

Region 5 Behavioral Health Community Board

Meeting Minutes

11:30 ~ 2:30

April 2, 2014

Present:

Scott Rasmussen, Elara Smith, Cindy Shotswell, Lela Patteson, Jami Stroud, Mindy Hoskovec, Helen Edwards, Rick Huber, MaryBeth Kraemer, John Hathaway, Janelle Johnson, Curtis Johnson, Eric Jones, Kent Ireton, Leon Mills, Mike Waite, Debbie Thomas, Kim Dopson, Tom Hanson, Eric Jones, Rita Ruhter, Mary Christy, Lori Stewart, Deborah Thomas, Audrey (OPTUM phone), Mick Hodges (phone), Rosie Andueza (video), Isaiah Sarault (phone), Angenie McCleary (phone), Gina Westcott (phone), Sally Bryan

Excused:

Linda Wright, Brian Pike, Janice Kroeger, Bev Ashton

Next meeting:

May 7, 2014

I. Announcements

Mental Health Awareness events for May:

- May 9 – Children’s Mental Health videoconference event at 823 Harrison at 12:30 PM. Contact Scott Rasmussen for further information.
- May 14 - Open House and luncheon for nominee’s from mental health and substance use disorders providers. Please turn in your nominations for persons successfully facing the challenges of their mental illness. Contact Curtis Johnson at johnsonc1@dhw.idaho.gov
- April 26 - Mental Health Awareness run at CSI, 9:00 AM.
- May 20 – Poetry Reading at Java, 2:00 PM
- Throughout the month – Barnes and Noble will have a display with books on mental illness.

Rita Ruhter is the new Region 5 Behavioral Health Community Resource Development Specialist. Contact Rita at ruhterr@dhw.idaho.gov

The Supreme Court decided that the local prosecutor cannot appeal the decision by the judge as to whether to admit a person to the local drug court.

II. Business

Approval of Minutes:

Motion to approve minutes – Eric Jones

Motion seconded – Mick Hodges

Minutes unanimously approved

Legislative/Central Office updates – Rosie Andueza

Rosie Andueza will invite Ross Edmunds to our next meeting and Rosie will try to come to our next meeting personally.

Budget – Several areas have been overspent and will be looked at.

Becky Vaughn met with SUD providers to discuss upcoming changes in the field. Funding has been obtained to send a survey through BPA and the Community Resource Development Specialist to fill out. Becky will come to Idaho to present the results. A PowerPoint presentation is available (Sally will send to Board membership).

The Recovery workshop had a good turnout with a wide array of representation. The “Recovery Idaho” board has been formed with the beginnings of the board including by-laws. Recovery will include substance use and mental health recovery.

Recovery coach training will be coming to the Twin Falls area April 21 – 25th. It will be at the County West building, conference room A. To sign up go to the Recovery Coach [website](#).

Action Items from last meeting:

Rosie Andueza will see if the budget can be broken down per Region. This is being looked at; it may be difficult because the data is gathered via provider not via region.

III. Discussion:

Board Membership –

The board needs to identify current membership and make the appropriate adjustments so we can be in line with the current legislation as far as board membership.

We need to fill any vacant positions and have representation from all the areas.

Vacant positions: Consumer representative positions, SUD/Parent representative, RAC, Community Member at Large

Letters could be sent to those who don’t regularly attend meetings to see if they still would like to be members of the board.

Q: Are there term limits for positions in the new legislation?

A: Possibility of 4 year limit staggered every 2 years.

Q: Who would the appointing authority be?

A: “The appointing authority in each region shall be a committee composed of the chairperson of the board of county commissioners of each of the counties within the region, on the effective date of this chapter, the current chair of the regional mental health board and the current chair of the regional advisory committee and, after the initial appointment of members to the regional behavioral health board, the current chair of the regional behavioral health board and one representative of the department of Health & Welfare. The committee shall meet annually or as

needed to fill vacancies on the board.” 39-313

- Executive Committee: “each regional behavioral health board shall annually elect within its membership an executive committee of five members empowered to make fiscal, legal and business matters on behalf of the full board or join with another governmental agency that can build the same management infrastructure function.”

Discussion:

Region 4 has made plans to form a partnership with District Health. An interim executive committee is going to be formed to make decisions leading up to the partnership.

Q: What is considered a quorum?

- Having options such as calling on via phone or video conference will help to get more members attending the meeting.
- Considering including travel stipends to encourage membership to attend meetings.

The executive committee could be elected to make leadership decisions.

Monthly meetings are important to keep the board focused.

The first hour of the meeting could be used for making decisions and voting.

The first step would be to fill missing membership positions.

The second step would be to appoint an executive committee.

Of the members on the executive committee it states that one member must be a mental health consumer or advocate and must be a substance use disorder consumer or advocate.

The board membership needs to be filled and this would be done by the county commissioners.

Board members can submit questions to Sally who will forward them to Rosie Andueza. Rosie can create an FAQ for other boards as well as ours.

Decision:

- **Motion to nominate people for the executive committee by Janelle Johnson**
- **Motion to modify the question to nominate persons to the board so they can participate in the executive committee by Eric Jones**
- **Motion to submit Scott Rasmussen’s name to fill a vacant position on the board by Eric Jones**
- **Motion seconded by Deborah Thomas**
- **Motion was unanimously accepted**
- **Scott’s nomination will be submitted to the board of county commissioners to complete the nomination.**

An interim executive committee will be formulated at this point that will act with the interest of the board until the legislation is in force on July 1, 2014.

All nominations will be brought before the board for full ratification.

Interim Executive Committee Members:

Deborah Thomas, Scott Rasmussen, Rick Huber, Angenie McCleary, Kim Dopson, Janice Kroeger, Kevin Pettus

Motion to nominate the above stated individuals to an interim executive committee by Janelle Johnson

Motion seconded by Eric Jones

Motion unanimously accepted

The Interim Executive Committee will be charged with:

- **Establish by-laws**
- **Recommendations on how to implement the legislation**
- **Filling the board membership with ratification by full board**

Crisis Center –

It is the understanding that the RFI is not targeted for our area. JFAC will be awarding the money to the targeted areas.

There will be one center funded out of the three areas that were targeted: Northern Idaho, Eastern Idaho and Ada County Region.

There is not a need for a large facility, simply having a few beds available for people in crisis. It doesn't necessarily need to be funded by the state. Once counties and communities see the financial benefit they will contribute.

HR 4302 could help to get some funding to help with the issue of dealing with people in a mental health crisis.

Motion to be on a subcommittee that will focus on getting a crisis center in our area – Janelle Johnson

Motion seconded by Deborah Thomas

Motion was unanimously approved

Those interested in being on the subcommittee: Tom Hanson, Elara Smith, Cindy Shotswell, Rita Ruhter, Jamie Stroud, Mary Christy, Janelle Johnson, Mike Waite.

Motion to adjourn – Tom Hanson

Motion seconded – Deborah Thomas

IV. Subcommittee discussion notes attached.

Subcommittees did not meet.