

Mental Health Support Group

Meets Every Monday at 7:00 p.m.

Intermountain Hospital

303 Allumbaugh Street

Boise, Idaho 83704

This is a peer-to-peer group that really cares about the welfare and support of its members. The Facilitators are members of the group who understand the ups and downs of mental illness. The group discusses issues of medication, treatment, social problems and any pressing issues of group members.

This group has social activities during the week to enjoy each other's company and to support each other. If you or your family members are struggling with mental health issues please join us.

For more information please contact Sarah 541-350-8404

Michelle Baron 208-284-4424

Michelle 208-703-8077

If you are unable to reach these contacts or they are no longer involved with the support group please Contact Intermountain Hospital at 208-377-8400 for information on current support groups.

3/03/14

posted 6/10/14

Mental Health Support Group Activities Schedule

Monday: **Support Group Meeting**
7:00 p.m. Intermountain Hospital
303 Allumbaugh, Boise
The movie of the week is announced for viewing on Tuesday. At the conclusion of group those who would like meet at Chill's Restaurant on Franklin for a drink, appetizer or meal. This is a great time to get to know other group members in a very relaxed atmosphere.

Tuesday: **Movie at time announced at Monday night group.**
Country Club Reel Theatres 4550 Overland Rd. Boise
across Hillcrest Golf Course on Overland between
Orchard and Roosevelt. Movie admission \$1 per
person and small soda and popcorn is \$3.50

Thursday: **FOOD 6:45 p.m. Meet at Shari's Restaurant 8121 West
Chinden Blvd. Garden City. Those that attend order
from a full meal to a glass of water. This is a great
opportunity to socialize and to get to know other
group members.**

**There are other social activities that are planned by other members of
the group that are announced at Monday night group.
If you or your family member are struggling with
mental health issues please join us.**

For more information please contact

Sarah 541-350-8404

Michelle B. 208-284-4424

Michelle H. 208-703-8077