

December 4, 2012

Idaho Department of Health and Welfare Trauma 101 Training

Idaho Office of Consumer & Family Affairs

The Idaho State Capitol Building, 700 W. Jefferson

Boise, ID, Room EW42

### AGENDA

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| 9:30 a.m. – 10:30 a.m.  | What is Trauma? Why do we need to address it?<br>Raul Almazar, RN, MA, Senior Consultant, National Center for Trauma Informed Care, Director, SAMSHA's Promoting Alternatives to Seclusion and Restraint through Trauma Informed Practices |
| 10:30 a.m. – 10:45 a.m. | Break  |
| 10:45 a.m. – 11:45 a.m. | The Neurobiology of Trauma<br>Beth Caldwell, MS, Consultant  |
| 11:45 a.m. - 12:45 p.m. | Trauma and Recovery<br>William Kellibrew, Consultant   |
| 12:45 p.m. -1:15 p.m.   | Questions and Wrap Up with Raul Almazar, RN, MA, Senior Consultant   |

**This event is open to mental health/behavioral health consumers, family members and all interested individuals.**

For more information on Trauma and Trauma-Informed Care please go to - [www.samhsa.gov/nctic](http://www.samhsa.gov/nctic)