

Region 4 Behavioral Health Board 2015 Plan



Region IV Youth Behavioral Health Committee
Report October 2015

The Region IV Youth Behavioral Health Committee has established goals based on the needs and gaps analysis and committee member input. They are as follows:

1. Promote partnerships with community providers, professional associations, health care providers for the purpose of creating awareness and furthering education of professionals through conference. This may include the following:

- Partner in bringing in speakers around children's mental health education
- Outreach to community resources at conferences
- Promote and support Children's mental health tracks at conferences
 - Identified potential partner for conferences: Idaho Conference on Alcohol and Drug Dependency (ICADD), Idaho Counselor Association, Business Psychology Associates (BPA), Optum, Office of Drug Policy (ODP), National Alliance of Mental Illness (NAMI), Idaho Federation of Families for Children's Mental Health (IFFCMH), local law enforcement.

2. Create, promote and establish more training around children's behavioral health and adolescents This may include the following:

- Possible scholarships for parents
- Teleconferences for rural areas
- Partner with existing agencies in rural areas to host trainings
- Webinars for parents and/or professionals in all counties
 - Identified potential trainings include CIT for youth, WRAP around, CMH first aid, CRAFT, Trauma Informed Care

3. Support Children's Mental Health Awareness Week in Region 4 This may include the following:

- Video support for CMH week
- Advertising and marketing for events
- Support for bringing in speakers

Children's Behavioral Health in Idaho has been historically under funded and somewhat overlooked, leading to this committee being designated in Idaho Statute to serve children and adolescents in our region/state. The above issues and goals that this committee will be accomplishing are in alignment with deficits identified in the 2015 Regional Behavioral Health Boards Needs and Gaps analysis. We will be looking at potential grants and community foundations funding to assist with the above goals.

Presently, we are looking to coordinate with the planning committee of ICADD and support a youth breakout session for the 2016 conference. If this becomes a feasible opportunity, the Committee would like the full boards support conceptually at this time. The committee may request some funding if this becomes an opportunity for us to support a speaker. We are working and supported by Optum and IDJC with regard to this effort.

Region IV Behavioral Health Board Grant Application Process

Types of Grants: Central District Health Department (CDHD) will act as the applicant and fiduciary agent for grant applications submitted on behalf of the Region IV Behavioral Health Board (BHB) and its committees. CDHD is a quasi-governmental agency; however it is not a nonprofit organization. Grant applications that may be pursued may be from federal, state, or local sources, or from foundations. They may be any size in funding and are not limited by granting agency/organization. However, they must specify that local governments or public health departments are eligible applicants. If you have questions about eligibility on a grant application, please contact CDHD.

Request to Apply: BHB Board or Committee members must submit a written Request to Apply with an overview or summary and a copy of the full grant application to the Executive Committee and CDHD for review prior to beginning an application. This request may be submitted via email. The written request should include a very brief overview to include: the anticipated target population and area of implementation, anticipated activities that would be performed with grant funding, individual(s) and/or organization(s) responsible for the implementation of activities, resources needed to complete the application from the Executive Committee or the Board, and timeline for completion of the application. The Executive Committee and a CDHD representative will review and respond within one week of receipt of the request.

Assistance with Grant Writing: The Idaho Department of Health and Welfare (IDHW) and CDHD are able to provide some technical writing assistance to Board members or committees interested in pursuing grant applications. Those wishing to apply for a grant should stipulate within their written Request to Apply how much assistance they need to apply for a grant. IDHW and CDHD staff can assist with writing grant and budget narratives and submitting applications for small to mid-size grants (i.e. 1-20 pages). Larger applications (i.e. more than 20 pages) such as federal grants may require outside assistance from a contracted grant writer. If this type of assistance may be required, please indicate the need in the written Request to Apply. The Board member or committee must provide CDHD, IDHW or the contracted grant writer with adequate information to write the narrative of the grant, and must be available to work with the writer(s) on the application through its completion. The information that should be provided to the writer(s) includes but is not limited to proposed grant implementation activities, evaluation activities, budgets, timelines, and any background information that may be required to develop the grant and budget narratives.

Budget and Administrative Costs: Depending on the complexity of the grant, CDHD will include in the grant budget any costs needed to administer the grant such as budget tracking, payment processing and reporting duties. These costs will be calculated on a case-by-case basis with the Board member or committee working on the application, but should be considered when reviewing potential grant applications.

Contracting and Hiring for Grant Activities: CDHD follows State Purchasing Guidelines. Therefore, if grant activities require hiring or contracting staff outside the agency, CDHD will be responsible for hiring the staff or managing the contracts. State Purchasing Guidelines and CDHD Purchasing Policy indicate that:

- 0 If a commodity or service is available on a statewide contract, the contract must be utilized.

BEHAVIORAL HEALTH BOARD – REGION IV

Committee on Wellness and Recovery

Update - October 8, 2015

- Question – How much is being spent in Region IV, both publically and privately on each of the four areas of mental health care; Inpatient, Outpatient, Emergent and Prevention? The committee is looking to the greater Behavioral Health Board for assistance and guidance in determining the above.
- Reviewing the Gaps & Needs Analysis for 2015 the committee has elected to focus on the following areas, to identify further needs and to promote possible solutions:
 - Peer Specialists - Training, Supervision and supporting. Janus
 - Recovery Coaches – Training, Supervision and supporting. Recovery Idaho, PEER Wellness Center
 - Transitions – State hospitals, Local hospitals discharges and prison releases and how to effect a more successful re-integration into the community. Peer Wellness Centers
 - Access to Services and Treatment - Providing services in rural outlying areas: Community Wellness Teams, Telemedicine, Warm lines telephone system and other technologies.
- The committee will continue working on identifying further needs and gaps and exploring options. Our approach is to match members of the committee to each issue so they may work independently to gather information and make recommendations.

Committee Members

Melanie Curtis – SHIP, Recovery Idaho

Trini DeMarco – Behavioral Health Board Member

Michele McTiernan-Gleason – *Committee Vice-Chairman,*

Ginny Gobel – Volunteer, Parent, PEER Wellness Center

Vanessa Johnson – *Committee Liaison,* Access Behavioral Health, PEER Wellness Center

Shawna Ross –Ignite208

Terrence Sharrer – Member at Large

Kenneth Williams – *Committee Chairman,* Region IV H&W, PEER Wellness Center

October 22, 23 & 24

October 29, 30 & 31

Halloween Festival and Haunted House

Sensory Friendly Tours From 4:00 p.m. – 6:00 p.m.

All Ages 6:00 p.m. – 10:00 p.m.

199 E. 52nd St. Garden City, Idaho

Admission: \$7 Adults & \$4 Children under 12

Food and Beverages will be available for purchase

Sponsored By:



**All proceeds will go to benefit the
Special Olympics**

