

Region 2 Mental Health Board Minutes
May 13, 2008
1:30 pm
State Office Building
Third Floor Conference Room

Welcome and Introductions

Members Present: Vicki Malone, Dean Allen, Carrie Soldatek, Brian Pope, Casey Meza, Lisa Martin, Barbara Kauffman, Chris Goetz, Gary Moore, John Allen, Eleanor Downey, Melissa Anstine

Members Absent: Tom Stroschein, Theresa Graber, Bob Smith, Jim Rehder

Non-Members Present: Liz Chavez, Teresa Wolfe, Candy Barton, Ron Beecher, Darrell Keim, Pam Hirsch

Approval of Minutes

Minutes were approved as written. Motion made by Vicki, seconded by John.

Ron Beecher replaced Tanya McElfresh as the tribal liaison and regional director.

State Hospital Report—Gary Moore

Gary reported that the advisory board meeting gave good reports. They weathered the cuts and increased admissions by 100 this year. The length of stay went to around 37-38 days which cut costs and the reduction of the wait list saved \$3 million to the state. Since the Orofino office closed they provided space for employees to use. No clients will be seen in this office. There are now hubs that have been developed. Hubs 1 and 2 are in North Idaho, 6 and 7 in South Idaho, and 3-5 in Central Idaho to provide regional management. On the 1st of July management will change. Gary is regional manager for the northern region. An interim will replace Jack Cotton in Region 1. Fiscal year 2011 will be worse budgetary wise. Re-admission rates remain the same but SHN is turning out patients at a faster rate. They will be working with regions for housing placement options. Historically July is when beds go up. The last six months have seen 9-30 day admissions.

MH Report—Vicki Malone

There are four people currently being trained to be peer support specialists who will apply for the 20 hour position. They may start using a peer support specialist with adult mental health clients in a month. The H&W Orofino office will close permanently on May 25. Two staff for Adult Mental Health (AMH) will stay on but everything will go through the Lewiston office. Lewiston, Orofino, and Grangeville lost one staff member and Grangeville also lost one nurse. May 18th will be their last day. One position was open and one person resigned for a total of six positions cut. AMH providers can meet in some clients' homes but they're looking for community office space. They could also meet individually or in groups (6-8 people). Travel vouchers through Appalooza were discussed for Adult Mental Health clients to travel to Lewiston. Children's Mental Health (CMH) is transitioning 40 juveniles and many already have private providers involved.

Vickie spoke with CHAZ about taking Behavioral Health clients that MH can no longer service. Lisa talked about telemental health using St. Joseph's hub. Letters were sent to kids' doctors telling them about the changes. Casey suggests writing a letter to St. Joseph's to encourage them to work with Dr. Pine, Dr. Terry, and Warm Springs. A motion was made by John to have the board write the letter and was seconded by Barbara. Brian and Vicki will draft this letter.

MH/Drug Courts—Lisa

A bake sale put on by Nez Perce County Mental Health Court alumni raised \$85. There are currently 13 MH court members in Nez Perce County and 7 in Clearwater County. There is no nurse in the area so they may need to utilize State Hospital North for observation and medications. Rule 19-2524 have had to be used to get people into DUI Court. The Recovery Walk is on Saturday at 9 am starting at Beachview and Judge Brudy will speak. Drug Court made \$800 in a yard sale. Fees may be raised for participating drug court clients.

RAC—Eleanor

There have been cuts but the prevention budget hasn't been cut. Funds are now going to be tied to the regions. Bills for April-June were paid with money for next fiscal year. Community resource panels have been created to work with judges. BPA has taken out a line of credit to pay providers as \$1.3 million will only be available. A media campaign is being developed for underage drinking. Hands Across the Bridge is in September. Next Month substance abuse providers and mental health providers will talk about improving communication. The prescription drug round up in Lewiston collected 183 pounds of prescription drugs.

Law Enforcement Moratorium—Brian

Emergency Response Protocol training in Latah next week.

Liz Chavez spoke to the Board and is a parent advocate for Fetal Alcohol Syndrome and Children's Mental Health. She discussed how a systemic and awareness piece needs to be included when working with this population. Darrell, Candy, Vicki, and Liz met to kick off Children's Mental Health issues and a proclamation by the city council and mayor was made in recognition of CMH next week. Liz discussed the importance of talking about prevention and providing a safety net for juveniles affected. She suggested that the board formally invite Senators to attend Mental Health Board meetings. May 6th is National Children's Mental Health Awareness Day.

Children's Subcommittee— Identified the following issues to be discussed

1. PSR
2. Suicide Prevention (There is an upcoming Day of Silence at LCSC in recognition of suicide prevention)
3. Violence at schools
4. Depression in adolescence

TMH—

No report. Connectivity was discussed.

TWG—A Status update report was distributed to the Mental Health board members. They are exploring structural changes in Idaho. It was concluded that the Mental Health system is fragmented and that managed care and public input is important.

Regional Behavioral Health Community Boards- Looking into combining the MH Board and RAC.

State Behavioral Planning Council—integrate a person from substance abuse onto their board.

Statewide Behavioral Health Inter-Agency Cooperative—there still will be consumer groups but this would be where they could bring concerns to.

Dean suggests having education at the county level before a public forum regarding TWG is held. Vicki's work group met to discuss this and they gathered names, addresses, etc. They also talked about what resources are out there and talking about "what do you want your community to look like". They have started questions and need to get documents together to send out to counties.

Mental Health Website—Send Darrell updates and information and he will put it on the Board's website.

New Issues—Barb K.

Barb talked about NAMI and low attendance and requests that more people participate. It's held the second Tuesday of every month at St. Joseph's in Conference Room A from 7-9.

Meeting Adjourned at 4:30.

Next meeting scheduled for 06-10-10