

## Region 5 Children's Mental Health Subcommittee Meeting March 22, 2012

<i>ATTENDEES</i>	<ul style="list-style-type: none"> <li>• Sally Bryan, Rick Yavruian, Sarah Heck, Bill Campbell, Lee Wilson, Inga Elkin, Beth Citron</li> </ul>	<b>ACTION ITEMS</b>
<i>REVIEW OF MINUTES</i>	<ul style="list-style-type: none"> <li>• Minutes were reviewed from the last meeting on January 26, 2012.</li> <li>• Rick Yavruian moved to approve the minutes.</li> <li>• Bill Campbell seconded the movement.</li> <li>• Minutes from the last meeting were approved.</li> </ul>	
<i>DATA FROM DETENTION CENTER – INGA ELKIN</i>	<ul style="list-style-type: none"> <li>• Data was gathered from July 2010 to June 2011.</li> <li>• 1900 cases were studied.</li> <li>• 58% of the children in detention met the criteria for a provisional mental health diagnosis.</li> <li>• 42% of the children in detention met the criteria for a substance use disorder.</li> <li>• The Detention Center staff were also surveyed.               <ul style="list-style-type: none"> <li>○ There was positive feedback regarding having clinicians in the detention center.</li> </ul> </li> <li>• After clinicians were introduced the numbers of suicides in the detention center were reduced by 30%.</li> <li>• The survey of parents showed that parents were aware of the mental health screening results and recommendations from the clinical assessments but didn't always follow through with the recommendations.</li> <li>• The full report will be available mid-summer.</li> </ul>	<b>INGA WILL REPORT AGAIN WHEN THE FINAL RESULTS ARE AVAILABLE.</b>
<i>BLAINE COUNTY – BETH CITRON</i>	<ul style="list-style-type: none"> <li>• “Teen Screen” is continuing in the schools; volunteers screen the kids in middle school and high school level for depression.</li> <li>• Mindfulness Training is being done in 5<sup>th</sup> grade classes.               <ul style="list-style-type: none"> <li>○ This program helps students manage emotions, calming thoughts and focusing.</li> </ul> </li> <li>• Suicide Prevention fund raiser was put on through an artist series; proceeds went to NAMI and Crisis Prevention Hotline.</li> </ul>	
<i>CANYON VIEW UPDATE – RICK YAVRUIAN</i>	<ul style="list-style-type: none"> <li>• St. Lukes is still looking at opening an outpatient clinic in Blaine County.</li> <li>• St. Lukes is also in the process of hiring a new Children's Psychiatrist.</li> <li>• A grant is being explored to allow psychiatrists to reach outlying</li> </ul>	

	<p>(rural) areas.</p> <ul style="list-style-type: none"> <li>• FYI – Haze and Spice drugs have been creating persistent psychosis. The reaction is more persistent than with marijuana and can last for months.</li> </ul>	
<i>DEVELOPMENTAL DISABILITIES UNIT – SARAH HECK</i>	<ul style="list-style-type: none"> <li>• No new developments in the DDU unit to report.</li> </ul>	
<i>BILL CAMPBELL – REGIONAL PROGRAM SPECIALIST</i>	<ul style="list-style-type: none"> <li>• CIT Training will be occurring in April in Blaine County.</li> <li>• Clear objectives and goals need to be developed for this subcommittee.</li> </ul>	<b>NEXT MEETING AGENDA ITEM: OBJECTIVES AND GOALS FOR THE CMH SUBCOMMITTEE</b>
<i>CHILDREN’S MENTAL HEALTH – LEE WILSON</i>	<ul style="list-style-type: none"> <li>• Recovery Model Training March 30<sup>th</sup> – 6 CEU’s for \$15.</li> <li>• There will be training on April 27<sup>th</sup> for Assessing Risk and Documentation by James and Terri Tyson.</li> <li>• Wrap-around has been trained to all CMH Clinicians.</li> </ul>	
<i>NEXT MEETING</i>	<ul style="list-style-type: none"> <li>• Agenda item for next meeting: <ul style="list-style-type: none"> <li>○ A re-evaluation needs to be done to refocus our attention on addressing gaps in children’s services.</li> </ul> </li> <li>• <b>May 31, 2012 from 1:30 – 3:00</b></li> </ul>	<b>NEXT MEETING AGENDA ITEM: RE-EVALUATION OF GAPS ANALYSIS TO IDENTIFY A NEW FOCUS FOR CMH SUBCOMMITTEE</b>