the Ada County Sheriff's Office, 7200 W Barrister St., Boise, ID 83704 from 12:00 PM-2:00 PM.