## REGION IV MENTAL HEALTH BOARD MINUTES

April 10, 2012 - 12:00 PM to 2:00 PM Ada County Sheriff's Office 7200 W Barrister, Boise, ID

**CHAIR:** Greg Dickerson VICE CHAIR: Doug Miller

Attendees: Gina Westcott, Greg Dickerson, Ann Kirkwood, Judi Corlett, David Cline, Kate Pape, Jennifer Burlage, Amanda

Phillips, Mechelle Wilson, Shelley Retter, Sharon Ullman, Michael Dickson, Laura Thomas, and Liza Clinger.

Agenda	Presenter	Discussion
Introductions and	Greg	Introductions of all attendees.
Attendance.	Dickerson	
Review Agenda.	Greg	Gina move to accept April 10, 2012 Agenda. Judi Corlett seconded and all were in agreement.
Approval of February	Dickerson	
and March Meeting		Kate Pape moved to accept March 13, 2012 minutes. Shelley Retter seconded and all were in
Minutes		agreement.
		March 13, 2012 minutes were updated with changes at the request of per Michael Dickson's request. Gina moved to accept minutes. Kate Pape seconded and all were in agreement.
ISU Presentation	Ann	Ann provided the Board with a great presentation focusing on a variety of data. Her emphasis
Anti-Stigma and	Kirkwood	was on how to start an anti-stigma campaign. She provided the Board a hand out, "Reducing
Marketing		Mental Illness Stigma." This hand out and presentation gave information focusing on social marketing. She also gave suggestion on low cost options to get funding sources. A group
		discussion was conducted regarding how the media reports issues involving mental illness. A
		frustration was expressed regarding this. Ann also informed us that SAMHSA and other
		partners have published a step by step guide for a social marketing campaign,
		http://store.samhsa.gov/product/Developing-a-Stigma-Reduction-Initiative-with-CD-/SMA06-4176.
Review of Sub-	Gina	Gina touched on goals of all Sub-Committees and reviewed volunteers. She also provided a
Committees and	Westcott	hand out, "Region 4 Mental Health Board Sub-Committees."
Discussion		
Sub-Committee		- Recovery/Resiliency Anti-Stigma: Goal: Bring all interested individuals together. Set
Updates		a time & goals. Prepare a report and present outcomes to MHB. Jennifer Burlage also volunteered for this Sub-Committee.
		- Transportation: Goal: Bring all interested individuals together. Set a time & goals. Evaluate goals, gaps, and needs. Prepare a report and present outcomes to MHB.

		- CMH: May 9, 2012 from 4-6PM is CMH Awareness day. There will be a video conference that will bring 7 regional sites together to present the anti-stigma campaign. Ruth Vonk may want to join this Sub-Committee.
Capital High School- Anti-Stigma DVD	N/A	All viewed DVD. Feedback was very positive.
Member Reports and Updates	All	Greg inquires about the MHB transformation. Gina information the group that Ross Edmunds is working on a "DHW White Paper". In that paper, Gina expects this transformation to be clearer in regards to the MHB transformation. She also suggests that he might be in a position to make an appearance for the May or June meeting to answer the Board's questions.  Kate reports that she met with Mike Moser and Delanie Valentine with Alternative sentencing. They went on a tour of their Easter Seals and Goodwill Re-entry Facility over on Emerald. She reports that they mainly focus on diversion. She also informed the group that the Ada County Jail just implemented a new medication program. If the jail does not have the needed medication to give an outgoing inmate they can now give them a form to get their prescriptions filled at Walgreens. They will authorize medication up to a 7 day supply.  Jennifer reports that her team has been able to go on some ride alongs with the Boise Police Department. She reports that this has been great for her team as it has allowed them to go out into the field to help individuals in need of services. She is hoping that this will allow her team to grow more. She also informs the Board that Region IV will be holding Designated Exam training on 04/25/2012 from 8:30-5:00 in the Westgate office in room 131. CEU's will be offered.  Mechelle reports that Children's Mental Health Awareness day on 05/9/2012. She also reports that her team is seeing an increase in numbers in regards to court ordered cases. Her team used to be 50% community voluntary and 50% court ordered cases. Those numbers now are reflecting ~85%-90% court ordered cases.  Michael Dickson reports that BPA has partnered with Aetna for managed care. He reports that they will be meeting with the consumers to get a better perspective on what the Medicaid System should look like.  Laura Thomas reports that next RAC meeting will be held 04/17/2012. She also informs the Board that ICADD Conference will be having a speaker, Dr. Valentine. Plea

		Ann Kirkwood reports that ISU have been operating a gate keeper program called Better today Better Tomorrow. They have trained 12,000 people all across the state on issues like warning signs of mental illness, and suicide prevention. Their federal grant expires so this will be the last year for the training.
Other Board Items Wrap-up	All	Action: 1 parent with a child with SED is still in need for recruitment.

<sup>\*</sup>Next meeting is May 8, 2012 at the Ada County Sheriff's Office, 7200 W Barrister St., Boise, ID 83704 from 12:00 PM-2:00 PM.